

The Kazhak **CADET**  
THE JOURNAL OF SAINIK SCHOOL KAZHAKOOTAM



ESTD. 1962

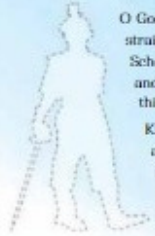


2015-16





## A Cadet's Prayer



O God, help us to keep ourselves physically strong, mentally awake and morally straight, that in doing our duty to Thee and our country we may keep the honour of the School untarnished. Strengthen us to guard our country from external aggression and internal disorders. Awaken our admiration for honest dealing and clean thinking, and guide us to choose the harder right instead of the easier wrong.

Kindle our hearts with fellowship for our comrades and respect for our teachers and elders. Endow us with the courage which is born of the love of what is noble and which knows no compromise or retreat when truth and right are in peril. Grant us new opportunities of service to Thee, to our country and to our comrades, and ever help us to place such service before self...



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# SSKZM



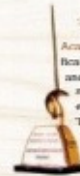
**Inception Location:** Sainik School Kazhakoottam was established on 30 Jan 1962 in the military barracks of Paragade, Thiruvananthapuram. The Chief Minister of Kerala, Late Pattom Thanu Pillai chose the location for the school 18 Km away from Thiruvananthapuram on NH 47 near Kazhakoottam. The sprawling campus of 225 acres nestled between the slender strands of the Western Ghats and the Arabian Sea, situated on a hillock blended with vegetation, is an ideal location for a military based residential institution. The foundation stone of Sainik School, Kazhakoottam was laid by Late VK Krishna Menon, Minister of Defence, Govt of India on 05 Feb. 1962. The founder Principal was Lt Col HK Somaiah, Headmaster Sqn Ldr Haba Lal and the Registrar was Capt TVS Nair. During the 52 years of its existence, the school has been providing yeoman service as a feeder institution to NDA and INA and also making public school education accessible to the common man.



**Infrastructural facilities:** Academic block with 30 class rooms having smart e-learning facilities, well furnished staff room, Multimedia seminar hall, a well laid out conference room, Art and Craft workshop, Library with three reading rooms and Administrative block within the main building. Cadets' mess with steams cooking equipments, bakery, Olympic size swimming pool, Multi purpose Auditorium with a seating capacity of 1000. Motivation hall, Gymnasium, full fledged grounds for all our door games. Parade ground with Pavilion, Obstacle course, CS3 canteen, UM store, Clothing store, M.C. store, Music room, Hand rooms and Guest house. Eleven self sufficient dormitories with study halls with a capacity to house approximately 60 cadets in each dormitory. MI Room with 20 beds and an isolation ward.



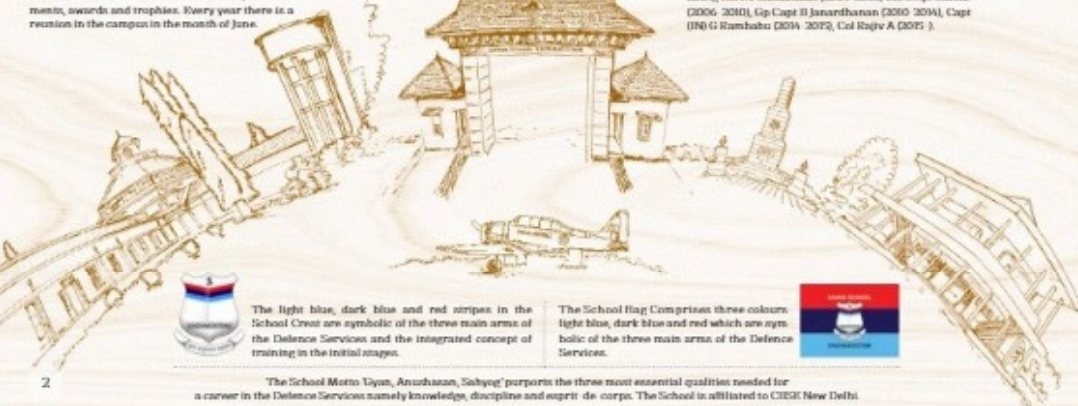
**Academic Excellence:** Teachers with impeccable qualifications, years of experience, skilled in various games and other co-curricular activities mould the cadets. The school also has the consistent record of achieving excellent performance in CIESE Board Examinations. The School has achieved 100% results in the Class XII and Class X board exams in the recent years. The School has won the Defence Minister's Trophy for the highest intake to the NDA five times.



**Our Principals:** Lt Col HK Somaiah (1961-1964), Wg Cdr KIJ Rao (1964-1971), Cdr GD Singh (1971-1974), Wg Cdr S Roy (1974-1976), Lt Col DP Chaudhary (1976-1978), Lt Col EN Sardaana (1978-1980), Lt Col ML Sagar (1980-1982), Lt Col BHB Mathur (1982-1986), Lt Col KA Rao (1986-1988), Col HC Kothpal (1989-1990), Col HS Sanyal (1990-1992), Capt (IN) Krishnan (1992-1993), Capt (IN) AFA Robin NM (1993-1999) Cdr Paul Abraham (1999-2002), Col CV Ramanaiah (2002-2006) Col H Ajji Kumar (2006-2010), Gp Capt H Janardhanan (2010-2014), Capt (IN) G Rambabu (2014-2017), Col Rajiv A (2017-).



**Alumni:** Over 5000 students have passed out of the portals of this School and have made their mark in various walks of life. It is a matter of pride that approximately 900 Kazhaks have joined the Armed Forces. Old Boys Association of Sainik School Kazhakoottam was established in 1969. Today the Chapters of this association is found in various places in the country as well as abroad. The OBA has instituted many endowments, awards and trophies. Every year there is a reunion in the campus in the month of June.



The light blue, dark blue and red stripes in the School Crest are symbolic of the three main arms of the Defence Services and the integrated concept of training in the initial stages.

The School Flag Comprises three colours: light blue, dark blue and red which are symbolic of the three main arms of the Defence Services.



The School Motto Uyan, Anuradhan, 'Sahyog' purports the three most essential qualities needed for a career in the Defence Services namely knowledge, discipline and esprit de corps. The School is affiliated to CIESE New Delhi.

Raj Bhavan  
Kerala  
Tel: 0471-2721100  
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I am glad to know that the Sainik School, Kazhakoottam, proposes to publish its Annual Journal 'The Kazhak Cadet 2016' very shortly.

I hope that the Sainik School, which has contributed several talented officers to the defence forces, would continue to inspire generations of cadets to serve the motherland.

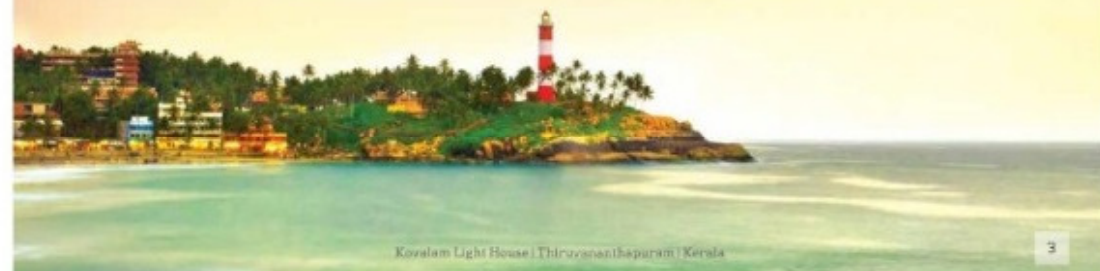
On this occasion, I extend my felicitations to the Principal, Staff and the Cadets of this School and wish them good luck in all their future endeavours.



Hon'ble Justice (Retd)  
P Sathasivam  
Governor, Kerala

*P Sathasivam*  
Justice (Retd) P SATHASIVAM

Thiruvananthapuram,  
02 May, 2016.



Kovalam Light House | Thiruvananthapuram | Kerala

# Message



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No. 23/Press/CMO/16



Pinarayi Vijayan  
Chief Minister, Kerala

I fully endorse the sense of immense pride with which the Sainik School Kazhakoottam brings forth yet another edition of the 'THE KAZHAK CADET', a school journal chronicling the epoch making achievements and talents of its cadets.

I hope and I'm sure that this magazine will stand out with its unique quality and impeccable standard.

I take this opportunity to extend my warmest wishes to the Principal, Staff and Students and compliment the Editorial team in producing this issue of the journal.

Thiruvananthapuram,  
19 July, 2016.

PINARAYI VIJAYAN



Govt. Secretariat | Thiruvananthapuram | Kerala

मुख्यालय दक्षिण वायु कमान, मा वा से  
आवकुलम, तिरुवनन्तपुरम - 695 031  
HQ Southern Air Command, IAF  
Akkulam, Thiruvananthapuram - 695 031



# Message



Air Marshal  
Jasbir Walia VM VSM  
Air Officer Commanding-in-Chief  
Southern Air Command &  
Chairman,  
Local Board of Administration

I am pleased to learn that Sainik School Kazhakoottam is bringing out its Annual Journal 'Kazhak Cadet 2016.' Sainik Schools have been entrusted with the noble task of imparting quality education to the students from different social backgrounds for induction into the armed forces as officers. The schools also inculcate high standard of discipline, moral and ethical values as well as sense of responsibility for the holistic development of the personality of cadets thereby making them self-reliant, physically fit and mentally agile youth of tomorrow.

I feel privileged to be part of this institution as the Chairman of the Local Board of Administration.

I earnestly hope that the school will continue this noble task of grooming the youth of our nation steadfastly so that they would move on to take a rightful place in the future India.

On this occasion, I wish the Principal, faculty and the cadets every success in all their future endeavours.

Jai Hind!

Thiruvananthapuram,  
09 May, 2016.

AIR MARSHAL JASBIR WALIA



Backwaters | Alappuzha | Kerala

# Message



भारत सरकार, रक्षा मंत्रालय  
सैनिक स्कूल सोसायटी, कक्षा क्र. 100,  
डी-1 विंग, सेना भवन, नई दिल्ली - 110 011  
Government of India, Ministry of Defence  
Sainik Schools Society, Room No.101,  
D-1 Wing, Sena Bhavan, New Delhi - 110 011



Capt (IN) G Rambabu  
Inspecting Officer ISI

I am pleased to note that Sainik School Kazhakoottam is publishing the next issue of annual journal 'The Kazhak CADET 2016'. The school has surely and steadily carved a reputation of respectability and eminence for itself.

Surrounded by serene features, Sainik School Kazhakoottam offers the ideal environ for discovering one's intrinsic talents and preparing the cadets for the future. The sprawling campus with most modern infrastructure, sports and academic facilities all bear testimony to this.

I wish all Kazhaks the very best in all your endeavours.

God bless!

New Delhi,  
28 April, 2016.

G RAMBABU



Taj Mahal | Agra | New Delhi



भारत सरकार, रक्षा मंत्रालय,  
सैनिक स्कूल काझकोट्टम, तिरुवनन्तपुरम - 695 585  
Government of India, Ministry of Defence,  
Sainik School Kazhakoottam,  
Thiruvananthapuram - 695 585

# Message

"Success. It comes to people who strive hard and stays with those who refuse to rest on their laurels"

**A**s I pen this, I am into the second year of my tenure at my alma mater. Though I believe that much has not been done, the fact that enough has not been done, stares stark at my face. The fast paced activities during the bygone year gave little time to contemplate and muse over changes incorporated and strategies implemented. However, the results of various external appraisals stand testimony to the fact that the school is headed in the right direction. The highlight is of one such appraisal; the class XII results of the CBSE, wherein the school performed commendably well by bagging the first position among all Sainik Schools, a first time occurrence. Well, it gives immense encouragement to steer on straight ahead aiming at higher glories.

There exists an acute deficiency of good citizens in our nation today. Apathy has evolved like never before and it is for institutions like ours to inculcate the feeling of brotherhood among all humans. There is an evident lack of moral courage to stand up to situations. It is that moral courage, that spirit of

belongingness, of camaraderie, an unconditional love towards fellow beings and courage of conviction that I wish to develop in my cadets. I fully understand the enormity of the task at hand. I know fully well that I am incompetent to undertake this onerous task single handedly. I sincerely seek the help of all major stakeholders in the system towards attainment of this noble goal. Let me extol all my staff, to set personal examples, to motivate the weak, to address the average and challenge the gifted of these children, whom we call quite proudly 'cadets' and inculcate in them, the virtues and values that a true Indian need to foster.

Every issue of our school magazine is a milestone that chronicles our growth, give wings to our imagination and provide life to our feelings and aspirations. It sets free a wide gamut of creative skills ranging from writing to editing to designing and organising. I must congratulate the entire editorial team for their timely hard work and dedication in creating this fabulous piece of art.



Col A Rajiv  
Principal

Before I keep my pen away, I must offer a sincere advice to my dear cadets, lest I fail in my duty not only as their Principal, but also as an older brother old boy. Dear cadets, it's a mad, unforgiving and wild world outside the confines of your cosy campus. Be sure to be fully equipped to face it when we, your foster parents, like those cruel birds, push you out to fend for yourself. Remember, you have been equipped well to face the challenges and be a worthy citizen, your task is only to un-hesitantly unleash your inner power. Jai hind.

"The world has enough for everyone's need,  
but not enough for everyone's greed."  
- Mahatma Gandhi



Green Field International Stadium | Kazhakoottam | Thiruvananthapuram | Kerala



## Principal's Annual Report

2015/2016

**H**onourable Chief Guest of the evening Shri V S Senthil, IAS, distinguished guests, esteemed parents, members of the staff and my dear cadets. Good Evening to you all and a warm welcome once again.

The chief guest has been adequately introduced to the audience by our Administrative Officer and so I do not wish to duplicate the same. Suffice to say, we are indeed fortunate and honoured to have such an illustrious officer like his goodself as the Chief Guest for the 54<sup>th</sup> Annual Day 2015. Sir, I am sure that your benign presence on this occasion will be a great source of motivation for all of us.

On this befitting occasion I shall now present before you the wide spectrum of activities and events carried out in the School during the current academic session 2015-16.

Sainik School Kazhakoottam is one of the 25 Sainik Schools in the country, which was established in 1962. It has come a long way since its inception in making a significant mark as an educational institution of high repute aimed at overall development of students with a military bias in our beloved state of Kerala.

Apart from our basic aim of preparing the boys for entry into the National Defence Academy/ Naval Academy and the OTA, the training imparted in this school shape the students socially and create in them a know how to approach life meaningfully in order to emerge as responsible citizens of India and leaders in different walks of life.

### New Admissions

After the All India Sainik Schools Entrance Examination and selection procedure thereafter, 130 cadets were admitted to the school in the beginning of the current session, 120 in Class VI and 10 in Class IX. The present school strength is 663 including 629 Boarders and 34 Day Scholars.

### Academics

Despite a very busy schedule of various regular co-curricular and extracurricular activities, Academics continue to be one of our prime concern. As in the past, this year too our academic achievements have been good with 100% pass in Class X and class XII CBSE Board Exam held in March 2016. Of the 97 cadets who appeared in class X, 04 cadets secured 10 CGPA, 77 cadets secured above 7.5 CGPA and the remaining 16 cadets secured CGPA 6 to 7.4. 04 cadets were awarded merit certificate by CBSE for securing AI for all subjects. The overall CGPA was 8.59.

In class XII, of the 81 cadets who ap-

peared, 50 secured distinctions and the remaining 31 secured first division. The top scorers in class XII among all Sainik Schools, Cdt Akash M Lal and Cdt Mahadev A, who secured 95% hailed from this school. Cadet Nithin PM received CBSE merit card.

I wish to place on record the excellent work done by the Vice-Principal, Lt Cdr Gireesh Gopidas, Senior Master Mr. K Rajendran and his team of teachers to bring up the results to this exalting standards. Sir, you will appreciate it more when we convey to you that this result is a product of purely classroom education and not based on any sort of extra tuitions.

### Sports and Games

Facilities for playing almost all major games (Football, Hockey, Volleyball, Tennis, Basketball, Cricket and Badminton) and participation in athletic track and field events exist in the School campus. Besides these, the Cadets take up indoor games like Table Tennis, Chess and Caroms. Participation in major sports for all the boys

is compulsory and one hour in the evening in the daily routine has been earmarked for this purpose. The School has a modern swimming pool of Olympic Standards and the curriculum has inbuilt a programmed Swimming Class for each cadet from class VII to XII. Cadets are also exposed to multifarious hobby activities including Karate, Kungfu and Yoga.

### South Zone Sports and Cultural Meet

The South Zone Sainik Schools Games Meet 2015 was conducted at Sainik School Kazhakoottam from 20 Jul 15 to 25 Jul 15. 350 cadets from South Zone schools participated in the Sports, Co-curricular & Cultural Meet. Brig Samir Salunke, Brigade Commander 91 Inf Brig declared the meet open.

This School emerged the overall undisputed champions with 43 points and won Basketball, Junior Football and Debate competitions. Shri M Sivasankar IAS, Secretary Power and Sports, Chairman and MD, Kerala State Electricity Board graced the occasion of the closing ceremony as the





Chief Guest and gave away the prizes to the winners.

A team of 16 cadets from school Junior Football team participated in the Inter Zonal Football championship for juniors held from 03 to 04 Aug 2015 at Sainik School Gopalganj. A team of 12 cadets of the School Basketball team participated in the All India Sainik Schools Inter School Basketball Championship held from 13 to 16 Oct 2015 at Sainik School Bijapur.

The seventh edition of the Capt R Harshan, Ashok Chakra Memorial All Kerala Inter School Basketball tournament sponsored by Old Boys Association (OBA) of the school concluded at Sainik School Kazhakkootam at 1930 h on 06 Nov 15. Eight teams from various schools participated. Father Devassy Paul, Principal, Loyola School, Thiruvananthapuram graced the function as Chief Guest and gave away the trophies and medals to the winners. Our school bagged the runners up trophy whereas St Joseph School lifted the winner's trophy.

School Cadet Captain Aman Noyal Mascarene was adjudged the best defensive



player of the tournament.

#### In-service Training for Sainik School Teachers

An In-service training programme for Science and Social Science teachers was conducted at Sainik School Sujangur Tira, Himachal Pradesh from 25 to 30 May 2015. Three teachers, Mr Balamurugan N, Asst Master Social Science, Mr Unnikrishnan G, Asst Master Physics and Ms Sruthi N Babu, Asst Master Biology attended and successfully completed the training programme.

#### Annual Athletic Meet

Sainik School Kazhakkootam conducted its 54<sup>th</sup> Annual Athletic Meet from 22 Oct 2015 to 23 Oct 2015. The meet commenced with an opening ceremony in which Shri Jiji Thomas, IAS, Chief Secretary, Govt of Kerala was the Chief Guest. Closing Ceremony of the meet was held on 23 Oct 2015. Shri TP Sen Kumar, IPS, DGP, State Police Chief graced the occasion as Chief Guest.

#### Annual Aquatic Championship

Annual Aquatic Championship for the academic year 2015-16 was held from 10 to 12 Sep 2015 in the Somaiah Aquatic Complex. Maj Gen CP Singh, ADG, NCC Directorate

Kerala & Lakshadweep graced the occasion as chief guest and gave away the prizes to the winners.

#### National Defence Academy

Our first batch of students joined NDA in 1965 and till date, more than 180 alumni have been awarded the President's Commission in the Armed Forces. Quite a few of them have been conferred gallantry awards for their services and sacrifices rendered to the nation. Regular NDA preparatory classes are arranged for the boys to prepare them for the UPSC written examination.

81 Cadets appeared in the UPSC Exam for 134 & 135 NDA Courses, 27 cadets qualified the exam and 08 cadets qualified SSR, whereas 06 cadets joined NDA/Naval Academy. The UPSC written examination for entry into the 136 NDA course was held on 27 Sep 2015. 60 cadets of Class XII appeared in the examination. Results are awaited.

#### Presentations/Talks

A talk cum presentation on the 'Tsunami relief operation at Andaman & Nicobar Island was conducted on 27 Aug 2015 by Air Cmde Nitin P Sathu.

A Talk cum Presentation on the subject 'Child Rights, Abuses and Child Protection Laws' was conducted by me on 17 Nov 2015 at 1630h at this very same Auditorium. All staff members including teachers from Sainik LPS also attended.

#### Co-curricular Activities

To bring forth the latent talents of the Cadets, Inter House Competitions were held in Recitation, Declamation, Quiz, Essay Writing, Calligraphy, Debate and Swimming. Wide exposure is also given to the cadets by allowing them to participate in various literary competitions conducted by leading schools in Thiruvananthapuram.

Our cadets participated in many In-



ter-school competitions held at Trivandrum International School, Bharatiya Vidya Bhawan, S N Public School, Christ Nagar International School, St Thomas School, Loyala school etc and won numerous prizes in events such as English Debate, Elocution, Recitation, Essay Writing, Malayalam Elocution, Retempore Speech, Quiz, Painting Competition etc. Five cadets participated in the CBSE Maths Olympiad held at Bhavan's Vidya Mandir, Cochin. Two of our cadets participated in ISRO Space Quiz organized by ISRO at Thiruvananthapuram on 03 Oct 2015.

#### NCC Activities

Sainik School has an NCC Coy of 860 cadets under the command of the Vice Principal Lt Cdr Gireesh Gopidas. School Cadet Capt Aman Noyal Mascarene visited Vietnam and Cadet Adarsh Menon visited Sri Lanka as part of the Youth Exchange Programme. Other activities of NCC include participating in the RDC Parade at Delhi, 04 SD Cadets and 01 JD Cadet was selected for RDC parade 2016. Cdt Jeevan AC was selected as Best Cadet in I GC RDC 2016. Cdr Karthick Suresh was awarded the Best Flag Area Briefing, 13 cadets attended



the National Integration Camp held at Alleppey & Kozhikode, Cdt Anand Sai SS attended the special NIC held at Noida, 287 cadets of SS Coy NCC attended a CATC held at our school from 09 to 18 Aug 2015. Cdt Santhana J Nair and Cdt Praveen Hari got Chief Minister's Scholarship for NCC cadets and Cdt Sanjay Krishna R of 2014-15 batch received the Best Cadet Award. All cadets of SS Coy NCC participated in the International Yoga Day, at SS Coy NCC on 21 Jun 2015. 953 Cadets from SS Coy NCC participated in Swatch Bharat Abhiyan on 02 Oct 2015 and participated in social service activities in connection with World Environment Day. Senior Division contingent of SS Coy NCC participated in ID parade held at Chandrasekharan Nair Stadium. Certificate Exam for the year 2015-16 was conducted, 112 cadets for 'A' Certificate, 56 cadets for 'B' Certificate. Certificates were awarded to all the cadets.

#### Motivational Tours / Visits

In order to break the monotony of routine life at school and to widen the imagination of the cadets, we organise motivational tours to various Defence/ Historically important places of interest for all classes. 118



cadets of class VI went on an Educational Tour in and around Trivandrum on 03 Oct 15. Cadets visited Planetarium, Science and Technology Museum, Zoo, Kovalam, Vizhinjam and Velli. A Team of 109 cadets from class VII visited Kanyakumari, Baywatch Water Theme park and other places of interest on 07 Oct 15. A team of 30 meritorious cadets from classes IX & X along with a teacher and an NCO from SS Coy NCC proceeded on a forward area tour to 4 Corps Z, Assam & Arunachal Pradesh from 24 May to 07 Jun 2015. During the tour, they chanced to meet some of our very senior high ranking old boys.

A team of 105 cadets of class X proceeded on a motivational visit to Kochi. During the tour, they visited famous places like Dutch Palace, Jewish Synagogue, Vasco De Gama's Tomb etc.

Cadets of class XI proceeded on a Motivational Tour to NDA Kadakwala, Pune and Ahmednagar on 25 May 15 to 02 Jun 15 and witnessed the winter passing out parade. During this visit the cadets interacted with the old boys who were present in and around NDA.

A team of 68 cadets of class XII proceed-



ed on a Motivational Tour to INA Bahimala on 28 Sep 15. The cadets interacted with the old boys who are in INA Bahimala. It was a highly motivating visit for the cadets.

A team of 41 cadets visited the regional office of the Reserve Bank of India at Thiruvananthapuram and had a great experience of witnessing intricate processes of sorting and storing currency notes.

A team of 87 cadets from class XI witnessed the 'Space Expo 2015' organised by ISRO on 08 Oct 2015 at Kanakkukunnu Palace, Thiruvananthapuram. As part of the Space Expo 2015 the cadets had a chance to visit ISRO rocket launching station also.

Cadets of Class XII attended a special lecture by CNR Rao, National Research Professor & Honorary President of JN-CASIR- Bangalore on the subject 'Nano Carbons' at hotel Residency Tower, TVPM on 15 Oct 2015.

#### Old Boys' Association

Sainik School Kazhakoottam has a vibrant and closely-knit Old Boys Association. We as old boys have a very close association with our Alma mater. I can safely say I am the first person here since I too am an alumnus of this great institution. Every year OBA organises a re-union in which most of the Old Boys come 'Home' along with their families and children. On behalf of the school, the Principal and patron of the OBA, I am happy to place on record our deep appreciation for the yeoman service rendered by the OBA

in all the developmental activities of the school. This is an occasion to acknowledge their unstinted support and I thank Cdr Siam T Samuel, President, Mr Sony Somarajan, Secretary OBA, all executive members and all life members for their selfless dedication. We recently had a splendid re-union on 12 Dec 2015, sponsored by the batch of 1990 to which, incidentally, I too belong. A felicitation function titled 'Guruvandanam' was organised by the batch, where the teachers, past and present, were presented with a memento as a token of love. A musical night and a family get-together was also organised to entertain the staff and families, in which Mr Vivokanandan, Winner of Idea Star Singer performed with his Violin and magical voice. The event was much enjoyed by our cadets and termed as mind blowing by each and every one present. Lt Gen Sarath Chand, AVSM, VSM, the first Old Boy and the first Korailite to become an Army Cdr, was the chief guest for the functions.

#### Parent-Teacher Meeting

Parent-Teacher Meeting was held for Junior & Senior classes separately on 08 Aug 15, 10 Oct 15 and 31 Oct 2015. A large number of parents attended the meeting and interacted with members of the faculty.

#### Administration

Considerable delay had occurred due to an unforeseen strike by the PWD contractors during summer vacations this year. Works which were to be carried out during summer vacation, despite our best efforts got delayed. However, all efforts were made to ensure that major repair and maintenance work of classrooms, dormitories, mess etc were carried out. Works were also undertaken by the PWD to maintain training facilities and to improve the living conditions of the cadets and staff members. The notable works carried out or ongoing are:-

- (a) Construction of a new overhead tank, Additional septic tank, new toilet block, Storage water tank in six dormitories. Etc., the work is being done by PWD and nearing its completion.
- (b) Repair and renovation of main underground water reservoir.
- (c) Change of remaining roof and false ceiling of 3 wings of 2 dormitories 10 & 11.

Work done/ being done from Mod Grant.

- (a) Construction of new NDA block.
- (b) Change of two roofs and two towers of academic block.

#### Total Land Survey

Site survey of the entire land pertaining to the school using total station survey was conducted by a team of surveyors deputed by the PWD Kerala. The long pending issue thus was finally resolved and the school now is a step closer to the 'Memorandum of Association' being signed with the state Govt.

#### Audit

The Local Audit Officer from LAO Pungode audited the school stores/ cash accounts twice in this academic year. No serious audit objections were reported.

#### BOG Meeting

Sainik Schools Society had conducted its Board of Governors Meeting on 19 Jul 2015 after a long gap of 20 years. Very vital decisions were taken by the BoG which will help the schools to be run in a better manner. Our honourable chief guest today, was a principal contributor in the said conference.

#### Annual Inspection

Annual inspection of the school after a long 5 year gap was carried out by Capt (IN) G Rambabu, Inspecting Officer, Sainik Schools Society from 05 to 08 Oct 2015. All documents related to academic, administrative including finance were inspected. I wish to place on record that we received thumping appreciation on all fronts. The credit goes to the complete team for their meticulous and professional acumen in handling of academic as well as administrative matters.

Additional flag obtained from State Govt

Active liaison with Socy Sports, Govt of Kerala and other officials from Aug 2015 onwards has resulted in release of equipment from National Games Village to the tune of Rs 65 Lacs. This is the first time such an allotment is being made. They include

- (a) 390 Bank Beds
  - (b) 700 mattresses and pillows
  - (c) 325 cupboards
  - (d) 36-40 inches LCD TVs,
  - (e) Heavy duty pumps
  - (f) 06 Washing Machines
  - (g) 06 Refrigerators
  - (h) buckets, mugs, water dispensers, bed sheets, pillow covers etc
- with the inclusion of these items, most of the admin issues connected to cadets living would get resolved.

I wish to place on record the excellent liaison work carried out by our Administrative Officer Lt Col Girish Kumar and his team from Quarter Master Section for this wonderful feat.

#### Staff News

- Lt Col P G Suresh Kumar, Registrar was posted out on 21 Jun 2015 to take up his new assignment as Jt Dir, IT, HQ, MoD Army.
- Capt (IN) G Rambabu, Principal was posted out on 23 Feb 2015 to take up his new assignment as Inspecting Officer, Sainik Schools Society, MoD, New Delhi.
- CIM/ APTC Manoj Kumar, PT Instructor was posted out from this school after completion of his tenure.
- Col A Rajiv, Director, RFI Cell, MoD Army, a proud alumnus, reported to the school on permanent posting and took over the responsibilities of the Principal on 28 Mar 2015.
- Lt Col B Girish Kumar, another proud old boy, reported to the school on 30 Mar 2015 and took over the charge of Registrar with effect from 30 Mar 2015.
- Mr NG Babu, Master in Chemistry took voluntary retirement on 14 May 2015.
- Three General Employees were appointed during this academic year. Shri Biju

Raj and Shri Sanil Jose on 01 May 2015, Shri Vanappan Nair on 01 Jul 2015.

- It is with a heavy heart that I place on record the untimely demise of Mr AV Narayanan Namboothiri, Accountant who expired on 11 Jun 15 due to cardiac arrest.
- We.f. 21 Sep 2015 the designation of Registrar and Headmaster stands amended to Administrative Officer and Vice Principal respectively. However, Duties entrusted to these appointments remain the same.
- Ms Revamma, UDC was promoted an Accountant through DPC on 05 Oct 2015.
- Mr Madhusoodhanan Nair & Mr J Babu, General Employee retired from service after superannuation on 30 Nov 15.
- The administration has been successful in implementing the long pending sixth pay commission recommendations related to PB-1 and MACP. Towards this, adversely affected staff who were under metric were also sent on multi skill/ skill augmentation training.

#### LBA Meet

The school conducted our Local Board of Administration meeting twice, in the present academic year. For the first time in the history of the school an extra ordinary LBA was also held at the chamber of the Chairman, AOC-in-C, Southern Air Command. The key aspects discussed and resolved were:

- Acceptance of Necessity for withdrawing from Reserve fund
- Utilising interest of Reserve fund
- Motivational documentary for advertisement
- Change of overhead roofs in academic block

#### Visit of Dignitaries

The school was fortunate to host quite a





few dignitaries during this academic year. Their details are flashed on the viewfoil.

- AM AP Garud, PVSM, VM, ADC on 21 May 2015
- Dr Shashi Tharoor, MP, on 21 May 2015
- Brig G Venu, Cdr 322 Inf Bde on 17 Apr 2015
- Brig Samir Salunke, Cdr 91 Bde, on 20 Jul 2015
- Cmde G Prakash, Naval HQ, Kochi on 15 Jul
- Air Cmde Nithin Sathe on 28 Jul
- Brig Vijay B Nair, Cdr 76 Bde, on 05 Aug
- AM Jashir Walla, VM, VSM, AOC-in-C, SAC on 21 Aug 2015
- Maj Gen C P Singh, Adg NCC, K&L on 11 Sep 2015
- Smt Ms Jaya, IAS, DPI
- Lt Gen Saratbehand, UYSM, AVSM, VSM, Army Cdr SWC on 11-12 Dec 2015
- Air Mshl PN Pradhan, AVSM, VM, SASO SAC on 12 Dec 2015

#### Mess

There is a saying in the defence forces; 'Army marches on its stomach'. It is no different in the Sainik Schools. As most of us are aware, the school mess being directly operated by the school administration, has successfully delivered on their assigned task of providing timely and nutritious food to all 630 cadets and their supervisory staff. Considerable effort is being concentrated towards modernising the Mess. A lot has been done towards the same in the recent past. At this moment, process is on to find replacements to our steam cooking plant as well as the Mechanical Chappatti making machine, which have out lived their life. We expect that efforts being made would fructify before the start of the next academic session, despite the severe financial crunch being faced. A notable addition in the mess



is the high capacity Water Purification plant set up by the Parents Association.

#### Conclusion

It is my pristine duty to profoundly thank the Chairman LBA, Air Marshal Jashir Walla, VM, VSM Air Officer Commanding - in-Chief Southern Air Command and members of the Local Board of Administration for their valuable guidance and support. I am also grateful to the Govt of Kerala, NCC, DPI, PWD, LNCPR, KSRTC, Sports council and Police Dept for their timely help. I also thank the President and other respected members of Parents' Association for their advice, support and suggestions.

My gratitude and thanks to the Electronic and Print media for giving ample publicity and recognition to our school. I would like to place on record the excellent work done by the Admin Officer, Vice Principal, Senior Master, Academic, Administrative, PT and NCC staff, General Employees and the daily wage employees for making not only today's Passing out Parade, Exhibition and Annual Day events a remarkable one, but also for the continued vigour and dedication. The direct or indirect contributions of each

cadet and parent are commendable and highly appreciated. My compliments to every one of them for cheerfully shouldering the responsibilities assigned to them in making all the activities meaningful and organized in a befitting manner. On behalf of all Kazhaks, I once again express my sincere thanks to Shri V S Senthil IAS, our chief Guest, other distinguished guests, parents, Old Boys, and all well wishers of the school on this occasion for being with us.

On my part, I do nothing. I am just a conduit. What ever I do, I strongly believe that God Almighty, does through me. I thank Him for granting me the wisdom to discern between the right and wrong. I thank Him for helping me to dream and steer this great institution into the future. I thank Him for standing by all of us during our trials and tribulations. Last but not the least, I thank Him for being there whenever we wanted Him. Before I wind off, on behalf of the entire Kazhak family, I wish you all a Merry Christmas and a very Happy New Year 2016

JAI HIND



- Principal : Col A Rajiv  
 Administrative Officer : Lt Col B Girish Kumar  
 Vice Principal : Lt Cdr Gireesh Gopidas  
 Senior Master : Mr K Rajendran

#### ACADEMIC & TRAINING STAFF

DEPT OF ENGLISH			Mo Bhavana	BSc BEd	Asst Master (Adhoc)
Mr K Rajendran	MA BEd	Master			
Mr MG Francis	MA BEd	Master	DEPT OF BIOLOGY		
Ms R Sona	MA BEd	Asst Master	Mr Mahadevan Nair G	MSc BEd	Master
Mr Alex Abraham	MA BEd PGCTE, M.Phil	Asst Master	Ms Sudhalekshmi	BSc BEd	Asst Master
Mr KS Antony	MA, BEd	Asst Master	Ms Sruthi N Babu	BSc BEd MSc	Asst Master
DEPT OF HINDI			DEPT OF SOCIAL SCIENCE		
Dr George PI	MA BEd (Hin), M Phil, Ph.D, MA (Eng)	Asst Master	Mr PK Ravindranatha Panicker	MA BEd	Asst Master
Mr Sambhu R	MA BEd, M Phil	Asst Master	Mr Justice KJ	MA (Hist) MA(Soc)	
DEPT OF MALAYALAM			Mr Mathew K Thomas	MA (P&I) BEd HDC	Asst Master
Ms R Sandhya	MA B Ed	Asst Master	Mr Balaramagan N	MA BEd	Asst Master
Ms Deepa RVM	MA B Ed	Asst Master	DEPT OF ART AND CRAFT		
DEPT OF MATHEMATICS			Mr Rajesh Kumar S	BA,ITI, BEd	Craft Instructor
Ms OK Supriya Rani	MSc BEd	Master	Mr Swathi Jakkumar	MFA	Asst Master (Adhoc)
Mr Gireesh KR	MSc BEd	Master	LIBRARIAN		
Mr Prince Prabhakaran	BSc BEd CCIT	Asst Master	Mr VG Sathesh Kumar	MEd BEd	
Mr Maceon M	MSc BEd	Asst Master	LAB ASSISTANTS		
Mr Rajesh R	BSc BEd	Asst Master	Lal Abraham Thomas	MSc MEd PGDCA	
Mr Rajan Nampoothiri	MSc BEd	Asst Master	Vishnu AM	MSc BEd PGDCA	
DEPT OF PHYSICS			Noufal K	MSc BEd	
Ms B Radhika	MSc BEd	Master	PHYSICAL TRAINING		
Mr P Manoj	MSc BEd	Master	CHM Kirithi Singh		
Mr Unnikrishnan G	MSc BEd MPhil	Asst Master	CHM Sathya Singh		
DEPT OF COMPUTER SCIENCE			NCC (TRG)		
Mr Arun Kumar G	MSc ICS	Master	Sub Warrinder Kumar		
DEPT OF CHEMISTRY			Hav Ajith Kumar		
Mr NG Babu	MSc MEd	Master	Hav JS Rao		
Mr Aravind Kumar MS	MSc BEd	Master			
Ms Jayasindhu GS	MSc BEd	Asst Master			



### ADMINISTRATIVE STAFF

Dr Thomas Mathew Main Office	MBBS Maw	Medical Officer	Mess		
Ms Susamma Issac	BCom	Office Supdt	Mr Sajimon Joseph		Mess Manager
Ms Sreelala	BSc BEd	UDC	Mr S Gopalakrishnan	BSc (Catering), MBA, MTM	Catering Asst
Ms T Sreelatha	BCom HDC	LDC			
Mr Sreejith S		LDC	MI Room		
Accounts Section			Ms Molly Joseph	BSc Nursing	Nursing Stener
Mr A/ Narayanan Nampoorhari	BCom	Accountant	Matrons		
Ms Revamma CT	BCom	UDC	Ms Geetha E	BSc	
Mr Anil Kumar		LDC	Ms Asha TV (Adhoc)	BSc	
QM Section			Warden		
Mr Suleev Sukumar S	BBA	Offg Quarter Master	Mr Sureshkumar (Adhoc)	BCom	
Mr Gopinumar		LDC			



The Tree of Eternal light  
Instituted by 1990 batch



Adv Asha Rajiv Nair,  
(W/o Col A Rajiv, Principal)  
holds an MPhil in law and  
MA in Geography.  
She is a prolific writer and  
has contributed to many  
journals.

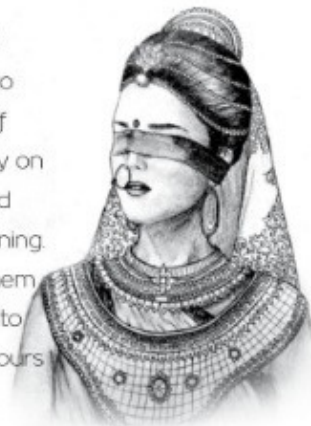
The story of Gandhari had always intrigued me. As a young lady, just into the voting age, I used to wonder how someone could manage a brood of 101 children. At any given point in time, about 10% of the brood born within a 100 days bracket would be sick, 20% would be crying, 30% adamant and the whole lot quarrelling at all times. Gandhari would have had all the comforts of a palace and its staff, but for a common woman, bringing up closely spaced children would be a real challenge if the strength exceeds a max of two. Well such thoughts made me see my mother in a different light altogether along with so many other aunts and grandmothers. Well, for me, nothing more than one, at best two, I decided quite early in time. I shudder to think what would have been the mental state of Gandhari had Mahabharata was placed now in time, what with the class X and XII results and entrance and what not! I never knew then that I would marry a Kaskhak and that 'Kaskhak' would end up moving from Infantry to the educational stream of the Army and finally land up as the Principal of his own Alma Mater only to hand me over a much larger brood of children than what Gandhari ever imagined. 664!!

Well, while at Delhi, when he wrote to his Kaskhak friends (who else?) through whatsapp that they may soon hear a good news, someone jestingly texted back asking whether we were about to announce our third child! He replied in the affirmative, saying not one, but that we were about to be parents to 600 +. Though I read these to and fro messages in his whatsapp group, as all prim and proper wives do with their husband's groups and messages, it didn't strike me as anything more than a charade of loose talk between friends. That he meant business, I realised after about 06 months of our stay at 'The Kaskhak House', his appointment house at School.

The new class VI had joined school in June. Most of the talk at home then revolved around their antics, smart acts, homesickness et al. The highlight being one smart alec declaring to the Principal that he would cry only for 'three days and then stop' hoping to become the principal of this school one day as he was told that their present Principal had done just 'that' 32 years ago. I was proud of the selection system that brought them to us when I witnessed most of them performing seamlessly on the Fresher's day, conducted within two weeks of their joining. That was when I first met them and then on, sporadic visits to their houses during study hours brought me closer to them. How close, I was to realise soon when one fine day, all hell broke loose with a phone call to declare a missing seventh std child. Though my husband was on leave, he immediately left for office and without realising what I was upto, my feet carried me to the Puja room. I think that was when the reality and enormity of the responsibility sank in me for the first time. After three hours, I was once again to the Puja room to thank all my deities, since by then, the well oiled system at school could locate the child who was hiding in the thickets within the premises, ostensibly scared of an upcoming cross country event.

It then became a routine affair, my special visits to the puja room, though thankfully, not for reasons stated earlier. Class XII moving for their first UPSC written, external practicals of that class, Board exams for class X, where I tried my level best to drive reason into the head of my stubborn husband to let the school have internal boards and not external (well, of course, he didn't budge, doubting my concern to be aimed at just one child, our daughter, and not the entire gang of 1130), Board exams of class XII and so on. The heightened levels of palpable tension evident just before the declaration of each result of the above, in itself stood testimony to the level these children had been settled in my psyche. And the pleasure of success, well, words fail me. It was such a happy tiding hearing the enviable results these children scored despite dedicating less than half the time clocked by children outside for academics. I have no reason to disagree, when my husband

I was proud of the selection system that brought them to us when I witnessed most of them performing seamlessly on the Fresher's day, conducted within two weeks of their joining. That was when I first met them and then on, sporadic visits to their houses during study hours brought me closer to them.



attributes this stupendous success to all round development. So lucky these children are, to be left free to grow internally rather than being stifled by parents to attain a socially acceptable academic score least bothering about the amount of actual growth happening in a child. Hats off to the great visionary Shri VK Krishna Menon, who conceived the schools to be running in such a manner and no wonder whatsoever, the Alumni are flourishing wherever they are.

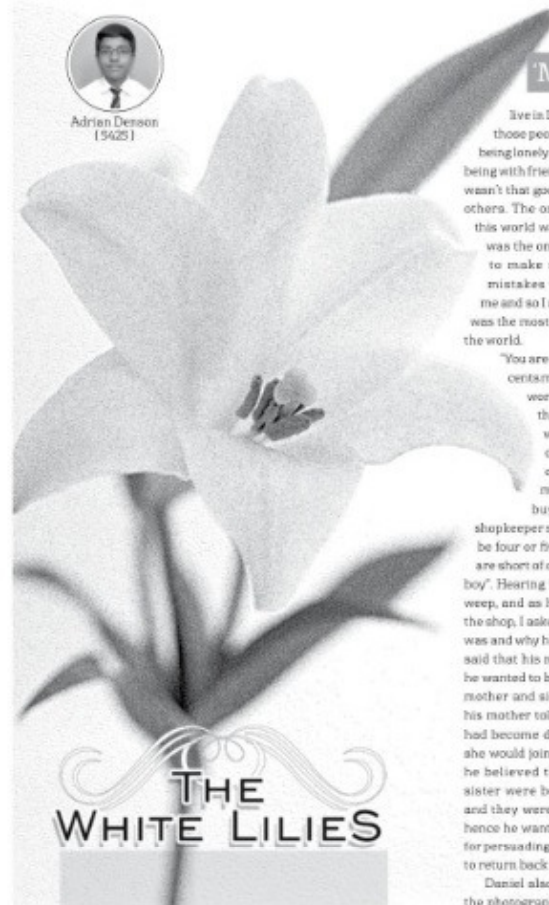
I am sure all the ladies who were residents of the Kazhak house before me would have gone through the trials, tribulations, pangs and of course, happiness of being a mother to this large brood. I have heard from other ladies that there are times when you are totally taken by surprise by these little ones. Well, I was, when a gang of 17 class XII boys came home impromptu on 14 Apr this year to wish us all on Vishu. Being Vishu, I had prepared a little Payasam (fondly called Katta Payasam by my husband owing to its thick texture). Their Principal invited them inside and once seated and after the initial pleasantries, one smart alec (we have lots here!) proclaimed his

affinity towards the invigorating smell that wafted in from the kitchen; that of dry fruits being fried in ghee. Well, I couldn't resist sharing whatever little was made with all of them and they collectively gave me a beautiful Vishukaineetam, by stating that it was the best Payasam they ever had. The remaining day, I walked around with a feeling of a proud mother who had a chance of making her children happy. Well, as another year dawns, the cycle is set to repeat. Already this year's Fresher's day is over and done with. Beaming faces, full of hopeful expectations, absorbing the ambience of this wonderful seat of learning, and in turn transferring their youth, vitality and vibrancy to the campus to keep it ever young! What a beautiful, never ending cycle. I'm reminded of an old evergreen English movie, 'The never ending story'.

So, Gandhari, no one would ever script an epic on mothers like me who nurture a large brood, but nevertheless, the smug satisfaction is reward enough. Hope you too get a re-birth as the first lady in a school like this. ■



Adrien Denson  
(1925)



## THE WHITE LILIES

My name is Edward James, I am aged 16 at present and I live in Las Vegas. I was one of those people who believed that being lonely was much better than being with friends, and so naturally I wasn't that good in interacting with others. The only person I loved in this world was my mother, as she was the only person who learnt to make me understand my mistakes without shouting at me and so I also believed that she was the most wonderful mother in the world.

"You are short of one dollar 87 cents my boy". These were the words which I believe was the starting to my new world. It so happened once when my friends came to visit me, my mother asked me to buy few pastries. The shopkeeper said to a boy aged may be four or five these words. "You are short of one dollar 87 cents my boy". Hearing this the boy began to weep, and as he was moving out of the shop, I asked him what his name was and why he was crying. The boy said that his name was Daniel and he wanted to buy white lilies for his mother and sister. He told me that his mother told him that his sister had become dear to god and soon she would join her. He told me that he believed that his mother and sister were both angry with him, and they were going to leave him, hence he wanted to buy white lilies for persuading his mother and sister to return back with him.

Daniel also told me that he had the photographs of his mother and

sister and said that he had promised his mother that he would keep it with him throughout his life. Hearing this I was about to cry, but I didn't as I knew that this would just make the situation worse. Soon after that I gave Daniel the money he wanted and then I bought pastries and ran back to my mother. On reaching home, I hugged my mother and told her that she was the most wonderful mother in the world. Hearing the story of Daniel might have made her wonder the changes in me.

The next day I flipped through the newspaper and it was there as I expected, in the corner of one page, which said, "Please adopt this boy. He is aged 6. His mother and sister passed away yesterday after they met with an accident. He is the only survivor". Seeing this I narrated all about my previous incident. I showed my mother the news paper and asked her to adopt Daniel as my younger brother. After listening to me she said, "I always wanted you to have a brother, but ever since I came to know that you are a loner I dropped the idea, and here you are today pleading me to adopt a boy for whom you felt pity". I am proud of you Edward. And I was really happy after hearing that.

And now one whole year had passed and I am here today with my younger brother Daniel enjoying my days, and every Sunday we even go to the graveyard and pay respect to Daniel's mother and sister and he never forgets to keep a bunch of white lilies over there, and I still believe that the white lilies had made all the difference in my life.





John Dewey says, "Education is not preparation for life, but life itself"



Ms. Sonia  
English Department

## Education

You live in a serene calm atmosphere in the campus. It is one of the most beautiful places. It has a special atmosphere. Have you ever noticed, especially in the early mornings and late evenings a quality of silence permeates with the chirping sounds of birds? From the parade ground, have you seen the distant mountains and the hills covered with fog which penetrates the whole area. The beauty of nature here is not spoilt; yet wherever you go, in cities or in other places, man is destroying nature, cutting down trees to build houses, polluting the air with vehicles and industry. Man is destroying animals and he is destroying everything. As man advances in technology and as he begets comfort he becomes greedy, he wants to move comfort at the expense of others life. Is this Education?

Education is not only learning from books, memorizing some facts but also learning how to look, how to listen to what the books tell us whether what they say is true or false. All these are education. Education is not merely passing the examinations, taking degrees and getting jobs, getting married and settling down but to listen to your surroundings, feel with them and be one with them.

But as you grow older the sense of feelings, listening and seeing unfortunately disappears because you have worries, you want more money, a better car, more children or less children. You become jealous, ambitious, greedy, envious and thus you lose the sense of feeling and the aesthetic sense. Hence you become callous, indifferent and cruel. Thus as the desires in you grow you become cruel. You are enticed by the luxuries you see around you, you are enslaved to the temptations, influences and the brutality of the civilization.

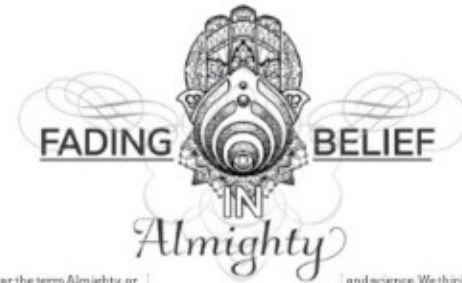
Is this Education? No. Real Education means not only learning mathematics, geography and history in classrooms but also one which can under no circumstances be drawn into the stream of life which is very corrupt, immoral, violent and greedy. It is something which can withstand all temptations, all influences, all brutalities of this civilization. Thus, the right type of education can be got as I have stated earlier, through observation and by knowing the feelings of others.

Our school which I consider as a miniature form of the present society - is a small world. Students from different types of life style stay together under the same roof with same rules and same comforts.

Education is not only learning from books, memorizing some facts but also learning how to look, how to listen to what the books tell us whether what they say is true or false.

They learn together wake up together live together eat together, play together, go to school together, wash clothes together, go home together. Thus they learn many things- to do every thing by their observation, they all feel for others, they talk to each other about their problems and find solutions for their problems. In this way they make use of their talents and come up in their life. They lead a life of their own here.

As John Dewey says, "Education is not preparation for life, but life itself."



When we hear the term Almighty, or rather God, a sense of humanity and respect runs into our minds. Humanity had developed the theme or concept of god over millions of years as they believed it to be the power behind all their success, creations and so on. But the practices and attitudes of the so-called new generation proves out that the concept of Almighty is fast fading or rather depleting.



Mohammed Shah S  
(5001)

By holding the hands of science, humanity has climbed the heights far beyond our expectations. For all the phenomena's, creations and every bit of aspects on earth, humanity found reasons and rested it upon science. The concept or era of science originated over the past ten centuries. We developed the most modern theory on creation of earth and universe, the Big Bang theory. With this theory of Big Bang in hands, if we claim that the Almighty is behind the creation of earth, it is simply a theme to be laughed at. This itself proves that the rate of fading importance of god is alarming. Nowadays we require scientific proof for anything and everything to be accepted by the world. If we look upon the older generation, we could find that they had fear of god and respect for god and as a result they lead a lifestyle which is according to god. That is eco-friendly and also well managed. But if we compare and contrast present day lifestyle to that of old life style, we could conclude that within a century our humanity will be a population which is totally against god and nature and may turn into a world where extremism prevails over peace. Our knowledge had made us cynical and our cleverness hard and unkind. Now we rely only upon machinery

and science. We think too much and feel too little. For even a bit of happening on earth, humans had found reason and rested upon science. But there are infinite number of questions humans couldn't solve. Even though we reached the pinnacle of earth and through the medical advancement we find ourselves at the pink of our health, there are lot of aspects which can never be in the hands of humanity. Nature is one of the best example to prove it out. With all the technological advancement like nuclear weapons, fastest trains and all the robotic equipments, Japan is one of the most developed countries. We could see the fate of the country when catastrophe hit the nation. When Tsunami hit the nation, Japan or rather the world couldn't do anything and could only watch it helplessly. So, there are many aspects which are not in the hands of humans. Nowadays we can see anti-religious organizations in many corner of the world. In many parts of U.K. and US people are worshipping devil. This arise due to the fading belief in almighty. If this arrogant trend of our humanity continues, then the future of humanity can be well predicted and it will be a disaster. I hope, we all will advance for a decent world, which will give future a model and old age security. I never will criticize the scientific advancement which is leading to all man's happiness, but I certainly oppose the arrogant attitude of humans as rulers of world. So let us fight for a new world, a decent world, where science and progress will lead to man's happiness. We share human beings, but we are not being humane. This trend should fade. So I wind off by quoting that "Live a life that measures up on the standard God set when he bent you to earth."

It was almost 8:00 in the evening when a child,  
Who ran into the Haunted house.  
I think she was lost in the woods all alone,  
I am a traveller and wanted to visit all the  
Parks, but definitely, I don't want to end my life in  
The house and that too with a ghost.

But the child, I remembered my daughter  
ran into the house.  
I saw her hiding beneath the desk, I went to  
Her and sat beside, she ran away from me  
Screaming, I ran behind her and finally  
Reached the front door.  
I called but she left the gates open  
You know why she ran away  
I am her father, who died 2 years ago in an accident.



Akshay R. Nair  
(5346)

Q) A father killed his wife when their daughter was  
sleeping. 3 days passed but the daughter didn't ask  
for her mother. Finally, the father went and asked  
his daughter  
Father:- "Is there anything you want to tell me?"  
Daughter:- "Actually there is...  
... I wonder why mommy  
Always stands at the back of you."

# Haunted...



Shipra Rajiv Nair  
(3720)

# Seashore MUSINGS

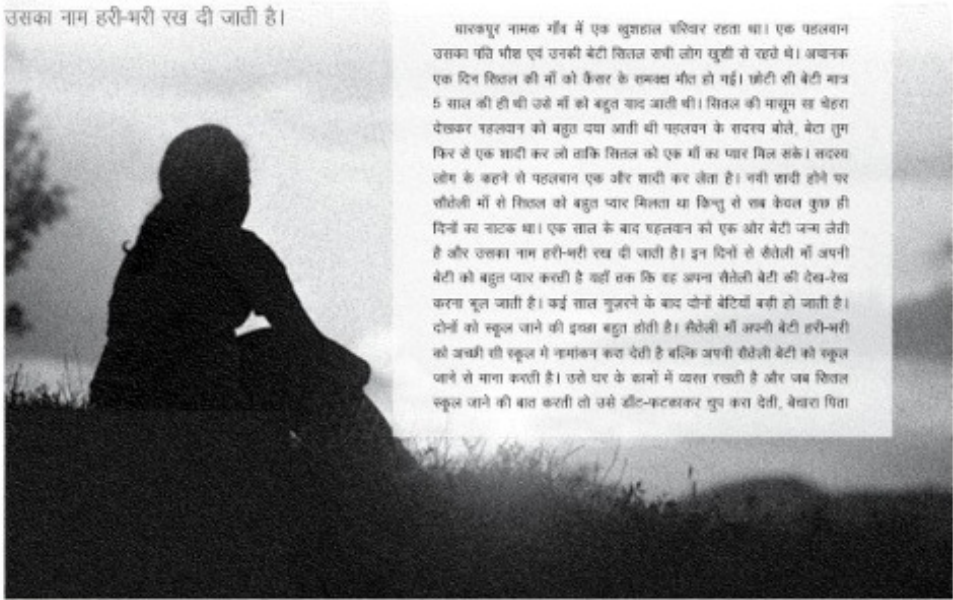
She stood there watching  
Waiting, admiring, contemplating  
Ever so quietly beholding the mighty sea,  
As it rose and fell, as in a rhythmic ease,  
In tandem with her thoughts;  
Thoughts of the future, of what it held for her,  
What would she grow into, what places would she go  
What would she do, what would she be.

And as a mighty wave crashed,  
A new thought dawned in a new light,  
Life might not be what was longed for,  
No place for wishful thoughts,  
Glancing yet again at a mighty wave,  
Menacing, destructive, its nature yelled,  
And as she looked on with pleasant surprise,  
Saw the wave break, losing its steam,  
Suddenly placid with no more roars,  
Drifting softly to embrace her feet.

The tingling wave did bring a smile  
Ray of hope, trepidation, path of life,  
Life might not be just as cruel  
As was thought and ill-imagined  
Hope there is immense in life,  
Despair not, cried her tender mind,  
Look up, hope high and march ahead,  
So cried her soul high  
Who's she my friends, name her now,  
Who's she, if not you and me.



सितल की मासूम सा चेहरा देखकर पहलवान को बहुत दया आती थी पहलवान के सदस्य बोले, बेटा तुम फिर से एक शादी कर लो ताकि सितल को एक माँ का प्यार मिल सके। सदस्य लोग के कहने से पहलवान एक और शादी कर लेता है। नयी शादी होने पर सौतेली माँ से सितल को बहुत प्यार मिलता था किन्तु से सब केवल कुछ ही दिनों का नाटक था। एक साल के बाद पहलवान को एक ओर बेटी जन्म लेती है और उसका नाम हरी-भरी रख दी जाती है।



# सौतेली बेटी का भगवान होते हैं



Roshan Prasad (5220)

बारकपुर नामक गाँव में एक सुशाहाल खिबर रहता था। एक पहलवान उसका पति पीठ एवं उनसी बेटी सितल सभी लोग खुशी से रहते थे। अबन्ना एक दिन सितल की माँ को फैसल के सम्बन्ध मील हो गई। छोटी सी बेटी मात्र 5 साल की ही थी उसे माँ को बहुत प्यार आती थी। सितल की मासूम सा चेहरा देखकर पहलवान को बहुत दया आती थी पहलवान के सदस्य बोले, बेटा तुम फिर से एक शादी कर लो ताकि सितल को एक माँ का प्यार मिल सके। सदस्य लोग के कहने से पहलवान एक और शादी कर लेता है। नयी शादी होने पर सौतेली माँ से सितल को बहुत प्यार मिलता था किन्तु से सब केवल कुछ ही दिनों का नाटक था। एक साल के बाद पहलवान को एक ओर बेटी जन्म लेती है और उसका नाम हरी-भरी रख दी जाती है। इन दिनों से सौतेली माँ अपनी बेटी को बहुत प्यार करती है वहीं तक कि वह अपना सौतेली बेटी की देख-रेख करना बूल जाती है। कई साल गुजरने के बाद दोनों बेटियाँ बची हो जाती है। दोनों को स्कूल जाने की इत्सा बहुत होती है। सौतेली माँ अपनी बेटी हरी-भरी को अच्छी ही स्कूल में नामांकन कर देती है बल्कि अपनी सौतेली बेटी को स्कूल जाने से मना करती है। उसे घर के कामों में व्यस्त रहती है और जब सितल स्कूल जाने की बात करती तो उसे खीट-कटकाकर पुच का देती, बेचारा पिता

पहलवान कुछ नहीं कर पाता था। सौतेली माँ अपनी बेटी को एक काम नहीं करने देती लेकिन सितल से खुद का भी काम कराती। बेचारी सितल अपनी माँ को खद कर के चुट-भुट कर रोती थी। कई दिन ऐसे ही लरीके से बीता। सितल बेटी स्कूल तो जाती नहीं थी इसलिए हर दोपहर 12 बजे छोटे बकरियों के बच्चों के साथ अपनी खेत पर जाकर समय गुजरती थी। वहाँ एक आम का पेड़ था उसी आम के पेड़ के नीचे बैठकर कुछ-न-कुछ संभवते रहती थी। अपनी माँ की याद करती और करीब 30दिन जाने घंटे रोती। शाम होने पर सितल बेटी वहाँ पर भी उतरक खाता हो जाती। घर जाने पर उसे खाने के लिए दूधकी रोटी एवं नमक मिलती। दूसरे दिन सुबह होने पर प्रतिदिन का कार्याक्रम शुरू हो जाता। एक दिन की बात है हमेशा की तरह वह दोपहर में आम के पेड़ के पास जाकर रोती रहती थी जैसे ही उस दिन भी रो रही सौतेली-सौतेली सितल को नींद आ गयी है। तभी उस आम के पेड़ से आवाज आती है "बेटी सितल उठ जाओ" तभी सितल की नींद अचानक खुल जाती है और दूसर-प्यार देखने लगती है। वहाँ कोई व्यक्ति दिखाई नहीं देता तो वह खबर पकती है तभी माँ आवाज आती है, बेटी हम से डरते नहीं हम यह आम के पेड़ से बोल रहे हैं। सभी सितल चुपकी है आप खीन है। मैं भगवान हूँ और तुम्हारा सभी दुःख हम जान चुके हैं। भगवान बोलते हैं तुम अब डरती नहीं हम तुम्हारा साथ देंगे और तुम्हें खुश रहेंगे। इसलिए तुम्हें हम आज के बाद खुश रहना देखना चाहते हैं। ईश्वर

सितल जल्दी से पानी से ज़मीन को धोकर उसपर पत्थर रखकर खाने के लिए भोजन माँगती है, है पत्थर मुझे भोजन दो जैसे हि सवाल पूरी होती की भोजन उसकी आगे परेशा हुआ होती सितल बहुत खुश हो जाती और पेटभर खान खाकर घर लौट ती है। उस पत्थर को सितल अपने पास सुरक्षित रखती और जो भी दिल करता करने को उस पत्थर के द्वारा कर डालती।

बोलते हैं आज-ने लेकर 30दिन हमसे बात कर सकती हो फिर भगवान जी यह बात बोलकर, वे चुप हो जाते हैं। धुन बनने लगती है और सितल अपनी बकरियों के साथ हँसती - खेलते घर लौट जाती है। जब सितल घर आती है तो उसकी सौतेली माँ उसे खुश देखकर दंग रह जाती है और सोच में पड़ जाती है। हमेशा की तरह दूसरे दिन सुबह उठकर सितल खुशी पूर्वक अपना काम कर जल्द

से जल्द आम के पेड़ के पास पहुँच जाती है और भगवान जी से बात करने लगती है। बातों-बात में सितल भगवान से कहती है भगवान जी हमें पढ़ने-लिखने काई इत्सा के सोचने करने को बहुत मिल करता है। सभी भगवान जी बोलते हैं ठीक है तुम अपनी औख बंद करो मैं तुम्हें एक छोटा सा पत्थर देता हूँ। इस पत्थर को ज़मीन को धोकर और उसपर यह पत्थर रखकर जो भी माँ-पैरी को मिल जाएगा। तभी सितल कुछ समय बाद अपनी खीन खोलती है और देखती है उसके करण में एक छोटी सी सुदर पत्थर रखा हुआ रहता है। सितल जल्दी से पानी से ज़मीन को धोकर उसपर पत्थर रखकर खाने के लिए भोजन माँगती है, है पत्थर मुझे भोजन दो जैसे हि सवाल पूरी होती की भोजन उसकी आगे परेशा हुआ होती सितल बहुत खुश हो जाती और पेटभर खान खाकर घर लौटती है। उस पत्थर को सितल अपने पास सुरक्षित रखती और जो भी दिल करता करने को उस पत्थर के द्वारा कर डालती। लेकिन ही जब यह पत्थर सितल को दिखा रहा था उस समय भगवान जी बोले थे कि यह पत्थर तुम्हारे सिवाय किसी के हाथ नहीं लगना चाहिए और इसके बारे में किसी को नहीं बलना है। इस बात को सितल अपने में रखते हुए सितल दिन-पर-दिन राज हो जाती है और एक दूसरे देस के महाराज से शादी कर घती जाती है। बेचारी सौतेली माँ अपनी बेटी हरी-भरी यह सितल को देखकर भी नहीं कुछ-कर पाती है। सितल खुशी पूर्वक अपनी खिदनी खिदनी लगती है।

## എന്റെ മാതാപിതാക്കൾ



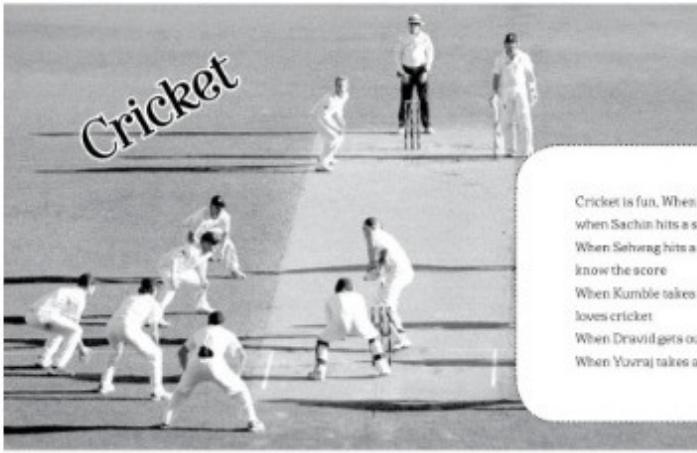
Adithyan Jayan (5765)



എന്റെ മാതാപിതാക്കൾ എന്താ നല്ലവരാണ് എന്റെ മാതാപിതാക്കൾ എന്താ നല്ലവരാണ് അവരാണ് എന്റെ കൂടെ കളിച്ചത് അവരാണ് എന്താ പഠിപ്പിച്ചത് എന്റെ മാതാപിതാക്കൾ എന്താ നല്ലവരാണ് എന്റെ മാതാപിതാക്കൾ എന്താ നല്ലവരാണ് അവരാണ് എന്റെ കൂടെ കളിച്ചത് അവരാണ് എന്താ പഠിപ്പിച്ചത് എന്റെ മാതാപിതാക്കൾ എന്താ നല്ലവരാണ് എന്റെ മാതാപിതാക്കൾ എന്താ നല്ലവരാണ് അവരാണ് എന്റെ കൂടെ കളിച്ചത് അവരാണ് എന്താ പഠിപ്പിച്ചത് എന്റെ മാതാപിതാക്കൾ എന്താ നല്ലവരാണ് എന്റെ മാതാപിതാക്കൾ എന്താ നല്ലവരാണ് അവരാണ് എന്റെ കൂടെ കളിച്ചത് അവരാണ് എന്താ പഠിപ്പിച്ചത്







# Cricket



CR Bhava Jeet (1997)

Cricket is fun, When India hits run  
 When Sachin hits a six, the opponent is in a fix  
 When Sehwag hits a four, everyone wants to know the score  
 When Kumble takes the wicket, everyone loves cricket  
 When Dravid gets out everyone shouts  
 When Yuvraj takes a catch, India wins the match

## जीवन: एक संघर्ष

आज की इस माग-दीड भरी दुनिया में ख खाली है कि खुल की चकई खाल होनी ही कोई नैकरी कर खाली ही एक खाली जीवन व्यतीत करे। कुछ के खने खबर होते हैं और के नहीं। कोई-कोई जल्दी ही सफल हो जाते हैं और कोई-कोई जीवन भर संघर्ष ही बन जाता है। मैंने विचारने ही जोरों को देखा है कि वे किम्मत हासिल राघवों की सफल पर किन्तु वे चरोंक बन जाते हैं और जब दुसरे सफल हो जाते हैं तब खुद को उस सफल पर रुकने के लिए कोसते हैं। वे असफल लोग जम्हातर हारने की वजह से अपने आप में विश्वास खो देते हैं। मैं तो यही कहूँगा कि अपनी चारों कितना भी असफल हो, उन्हें कोशिश करना बंद नहीं करना चाहिए।

"जहाँ से हारकर नीका घर नहीं होती, कोशिश करने वालों की हार नहीं होती।" और सचवाई तो यह कि जिसको जितनी असफलताओं के बाप सफलता मिलती है, उस सफलता का आनंद उतना ही ज्यादा होता है। ये संघर्ष ज़रूर जीवन के हर क्षेत्र में है फिर चाहे वो पचाई हो या खेल-कूद। उदाहरण के तौर पर देखा जाए लें अलवाएडिवन और अजिताभबच्चन। अगर एडिवन ने बल्ले बताने में 816 असफलताओं को झेलने के बाप ज़ाद की सफलता बर कोशिश न की होती तो क्या वे



Vikas Kumar (1962)

सफल हो पाते? मैं तो कहूँगा कि जीवन एक कौशल कंट्री की बीज है, जहाँ पर इस बीज में कोई रुकता है तो वो उसका खडिवाका भुगत है। हमें अपनी मंजिल को अंजाम देने के लिए हमें दृढ़ता, हिम्मत और कर्मठता की सख्त आवश्यकता है। ऐसा जल्दगी नहीं कि तीव्र बुद्धि के लोग हमेशा सफल हो, पर ऐसा जल्दगी है कि सौजन्यीय लोग हमेशा सफल हो। इस बात सफलता के लिए जरूरत है सही नज़रिये की।

"मंजिल जहाँ को मिलते हैं, बिनाके सफरी में जान होता है।। पंखों से कुछ होता नहीं, हीसले से उड़ान होती है।।"



# തൊഴിലും



Siddharth M (1660)

ബഹുജാതം, തോറ്റം, തിറ എന്നീ ക്രമത്തിലാണ് ഒരു തൊഴിലും പൂർത്തിയാകുന്നത്. വിഷ്ണുജാതത്തിൽ, ചാമുണ്ഡി, ഭഗവതി തൊഴുത്തു, ദൈവതം, വൈഷ്ണവതം, പൊട്ടൻ, ഗുരുക്കൻ എന്നിങ്ങനെ ഉള്ളവയാണ് പ്രധാന തൊഴുകോലങ്ങൾ.

മാതാ സമുദായത്തിൽപ്പെട്ടവർക്കും പ്രാർത്ഥനാ പ്രാർത്ഥനാ തൊഴുകോലങ്ങളാണ്. തൊഴുത്തിൽ പ്രധാന തൊഴിലും ചൈതന്യം തോന്നുന്നതാണ്. ചൈതന്യം തോന്നുന്ന തൊഴുത്തിലാണ് തൊഴുത്തും തൊഴുത്തും, തൊഴുത്തും, തിറ എന്നീ ക്രമത്തിലാണ് ഒരു തൊഴിലും പൂർത്തിയാകുന്നത്. വിഷ്ണുജാതത്തിൽ, ചാമുണ്ഡി, ഭഗവതി തൊഴുത്തും, വൈഷ്ണവതം, പൊട്ടൻ, ഗുരുക്കൻ എന്നിങ്ങനെ ഉള്ളവയാണ് പ്രധാന തൊഴുകോലങ്ങൾ. തൊഴുകോലങ്ങളിൽ നിന്നും തൊഴുത്തും, പൊട്ടൻ, ചാമുണ്ഡി, ഭഗവതി തൊഴുത്തും, പൊട്ടൻ, ഗുരുക്കൻ എന്നിങ്ങനെ ഉള്ളവയാണ് പ്രധാന തൊഴുകോലങ്ങൾ.



Gulukumar (1791)



പുറം പൊടി പുറം പുറം പുറം തിരി തുറന്നും തുറന്നും തോന്നി എന്നും തോന്നി എന്നും പുറം പൊടി പുറം പുറം പുറം തിരി തിറ തോന്നി എന്നും തോന്നി എന്നും പുറം പൊടി പുറം തി എന്നിതിൽ തിറ തൊഴുത്തും തോന്നാനും ഉൾപ്പെടുത്തേണ്ടതും



Ashresh Kumar (1567)

# Can You Say The NATION

1. Which Nation can find out one's Ability?  
-Examination
2. Which Nation is a free gift?  
-Donation
3. Which Nation develops seeds into plants?  
-Germination
4. Which Nation dismisses a man from his service?  
-Termination
5. Which Nation can tell everything clearly?  
-Explanation
6. Which Nation does not remain single?  
-Combination
7. Which Nation is a Goal?  
-Destination
8. Which Nation build castles?  
-Imagination
9. Which Nation should not be there in world?  
-Discrimination
10. Which Nation can make our world green?  
-Plantation

## കണ്ടുകൊണ്ടിരിക്കേണ്ടത്

**കാ** പലപ്പോഴും സമാവേശിതവും സൂക്ഷ്മമനസ്സോടെ കാണേണ്ടതും കാര്യങ്ങൾ കണ്ടെത്തുന്നതിനായി നീക്കം ചെയ്യേണ്ടതുമായ ഉത്തരവുകളിലൂടെയാണ് കണ്ടെത്തേണ്ടത്.

നമ്മുടെ പലപ്പോഴും കണ്ടെടുക്കേണ്ടതും നമ്മുടെ മനസ്സിലൂടെയാണ് കണ്ടെത്തേണ്ടത്. നമ്മുടെ മനസ്സിലൂടെയാണ് കണ്ടെത്തേണ്ടത്. നമ്മുടെ മനസ്സിലൂടെയാണ് കണ്ടെത്തേണ്ടത്.

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Vasanth (1708)

Sarileep A S (1555)

# പ്രാർത്ഥനയുടെ ഞാനും വെറുമൊരു പാമരനാലും

ഞാനും വെറുമൊരു പാമരനാലും... ഞാനും വെറുമൊരു പാമരനാലും... ഞാനും വെറുമൊരു പാമരനാലും... ഞാനും വെറുമൊരു പാമരനാലും...

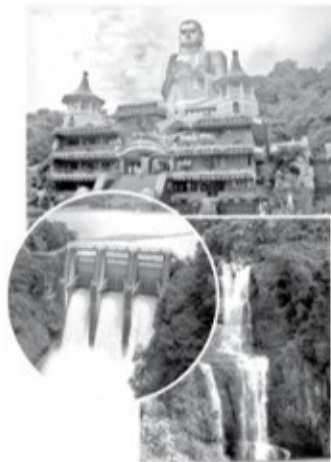
Nilesh Kumar (1556)

# Silence Is Golden

A silent person creates an impression of being serious minded and thoughtful. A talkative person, on the other hand, creates an impression of being light-hearted and shallow. A person who is wise generally remain silent. A fool has the tendency to keep on talking most of the time. A silent person is quicker and more precept than a talkative person who wastes much time in talking.

A silent person generally commands respect because of his reserved nature. When a silent person opens his mouth, he is listened to with full attention, but a talkative person is often ignored. In short, if speech is silver, silence is golden.

YEP (Youth Exchange Programme)  
**TO SRILANKA:**  
 A Dream Journey



Adarsh Menon  
 (4095)

The visits to historical places, dams, lakes, waterfalls, shopping, the SriLankans never made us feel bored.

16<sup>th</sup> of October 2015 was perhaps one of the most awaited day in my life. It was on this day that I was to start my journey to Sri Lanka as part of the Youth Exchange Programme of NCC. The selection for YEP was conducted during the Republic day camp at Delhi. After a strenuous procedure, ten cadets from Kerala and Lakshadweep directorate were selected to visit foreign countries. I was Lucky enough to be one of the elite lot.

I boarded the train from Trivandrum and reached Delhi two days prior to my original reporting date. My commanding Officer soon followed suit. Although the only thing in my mind at that time was Sri Lanka, I had to conquer my eagerness and wait for ten days in the RD camp at Delhi.

On 21<sup>st</sup> of October everyone in our group was present at the YEP block at RD camp. Since ours was a small delegation we had only six

cadets altogether. S/O Anitha Bishr, S/O Bodhi Dashanase Rai, S/O Eshita, S/O Harish Rao, S/O Rohit Ramesh Upadhyas and myself. We were to be chaperoned by Col. K B Jainaj of the Kumaon Regiment. It fills my heart with joy unseparable to tell you at this point of time that Col. K B Jainaj is an old boy of our school who passed out of our institution in 1978 as the HC of Patel Chen Nehru. While in Delhi, we practised for the presentation that we had to give in Sri Lanka. Many days were spent between the six of us laughing, playing, enjoying and at times partying. During this time one day we spent for Delhi Darshan, Jainaj sir was always with us whenever time permitted and he gave us his full support in everything that we did. Before we departed for Sri Lanka, we were issued our uniforms, combats, Jodhpuri and our track suits.

Finally on 31<sup>st</sup> of October the D-day arrived. Garbed in our track suits with 'INDIA' written on our backs, the flag on our chest, the pride that we felt is undefinable. Only someone who had experienced it could understand it. Eyes used to follow us from our camp to the Indira Gandhi Airport and inside the Airport, the envy of the people were clear in their eyes. The day was unforgettable for all of us. We boarded our flight and touched down in the Bandarnaika International Airport at 1800hrs. We were given a formal welcome and reception by the NCC officials, a Colonel and a representative from the Indian High Commission. We were taken to the NCC Officers' mess. After a sumptuous dinner, we hit our beds with dreams of a great day ahead.

The next morning saw us all visiting the Colombo Zoological park. It was so big that even after spending five hours there, barely stopping, we were informed that we had not covered even half the zoo!! In the evening we had a cultural night with programmes from the SriLankan cadets as well as our own. Their Director General NCC was a great personality who loved his own voice and never failed to amaze us with his beautiful singing.

Next day we were ushered around the city of Colombo and were left free for shopping. While it may please us to know that our Indian Rupee is valued at 173 SriLankan rupees, a shoe costs 8000

Si Rupees and a Sari - 120000/- We quickly figured out that the money we had would not be sufficient.

The following day held store for us a variety of dishes. Foremost of them all was probably the visit to 'Temple of Tooth Relic' at Kandy. It is at this place where Lord Buddha's teeth are believed to be preserved. Unfortunately we couldn't see it as it is taken out only once in five years. The entire temple is preserved in its original glory. Nothing touched to safeguard the purity of the temple. The same day by night fall we reached the NCC training Academy at Ranembe.

The days ahead were filled with a varied spectrum of events. The visits to historical places, dams, lakes, waterfalls, shopping, the SriLankans never made us feel bored. It was perhaps the best days of our time. A day of our activities had been set aside for Advanced Leadership classes. Invariably the name may sound a bit boring but the classes taken by Lt.Col. JWikramesingh were the best motivational classes ever attended by any of us. We never noticed the passage of time and were amazed to realize that we had spent almost four hours in his class. The class instilled in us a sense of team spirit, faith in each other, sportsmanship - in short all the virtues needed

We marched in steps  
 with the SL band and  
 with a proud smile on  
 our lips we passed  
 out of the camp.



for a leader. Towards evening we gave short presentation about India to the SriLankans. We also performed a group dance and group song in front of them.



The next day proved to be a very busy one for us. It started with a PT session with the SL cadets. There we had an obstacle course training with them. In the evening we practised for POP with them. In the night we had an entertainment show for the entire camp and all of us participated in it presenting a group song and two group dances.

The following day was our last day at the camp. We marched in steps with the SL band and with a proud smile on our lips we passed out of the camp. With the permission of their DGNCC we had a splash in local stream. It was truly rejuvenating to take a dip in the cold water covered with fog.

The next day we began our journey back to Colombo. We visited the Royal Botanical Garden, the Elephant orphanage and many more places. As we were to travel back home on Deepavali, the SriLankans, with only our welfare in mind, took us to a Shiva temple in Colombo. We were told that it was the biggest temple in the whole of Colombo. Our day was spent with a visit to the Indian High Commission, to the local shopping mall and to a sports club in the evening. After a sumptuous dinner with their DGNCC we headed back to our beds.

On 19<sup>th</sup> of November, with heavy hearts, we bid adieu to Sri Lanka. I could see tears in the eyes of the Sri Lankans as we left. It truly touched my heart. Their hospitality, cleanliness, social discipline, traffic sense, education, everything about them will forever remain in my heart of hearts. At this point I feel that I should thank Capt. Ali our Liaison Officer and Lt. Wasantha Kumar for their continuous support and help while we were in Sri Lanka. It was probably because of them that we were able to enjoy as much as we could. Our Commanding Officer Col. K. B. Jeyaraj, our old boy deserves a big thanks for it was he who looked after us and catered to our every whims and fancies.

On 19<sup>th</sup> of November I reached back my school. As I crossed our school gate it all came flooding back to me the fun we shared, the laughter that made us weak in our stomachs, the food that we had together, the games and pranks that we played, the time together.... As I stay in the school

  
 Their hospitality,  
 cleanliness, social  
 discipline, traffic sense,  
 education, everything  
 about them will forever  
 remain in my  
 heart of hearts.  


today, I know that out there one or two brothers, three sisters and a father who will always stand by me, no matter what. The friendship that we have is unstoppable, the love that we have is unbreakable and the bond that we have is unbreakable.

I would now like to pen my thoughts on the personalities known to all of us. I would like to thank Manoj sir and Babu sir for their continuous support and belief that gave me the strength. I would like to thank our dear Vice Principal Lt Cdr Gireesh Gopidas for everything that he has done for us to make our dream come true.

To those young Cadets of our school who are reading this now, I have only one advice to give. Always follow your dreams because dreams have a way of coming true. The pieces just clicks into its places automatically. We just need to give it a little push. I have achieved whatever I have achieved only by following my dreams and not by others telling me how to live my life. So dear friends, always follow your dreams.



## Ruling The Roost...

**PRINCIPAL** ▶ Col A Rajiv

**A** n alumnus of the Sainik School 1990 Batch, Ball No. 2093 Col Rajiv who passed out from Sainik School Kozhikottam in 1990 took over the command as Principal on 28 March 2015. He holds a Masters Degree in English and is an MBA (HR), joined NDA in the 195th course and passed out of Indian Military Academy in 1994. Commissioned into 1st Naga Regiment, Infantry, he was soon involved in counter insurgency operations in Assam and Kashmir. He has a vast experience of Operational, Instructional and staff duties spanning 22 years of commissioned service, his key appointments being Registrar of Sainik School Balachadi, Group Testing Officer (GTO) in Service Selection Board (SSB) and Director, RPT of Indian Army. The officer is a recipient of the coveted chief of Army Staff commendation card for his distinguished services.

Administrative Officer

Vice Principal & OC SS COY NCC



**Lt Col B Girish Kumar**

**L** t Col B Girish Kumar, an alumnus of Sainik School Kozhikottam from the 89<sup>th</sup> batch, belongs to the 89<sup>th</sup> NDA course. Commissioned into the Regiment of Artillery in 1993, he had held various regimental and staff appointments at various parts of the country including in counter insurgency grid. He was a Group Testing Officer with the Services Selection Board from the year 2007 to 2013 and has so far assessed about 7000 candidates at two selection centres, Allahabad and Bangalore. He was the mainstay behind the De-Novo selection system for the armed forces which is likely to be implemented soon.



**Lt Cdr Gireesh Gopidas**

**L** t Cdr Gireesh Gopidas commissioned into the education branch of the Indian Navy in 2003, holds a Post Graduation in Hydrographic Surveying. The officer is a recipient of the Flag Officer Commanding Southern Commandations twice in the years 2008 and 2009 for his contributions towards the IT Infrastructure of the unit and contribution in International Hydrographic Training respectively. Prior to his appointment as Vice Principal for NDA at the Headquarters. He is a Mechanical Engineer and an alumnus of TKM Engineering College, Kollam. He had done his schooling in the Infant Jesus Anglo Indian Boys High School, Thangasseri.

Senior Master



**Mr K Rajendran**

**M** r K Rajendran, HOD English Dept., joined the school in the year 1989. He received the coveted National Award in the year 2009 for the Best Teacher from the then President of India Smt. Pratibha Patel. He is a Post Graduate in English language and literature and holds a Degree in Education. He has been serving the school for over a quarter century and has proved himself exceedingly well in all the areas he touched whether be teaching, speaking, writing, editing, quizzing or basket ball playing. Prior to his joining Sainik School Kozhikottam, he has worked as a teacher in Africa, for Ministry of Education, Ethiopia from 1981-86.

Motto "The Crusaders  
Born to lead, lead to Fight  
and Fight to Win"

Mr Arun Kumar MS House Master  
Mr MG Francis Attached Master  
Mr Suresh Kumar Warden

Cdt Gaurav House Captain  
Cdt Yash Singh Sr Sergeant  
Cdt Ananthu Anil Sr Sergeant  
Cdt Alan Sajju Sergeant

- ▶ Runners up in Inter-house Volley ball and Basket ball competitions.
- ▶ Winners in the Inter-house Aquatic Championship.
- ▶ Best Swimmer Award bagged by Cdt Yash Singh.
- ▶ Second position in Inter-house Malayalam Debate.
- ▶ Silver medal for 5000 m race.

The year 2015-16 was indeed a year of honour to the blue crusaders who had proved themselves to be worthy of any challenge put forth. As the house is well known for their admirable house spirit and commitment, the Cariappans did leave a very significant mark on the year. The fight to victory began early for us seniors by the arrival of Inter-house Volleyball and Basketball competitions. Where we the MOC as we proudly call ourselves, gave a tough fight and bagged the second positions for both. They say failures are the stepping stones to success and yes, it did indeed proved to be true as we witnessed our stupendous victory in the Inter House Aquatic Championship. One exemplary swimmer, Sr.sgt Yash Singh stood out as the Best Swimmer and was awarded the 'Aquatic Champion' award.

Cdt Harikrishnan R and Cdt Hima George mesmerized the stage with their stupefying declamatory skills. The star of the Malayalam debate was Cdt Akash P K who bagged the second position after putting in a great effort. Even though we couldn't succeed in clinching the athletic trophy, there were exemplary performances put in by cadets Adarsh Gopan, Sreenadh, Akash P K and Shyam. Adarsh Gopan's magical feet earned us a much needed gold in the 800m and Cdt Sreenadh's admirable determination earned him the silver medal for the 9000m race. An unexpected silver medal for Cdt Akash P K in high jump sealed it all.

Overall, the year had been a memorable one for us cariappans having accepted our short comings and mistakes positively and always aiming a better future for our legacy.





The Prasad  
seniors

Motto "Perfecting to learn  
Beyond boundaries"

Mr Girish KR House Master  
Dr George PJ Attached Master  
Mr Suresh Kumar Warden

Cdt Akshay KP House Captain  
Cdt Adarsh A Sir Sergeant  
Cdt Chandan Kumar Sir Sergeant  
Cdt Arjun A Dani Sergeant



House Report 2015/2016

- ▶ Runners up in Inter house Foot ball Championship.
- ▶ Champions in Inter house Volley ball and Basket ball Tournament.
- ▶ Athletic Trophy & Academic Trophy was bagged.
- ▶ Cdt Rohit Nair bagged the first prize in Inter School South Zone English Debate.
- ▶ Second position in the Inter house Aquatic Championship. Cross Country Trophy was lifted.
- ▶ Cock House - Cleanliness Trophy for Prasad.

Cock House - Seniors



The green warriors were back with a totally new level in the year 2015-2016, by sweeping off all the trophies on the mantle. The prasadians flagged off their marathon in the sports field by coming second in the inter house football championship. Ranjan Kumar's impressive skills are worth mentioning later, we came first in inter house volley ball and Basket ball championships where SCA Nabeel M and SC Aman Noyal's performance was just outstanding. We continued the epic run for another year as the athletic trophy came to our showcase with Inhan J Nair and Sgt. Adarsh A leading from the front. Performance of Albert George, Nabeel Mohammed, Haroon Kasim, Nandan Kumar, Sarin N S and Ranjan was also appreciable. Isham brought laurels to the house by winning the prestigious bison trophy. Meanwhile Cdt Nithin P S was selected to represent our school Republic Day parade at Delhi. SCC Aman Noyal was also selected to represent the country in YEP conducted at Vietnam.

The South zone inter school meet conducted in our school also found many green warriors like Cdt Abin Joy and Cdt Varun E Adarsh who were adjudged the best players in Hockey and Basketball tournament respectively. Cdt Rohit Nair also bagged the first position in the south zone debate competition.

We were also the shining stars in the cultural field where the performances of SCC Aman, Cdt Monu Kumar and Sgt Athul P P were worth mentioning. Our display at the Aquatic competition were also fruitful as we bagged the second position, missing the first by a whisker.

The green warriors proved their brain and brawn clearing UPSC. We, thus reached the pinnacle of glory as we earned the prestigious cock house trophy for the second time and will continue to look up to the future.

Motto: "Success Comes to those Who dare and act"

Mr Arun Kumar G House Master  
Mr Manoj P Attached Master  
Mr Suresh Kumar Warden

Cdt Ahamed Subail S House Captain  
Cdt Praveen Hari Sr Sergeant  
Cdt Abi Hussain Sr Sergeant  
Cdt Himanshu Kumar Sergeant



- ▶ Bagged the second position in the Inter house Debate Competition.
- ▶ Runners up for the Inter house Athletic Meet.
- ▶ Best All round Cadet  
Cdt Sgt Praveen.
- ▶ Best Sportsman - Cdt Kumar Prateek.

The year 2015-16 was yet another milestone for the Nehruvian hearts throbbing to a common tune and yet a variety of values being etched deep.

The Roaming Blues proved their camaraderie and teamspirit under the captaincy of Cdt Vincent and Cdt Ahmed when football champion's trophy found its way to the Nehruvian Cabinet. By virtue of its explosive performances on stage by cadets Ajind, Adarsh, Harishankar, Sr sgt Praveen and Rafeek the runners up trophy for the best house in debate was in our clutches. Yet again proving our mettle with a 17 member Athletic Squad, we put up a tough fight. At the end of all, the score board showed 91-91. But as fate had other plans and because of a couple of medals, at last we were adorned with the runners up trophy for the athletics. Cdt Kumar Prateek was adjudged the Best Athlete. In swimming as well, the nehruvians proved their mettle with Cdt Sreejit U swinging in as the best swimmer. In the field of NCC, Cdt Karthick Suraj took part in the RD parade and Cdt Adarsh Menon represented India at Srilanka on the Youth Exchange Programme.

During the passing out parade, two of the Nehruvians, Sr Sgt Praveen Hari and Cdt Kumar Prateek were adjudged Best all round Cadet and Best Sportsman respectively.

"VICTORY IS THEIRS WHO ARE WILLING  
TO PUT THAT EXTRA BIT AND  
VICTORY IS WHAT WE SHALL SEE IN THE FUTURE"



Mr Mathew K Thoman *House Master*  
Mr Alex Abraham *Attached Master*  
Mr Swathy Jai Kumar *Attached Master*  
Mr Suresh Kumar *Warden*

Cdt Shivam Kumar *House Captain*  
Cdt Bibinraj R B *Sergeant*  
Cdt Anubrat Kumar *Sergeant*

Motto: "With  
Thee at the helm,  
We will win at the end."



- ▶ Athletic Trophy was bagged by the house.
- ▶ Champions in Inter house Volley ball Tournament.
- ▶ First position in Inter house PT Competitions.
- ▶ Secured position in Inter house Cross Country.
- ▶ First in Inter house Malayalam Calligraphy.
- ▶ First in Inter house English Essay Writing Competition.

Cock House - Juniors



The Shivajians drew the battle lines long before the battle and had set sight on all competitions and vowed to showcase our best in each and every aspect. With the Academic year kickstarting with a slew of competitions, we embarked upon our conquest and shone brilliantly at each and every juncture. We displayed some stellar performances on the track and field and the Athletic trophy fluidly fell into our hands. The performances of cadets Nithin Sreekumar, Randhir Kumar, Vishnu Mohan and Mohammed Shah proved instrumental for success. Spirited by our huge victory, we extended our fortunes to the volleyball championship. Cadets Sreehari, Sreejith, Abhishek A and S Harikrishnan contributed invaluable. Cadets Aryan Marar, Vishnav and Naveen Hari made commendable efforts. The Shivajians also proved that they were the fittest by bagging the trophy for P T Competition hands down. Our enduring spirit also led us to the second position in the cross country competition. Cadet Rakesh clocked the individual third position. In literary competitions too, we proved our mettle and cadets Ashin Roshan and Naveen Hari bagged the first prize in Malayalam Calligraphy and English essay writing respectively. We also never took our eyes off the all-important academic trophy and finally our steely grit and determination paid off to add another feather to our cap. The names of cadets Niranjana, Mohammed shah, Aromal and Rajanish Rajan are worth mentioning here. Ultimately, the cock house trophy couldn't elude the onslaught of the mighty shivajians and it soon became the prized jewel which adorned the crown of the shivajians. We once again proved our time tested motto, 'With thee at the helm, we will win in the end'. The shivajians are not people who rest upon their laurels. With still further yearnings for excellence, we hope to continue our triumphs in the coming years.

Mr Prince Prabhakaran House Master  
Mr R Rajesh Attached Master  
Ms Jayasindhu G S Attached Master  
Mr Suresh Kumar Warden

Cdt Alex M House Captain  
Cdt Rakesh Kumar Sergeant  
Cdt Athul P Pramod Sergeant

Motto "A thing well begun is half done"



- ▶ Champions in the Inter-house Football Tournament.
- ▶ Third prize in Inter-house English Debate.
- ▶ Lifted the Inter-house Declamation Trophy.
- ▶ First position for the Inter-house Hindi Debate.
- ▶ Co-curricular trophy was lifted.
- ▶ Inter-house Cleanliness trophy was lifted.

The name Tagore itself suggests that he was a pioneer of unity and oneness. Such was the spirit of Tagore. The growth of the house itself was witnessed as it became a junior house. We began our journey in the academic year 2015-16 by bracing forth the football trophy. Cdt Albert Benjamin brought laurels to the house by gifting the house a third prize in English Debate and a Principal's special prize in Declamation. Cdt Sachin Kumar was also placed second in Declamation which gave us the Declamation trophy. Cdt Aditya Dinesh and Cdt Rajeev Ranjan did great honours to the house by winning prizes for English and Hindi Calligraphy respectively. Cdt Shirdik Kashyap, Rajeev and Srilekh won several medals for their house by exhibiting their field and track skills. No doubt that it was a clean take off when we lifted the Hindi Debate trophy and Cdt Shashank was placed first. Cdt Andre, Adithya Narayanan, Bharata S and Abhinav V even though could not lift the aquatic trophy, they did exhibit a splendid performance. The efforts put in by all of us did help in winning the co-curricular trophy under the wise leadership of HC. Alex M, Sgt Athul P Pramod and Sgt Rakesh Kumar. House Master Prince Prabhakaran was indeed the reason behind our success. Cdt Aravind Sai was adjudged the Kerala Best Cadet in NCC and was selected for the RD Parade in New Delhi. The Tagorians showed great spirit in the Cross Country race. Even though the house lost the trophy by a whisker we enjoyed our presence. After all, the academic year 2015-16 did not turn out to be the Coek House for Tagorians, but we surely believe that the upcoming batches would try their best.

"Unity is strength"



Mr V B Rajan Nampoothiri *House Master*  
 Mr Justine K J *Attached Master*  
 Mr Unnikrishnan G *Attached Master*  
 Mr Suresh Kumar *Warden*

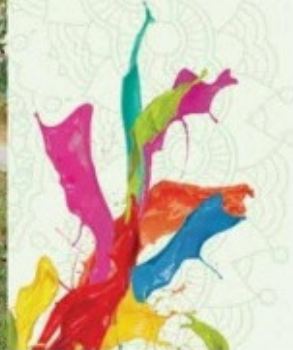
Cdt Shambhu S G *House Captain*  
 Cdt Sagur K *Sergeant*  
 Cdt Amal V Sathesh *Sergeant*

Motto "If you win you achieve Success  
 If you Fail to Win,  
 You learn a Lesson."



- ▶ First position in Inter-house English Debate.
- ▶ Second position in Inter-house Declamation Competition.
- ▶ First position in Inter-house Malayalam Debate.
- ▶ First position in Inter-house Hindi Calligraphy Competition.
- ▶ Aquatic Championship trophy was bagged.
- ▶ Inter-house Hockey Championship was bagged.
- ▶ Cdt Suraj Krishna and Cdt Manoj Kumar earned the title of a voracious reader.

**W**ith the motivation and inspiration from the last year, the Vallatholians began the year on a high note. We stood first in English Debate and was placed second in declamation competition. Cdt. Shilpa Rajiv Nair made a phenomenal contribution as she bagged first in English debate and declamation. Cdt. Harishankar. R and Cdt. Manu bagged first position in Malayalam debate. Cdt. Manoj Kumar bagged first position in Hindi Calligraphy placing the house on top. In the games arena, the Vallatholians displayed a rainbow of co-operation and combination. We were the undisputed kings of water with the braces from Cdt Anuraj kumar M the best swimmer, along with Cdt Raushan Prasad and Cdt Manoj Kumar. We clinched the Aquatic championship second time in a row. We wrote our names on the cross country trophy due to the stellar performance by Cdt. Manikant Kumar. We clinched the trophy of the Cross County and Cdt. Manikant Kumar and Cdt. Ajay Rathod, were placed first and second respectively keeping the tradition of the house. We were placed first in Hockey. In Athletic championship we were a notch lower than the table toppers. But the effort of Cdt. Manikant Kumar, who was adjudged the best Athlete is highly commendable. Cdt. Sooraj Krishna and Cdt. Manoj Kumar added feather to the cap by earning the title of voracious reader in the inter house book review competition. We salute the spirit, dedication and commitment of our house appointments who routed the boat ashore. However, the year ended on a low note as we missed the cock house by a whisker. Nevertheless, we resolve to correct our mistakes, short comings and failures. As Winston Churchill puts in, "Failure is the pillar of success", we eagerly look forward for the next year to hit the bull's eye.



Motto: "Think only of the best  
Work only for the best  
And expect only the Best."

Mr K S Antony House Master  
Mr Sambhu R Attached Master  
Ms Bhavana Attached Master  
Mr Suresh Kumar Warden

Cdt Rohit Kumar Gupta House Captain  
Cdt Nithin P S Sergeant  
Cdt Job Varghese P Sergeant



- ▶ First position in the Inter house Malayalam Debate Competition.
- ▶ First position in the Inter house English Recitation.
- ▶ Championship house in Basket ball.
- ▶ Third position in Inter house English Declamation
- ▶ Third position in Inter house Cross Country race.
- ▶ Fourth position in the Annual Athletic Meet.
- ▶ First position in Inter house English & Hindi debate.
- ▶ First position in Inter house Essay Writing Competition.



The year began well with dreams and hopes riding high. It was an eventful year that gifted us a mixed bag of victory and defeat, and joy and despair. Unlike last year we could not remain invincible everywhere as the challenges were greater and competitors were tougher. It is a great challenge to reach the top but it's a greater challenge to remain there. Thampians were fortunate to bag the most coveted cock house trophy last year but, unfortunately, we couldn't remain in that enviable place this year. However, we have a few encouraging wins in many of the competitions. We stood first in Malayalam debate, English recitation and basket ball. We were adjudged second in English debate, foot ball, volley ball, hockey and aquatics. We had to contend ourselves with third position in English declamation and cross country and fourth position in annual athletic meet. The joint efforts of our debaters Piyush V, Goutham Giri, Abhijith J S helped us lift the debate trophy. Thampians coolly took home the games trophy as our teams were captained by seasoned players like Amarnath P S (basket ball), Nandagopan (foot ball), Akshay S (volley ball) & Jilin Antony (hockey). We also stood first in English and Hindi essay writing. Students like Vikash Kumar who netted 3 goals in the foot ball matches and did enviably well in annual athletic meet, Yadakrishnan & Ajay Sankar who won gold medals in aquatics, Amarnath P S who performed exceptionally well in basket ball and led the house to first position, Kum Amrutha G who stood first in English recitation, Vikash Kumar who stood first in Hindi essay writing and won a Gold in discus throw and a bronze in shot put in annual athletic meet, Ganesh Menon who stood first in Malayalam essay writing and bagged creativity award, Dannie Sumodi, Abhijith J S, & Ashley Abraham who bagged creativity awards, Nandagopan & Dhanvin who won golds in aquatics and annual athletic meet, Sai S S & Jilin Antony who fared exceptionally well in annual athletic meet deserve a special mention here. We thank our elders for their constant guidance and support we also renew our pledge to strive for the best in the coming year.

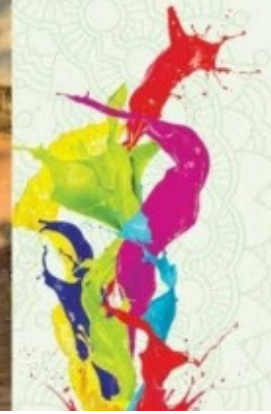
Ms O K Supriya Rani *House Master*  
 Ms K C Sudhalakshmi *Attached Master*  
 Mr Rajesh Kumar S *Attached Master*  
 Ms Geetha E *Master*

Motto "When others change  
 the rules,  
 We change the game"

Cdt Anantha Krishnan R *House Captain*  
 Cdt Anantha Nag *Sergeant*  
 Cdt Karthik Santhosh *Corporal*  
 Cdt Piyush V *Corporal*

- ▶ Second position in Inter house Cross Country race.
- ▶ First position in the Co-curricular activities.
- ▶ Second position in Inter house Malayalam and English Calligraphy Competitions.

The year 2015-2016 was a wonderful year for the Ashokians. The year began with the Calligraphy competitions in which two of our cadets Nakul PO and Abhiram T.R. won the second prizes in Malayalam and English calligraphy respectively. One of our cadets of the 6th standard, Adith Tom Alex was the First rank holder in the All India Sainik school Entrance exam. The house was placed first in swimming competition in which two of our cadets Saketh M.R and Rana. P. George won the gold and silver medals in aquatic championship respectively. In the Athletic Meet, the Ashokians put up a good show. Shyam kumar and Ashwin Krishna won the Bronze medal for 800 m and Bronze medal for high jump respectively. The efforts of cadets Shyam, Gaurav, Rohan, M.D Ali, Abhiram, Rahul are worth mentioning. The physical fitness of the cadets were tested in the PT competition and the house was placed second in the inter house cross country race and the names of Shyam, Rohan, Abhiram are worth mentioning. Cadets Vaibhav and Anantha Krishnan won the third and special prizes in recitation, helping the house achieve the second position. The efforts of the Academicians Amit, Ashwin, Basil, Vaibhav, Ananda, Rohan, Gaurav, Akhil S, Shubham and Ganesh are commendable. Cadet Shubham kumar won the best all round cadet of the 6th batch and the unmatched performance of the Ashokians on stage helped us to lift the co-curricular trophy.



Mr Mahadevan Nair G House Master  
Ms Sonia R Attached Master  
Ms Geetha E Maivon

Motto "We act and achieve  
We Serve and Smile"

Cdt Rajan Kumar House Captain  
Cdt Alvin Cheriyan Sergeant  
Cdt Nithin Sroekumar Corporal  
Cdt Ananthakrishnan Corporal

- ▶ First prize in Inter-house Malayalam Calligraphy Competition.
- ▶ Second prize in Inter-house English Recitation Competition.
- ▶ Runners up trophy in Inter-house Floral decoration Competition.
- ▶ In Athletics the runners up trophy was lifted by the house.

**D**rawing inspiration from the performance of the yester year we, the Patelians got ready to welcome the year ahead. The spirited and enthusiastic boys prepared themselves for bringing more laurels to the house. Even though the years gave us emotions in terms of both winners and losers, Patelians were always able to put up a strong fight in every single event. We never had a negative thought if we lost anything. We began our winning streak by Cdt. Nithin.S.Nair bagging the first prize in Malayalam calligraphy. It was a great effort put in by him. When it came to cultural activities, Cdt. Shithiga Rajan was able to mesmerize the audience with her reciting skills which in turn helped her to grab the second prize in English recitation competition. We were able to present our artistic skill by lifting the runners up trophy for Athappokalam Competition which was carried out during Onam celebration. That was a wonderful opportunity given to us. We worked hard in making the floral carpet a colourful one. Even though the academic trophy eluded us by a whisker, the names of cadets- Sagar, Nithin, Shudhashu Shashi, Shyam, Arthraj, Devabharanarayan, Prejin are worth mentioning. We are proud to say that one of the Patelian housemates Cdt. Ananthakrishnan K M brought glory to the house as he was awarded the prize for the best all round Cadet. Coming on to Athletics, the track was aflamed by Cadets- Arthraj, Sujeth shudhanshu, Shyam, Sreeraj Shashi. Anuraj and Rajkumar Saren. This ultimately made us to lift the runners up trophy. Whatever we have achieved is the hard work, co-operation and determination. We the Patelians are still awake to fight any opponent who dares to take their sword against us.



Motto "Craving to Learn,  
to Love and  
to Serve"

Mr Macdon M House Master  
Ms R Sandhya Attached Master  
Mr Balamurugan N Attached Master  
Ms Asha I V Mastron

Cdt Midhun George T House Captain  
Cdt Akash Kumar Singh Sergeant  
Cdt Ritik Raj Corporal  
Cdt Sai SSS Corporal



- ▶ Calligraphy trophy was lifted by the house.
- ▶ The house bagged the Games trophy.
- ▶ Athletic trophy was lifted by the house.
- ▶ First position in academics- lifted Academic Trophy.

Cock House - Sub-juniors



The Academic year of 2015-16 of the maroon Gladiators who set off for the fray with its counterparts boisterously bagging the calligraphy trophy with Cdt Adithya, Abhyanand and Deepak bagging first in Malayalam, English and Hindi respectively.

We continued the epic run by the scintillating performances. In the field, the maroon gladiators proved their might by winning the games trophy. Rajajians cleared the obstacles and wrapped up the Athletic trophy. Abhyanand, Sumit, Ajith, Prashant, Deepak & Sameer are those names worth mentioning.

The scholars of Rajajians Genial Benz, Munna Kumar, Vasanth, Ayush Krishna, Ghazal S, Ajithkumar, Abhyanand Kumar, Arimardhan Prathap Singh and Deepak Kumar who secured full CGPA helped us to get the coveted academic trophy.

As the academic trophy too joined the band wagon there was no leeway for the cock house to clude from the maroon clutches of Rajajians.

We are extremely grateful to all those who helped us this time and look forward to a more challenging year with extended support, guidance and blessings from our teachers and all elders. We also thank to pray for all the blessing from the Almighty for the upcoming years of sunshine and rain.

Motto "For VKK  
the best is yet  
to Come."

Ms Deepa R V M *House Master*  
Ms B Radhika *Attached Master*  
Ms Sruthi N Babu *Attached Master*  
Ms Anha TV *Monitor*

Cdt Anand Sai S S *House Captain*  
Cdt Jeevan A C *Sergeant*  
Cdt Harikrishnan *Corporal*  
Cdt Rounak Raj Singh *Corporal*



- ▶ Runners up trophy in Inter house Boat Ball Championships.
- ▶ First prize in Inter-house Floral Decoration Competition.
- ▶ In Athletics the house won the third position.
- ▶ First in the Inter-house Cross Country Race.
- ▶ In Book review Competition the house bagged the first position.

Success is not final, failure is not fatal. It is the courage to continue that counts.

We the VKKians began this year with lots of expectations and fought with strong will to take on all hurdles that come on its way. The VKKians had shown their unity and excellence in various competitions and participated in various activities and the outcome was rewarding.

We believe in the saying 'No pain No gain'. So through our hard work we, the VKKians, began our journey by fishing out the runners up trophy in football, the team led by Cdt Mandip Hansda. Sometimes it takes good fall to know really where we stand. The dramatization skills of Cdt Arvind Rajiv Nair, Cdt Rahul and Cdt Vijay to lead the house to the apex is marvellous. In order to welcome our ancient ruler King Mahabali we presented the best Athapookalam. The Cadets show eased excellent skills in English, Hindi and Malayalam debates. The calligraphic skills put forward by Cdt Neeraj and Cdt Rishikesh took the house to its glory. Even though we had fallen third in athletics we proved we were strong by our unity on the ground by grabbing the coveted Cross Country Trophy. The performances of Cdt Raushan, Cdt Neeraj Lalit and Cdt. Mandip were worth mentioning, Cdt Rahul was adjudged the best reader in Sub Junior category and Cdt. Vijay Raja, the best cadet of class VI. The VKKians showcased their physic by doing well in the PT competition. Although we lost Cock House by a whisker, we shall strive hard and achieve it next time as we believe, 'Failure is the stepping stone to success.'



# Raising Day



**S**ainik School celebrated its 54<sup>th</sup> Raising Day on January 20<sup>th</sup> 2016. The Raising Day is held annually to mark January 20<sup>th</sup> when the school was raised in the year 1962, on the same day by V K Krishna Menon with primary duty to give education to all strata of the people in the society. Principal Col A Rajiv laid the floral tribute to the martyrs and he took the salute at the guard's square. The first lady of the camp Mrs Asha Rajiv cut the Raising Day cake along with the junior-most and the senior-most cadet of the school.



**S**wimming is an aquatic sport which is based on human act of swimming. Swimming competition as it is known as the aquatic championship is held every year in our swimming pool which is constructed in the Olympian size.

Inter house aquatic championship has different modalities which include butterfly backstroke, breaststroke and freestyle. Annual aquatic championship of Sainik School was held at the Semiah Aquatic complex, the school's Swimming Pool, Maj General CP Singh Additional Director General NCC Kerala & Lakshadweep Directorate was the chief Guest.

He gave away the trophies and medals to the winners. Speaking on the occasion he called upon the cadets to take sports and games seriously to lead a healthy and a balanced life. The Chief Guest was given an impressive guard of honour by the school NCC contingent upon arrival. He then reviewed the parade and laid a wreath at the steps of Remembrance.

Prasad house lifted the overall championship trophy in the senior category. While Vallathal house emerged as champions in the Junior category. Cadets Yash Singh and Srijit U were adjudged champions among seniors and Gilt Anurag Kumar, was adjudged individual champion among juniors.



Alfred Philip (SST)

## Inclusive Education Is not an Alternative But an Inevitability

**I**nclusive education means the system of education that offers a wide range of choice to all kinds of students. Students must be encouraged to take up courses they want. A single uniform curriculum may not be serving the purpose. Hence, it should not be imposed. Our educational system should be based on inclusion of different disciplines, subjects or skills. It should not be exclusively for only the fortunate few. The issue of inclusion of students with different abilities must be addressed in the best possible way.

Inclusive Education is not merely an alternative system of education. On the other hand, inclusive education has become an inevitability in the

modern age. The most important factors that affect inclusive education are the attitudes of parents, teachers, classmates and society. The parents' attitude has so far been very exclusive. They can't think beyond medical, engineering or management studies. Humanities, fine arts, music, painting, physical education and crafts have been very systematically ignored in the courses of studies. Even our teachers generally fail to rise to the occasion and their mindsets refuse to introduce new skills and discipline. Those who frame curriculum for schools have to be open minded, liberal and flexible in their approach. Curriculum and policy should support to make inclusive education a reality in our schools and educational institutions.

Nature has made everyone of us unique in look, shape, size and thinking. Our abilities, capacities, skills and tastes are different. So, the curriculum in schools must include a wide range of choices and skills that may suit to the widest range of students. They should be encouraged to take up the courses they want to. If exams are conducted on this principle, every student will pass with flying colours.

"You can build a house, but a home must grow."  
- Mystic Reed.



The parents' attitude has so far been very exclusive. They can't think beyond medical, engineering or management studies.



# साँच बराबर तप नहीं झूठ बराबर पाप



G. Anvita  
(5728)

सत्य ही धर्मावरण है। ब्रह्म ही सत्य है। सत्य के बिना धर्मावरण की कल्पना मुर्कसा ही है। सत्य ही धर्मावरण है। सत्य के विपरीत झूठ मनुष्य की अपनी कृति है जो उसे किसी या स्वार्थ वश कष्ट वातावरण में जीने को विवश करता है।



“सत्य के समान कोई उप नहीं और झूठ के समान कोई फल नहीं।” अर्थात् सत्य का नष्टव तप से भी बढ़कर है और झूठ से बढ़कर कोई फल भी नहीं है। सत्य ही धर्मावरण है। ब्रह्म ही सत्य है। सत्य के बिना धर्मावरण की कल्पना मुर्कसा ही है। सत्य ही धर्मावरण है। सत्य के विपरीत झूठ मनुष्य की अपनी कृति है जो उसे किसी या स्वार्थ वश कष्ट वातावरण में जीने को विवश करता है। सत्य ही कथ्य, सत्य ही धर्मोप और सत्य ही प्रवृत्ति है। सत्य जड़ और केतना सत्य का फलन करता है। प्रकृति सत्य के बल पर ही अपनी सुंदरता के लिए प्रसिद्ध है। उसी एक-एक बलु में सत्य मग्न है। इसलिए मानव जीवन की सार्थकता सत्य का फलन करने में ही है।

एक सूटे व्यक्ति की कथनी और करनी दोनों में अंतर होता है। ऐसा मनुष्य निश्चित ही घरी कहलाने योग्य है। लोगों का विश्वास ऐसे लोगों को नहीं मिलता। जंग में वे परलावाप का अनुभव करते हैं, सायबानी मनुष्य सदा सत्य की ज्योति अपने हृदय में प्रजलकर रखते हैं।

सत्य का फल सदा स्वच्छ एवं शीतल है और जो मनुष्य यह पथ चुनते हैं, उनका हृदय भी स्वच्छ और शीतल होता है। इसलिए हम सभी को सत्य का मार्ग चुनना चाहिए और अपने मन में से दुष्ट विचारों को दूर करवा चाहिए।



I love my dad  
Who hates to see me sad  
I love my mommy  
Who makes dishes so yummy?  
I love my car  
That takes me near and far  
I love my toys  
Which I play with and enjoy  
I love my school  
Where teachers are good  
I love my home  
My neat and sweet home.



Sujet Kumar  
(5789)

A smile cost you nothing  
But it makes others happy  
Smiles are like flowers  
Beautiful and fragrant  
Coming from the heart  
If life is a journey on the earth  
Keep smiling all the way  
Smile can express many things  
Without saying any words  
I wish I could stop all persons-by, and  
Offer them a smile and  
And ask them to try it once.

## A SMILE



Atish Pradeep  
(5241)



Niranjan S. Vijay  
(5922)

## My Grandmother

Today I returned home for my christmas holidays after a hectic second term. I reached home by evening. As I reached the doorsteps of my home my grand mother with her soft, smiling face those endearing wrinkles and her fragile frame silhouetted against the front door to beckon me. The fragrance of the hot tea and the aroma of the snacks she made was inviting. As I narrated the incidents of the school to my grandmother she was all ears.

At the ripe age of 75 grandmother's zest for life, her concern for the have nots, for the environment for birds and animals is an eye opener for me. She is really in tune with nature. I am beginning to re-comprehend this woman.

As I woke up in the morning hearing the vedic chants sung by my grandmother, the milkman, a silent figure who has been in regular came and delivered the milk. He comes everyday at the dawn and leaves without talking to anyone but now I can see him in an animated conversation with my grandmother. While he narrated his tales of woes to my grandmother, she offered some monetary help to tide over his crisis. much valuable was the empathy they shared. Chandrikachechi, a short slim woman of around 35 years of age with a cheerful smile, came at weekends at 6:30 in the morning to help us do house hold chores and I could see grandmother appreciated her enterprising nature and noted how her day began so early. I watched them share experiences of bygone years.

Before my grandmother came to stay with us, our small garden was filled with overgrown weeds, dry leaves and wilted flowers, the scene was an eyesore. But now, with all the hibiscus, roses, tulsis, bougain villas orchids and many more is a very colorful sight. It is nothing but the soothing effect of my grand mother and organic manure she makes with her friends in the neighbour hood.

Today there is no aroma of snack or tea the milkman comes and goes without uttering a word. Chandrika chechi bravely finishes off her work and leaves. The flowers have wilted in my garden. As I woke up in the morning my ears yearned to catch the strains of her vedic chants but there is a deafening silence. Today my grandmother has gone to stay at my cousins place for a few months, but I feel so lonely without her. Some people make the world special for you just by being near you.



It is nothing but the soothing effect of my grand mother and organic manure she makes with her friends in the neighbourhood.







Keeran A C  
(2014)

When the going gets tough, the tough gets going." It is a famous quote that we often come across. But it was experienced by us when we decided to attend the RD camp 2016. In order to get selected for the RD camp one needs to go through rigorous training and selection procedure and this time we had to attend ten selection camps each with a duration of ten days. At the end of each camp there was screening, initially the selection will be within the various battalions and then between various districts. The selection camps were held in Pangode Military Station. On the initial days of the camp we were doubtful of how we were going to make it to the final lot. By each passing day the training got tougher. During the drill section which was less drill and more punishment it is bound to happen that your legs give up, your hands give up, but there is something in you that tells you to keep going and that is when your willingness to keep

going in spite of all odds that come in the way. There was no limit for our happiness when I, Cdt Nishin and Cdt Karthick were selected in senior division and Cdt Aravind Sai was selected from the ID to represent our state in the prestigious Republic Day camp and I was selected to represent Kerala in the All India best Cadet Competition. After the kitting camp 108 Cadets of K & L Directorate (44 Boys) reached Delhi on 20th of December. Being the peak of winter it was cold in Delhi. We were taken to the RD village where NCC as well as Army contingents for RD parade was accommodated. The initial days of camp had various competitions like drill competition, flag area competition, cultural competition etc. The following days saw large number of dignitaries like the Vice president, Prime Minister, Defence Minister and all three Service Chiefs. 17 Cadets were selected to dine with the Defence Minister at the Mandakshov Centre at New Delhi and I was

lucky to be one of them where I got the chance to interact with the Defence Minister. Our day at the camp would begin at 3:45 am in the bitterly cold morning. It would be interesting to know that like the cleanliness competition in our School, at the camp we had line area competitions daily! The camp came to an end on 28<sup>th</sup> of January with the Prime Minister's rally.

The experience of the camp has changed us both physically and mentally. In a selfish outerworld where all are busy trying to overtake each other, the Kazhaks always stood together and that is when I realised what the School has given us. A writer has once said, "In the twilight of your life, at the death bed you will regret more about the things that you didn't do than the things that you have done". So my sincere request to all my brothers is to get out of your comfort zone and take up challenges, because always remember, "Rough sea makes a good sailor."

## आओ सीखें

जहिसा	- गौरीजी से
साहि	- मगर लेरेसा से
प्याप	- विक्रमादित्य से
वीरला	- उदियनपु से
ब्रह्म-प्रेम	- भला से
दुःख-वक्ति	- एकलव्य से
देरा-वक्ति	- नेताजी से
सत्यप्रियता	- राजा हरिश्चन्द्र से
मर्जीदा	- श्रीराम से
भक्तिदान	- ईसा से
सहृदयता	- बर्मा से
परीपक्व	- पूर्वी से
दुःखता	- पुत्र से
दुःखतप	- पुत्री से
सौजीवता	- समुद्र से
सच आने बढ़ना	- नदी से



Sans Kumar  
(2016)



A. Yashraj  
(2018)



"Time is a river.  
It flows swift and sure  
In one direction!!!  
We are the boat men,  
Who try to cross it  
From one end to the other.  
Crossing is difficult,  
The water will not slow down,  
To make things easier,  
Only the one who rows fast,  
Makes it to the other end,  
Others never make it!  
They get carried away,  
In the furious current,  
A journey back is impossible  
And that is the thing about  
Time..."




Babul Barua  
(2016)

I love my mother the most on this earth  
She served my needs since my birth,  
I love her and serve her as God,  
She comes first and then comes God,  
Her love for me is without limit,  
She forgives me the wrong I commit,  
She works since early morning till late night  
But always we see the face bright,  
She works all day just for me  
And still she does not ask for fee,  
I can't explain her extreme love  
In my dream she looks like a beautiful dame.

## Mathematical WAY OF LIFE

Life is a polygon  
 Don't live in a circle.  
 Multiply your knowledge  
 Subtract your sorrows  
 Treat everybody as equals  
 Be ready to share everything you have  
 Try to have a set of principles  
 Let your ideas grow as an obtuse angle  
 Try to take a decision in a straight line  
 If you live in this way, then definitely  
 Happiness will be added to your life.



Justin Jiby Varghese  
(5290)

## DEEP INTO THE WOODS



Abhinav A S  
(5240)

I walked through the deep forest,  
 Between the dark spooky trees,  
 At the cry of midnight,  
 All the bugs turned and flew  
 Amongst the willow stood a man  
 Stout and strong, who burned my fear  
 No one to help, no one to speak,  
 All alone in the crazy woods.  
 Where to go and where to sleep  
 In this frightful night?  
 I left away all my hopes,  
 As I walked towards the silver coat.  
 Nothing to think, nothing to cry,  
 As I moved towards the lazy lad.  
 Alas! He surprised me, up  
 Stood in front a Scarecrow's top.

## Funny Questions



Jyoti Preksh  
(5401)

1. I am tall when I am young and I am short when I am old. What am I?
2. What has hands but can not clap?
3. Which of the months has 28 days?
4. Name four days of the week that start with letters 'T'

### ANSWERS

1. Candles
  2. A clock
  3. All 12 months
  4. Tuesday, Thursday, Today and Tomorrow
  5. The Girl is blind.
5. A girl is sitting in a house at night that has no lights on at all. There is no lamp, no candles nothing. Yet she is reading how?

# BEST FRIEND

I still remember the first day we met,  
 We were too shy to say much at all.  
 It's funny to think back to that time,  
 Because now we are having a ball!  
 They say that true friendship is rare,  
 An adage that I believe to be true.  
 Genuine friendship is something that I cherish,  
 I am so lucky to have met you  
 Our bond is extremely special,  
 It is unique in its own way.  
 We have something irreplaceable  
 I love you more and more each day.  
 We have been through so much together,  
 In so little time we have shared  
 I'll never forget all the moments,  
 That you have shown me how much you cared.  
 Friends are forever,  
 Especially the bond you and I possess  
 Have your fun-filled personality  
 Somehow you never fail to impress.  
 The world could use more people like you  
 It would certainly be a better place.  
 Have everything about you.

You are someone I would never replace.  
 You are always there for me,  
 When my spirits need a little lift.  
 I cannot thank you enough for that,  
 You are truly an extraordinary gift.  
 You are everything to me and more,  
 It could never express that enough  
 Life is such a treacherous journey, and  
 Without you it would be even more tough.  
 Our story will continue to grow  
 With each passing day  
 Because I trust that with you by my side  
 Everything will always be OK.  
 You are so dear to me  
 You know I will love you until the end  
 I will always be there for you  
 And you will always and forever be my  
 Best friend.



Sant Kumar  
(5003)



# चुटकुले



**शिक्षक (पार्श्व से) :**  
बच्चे ज़ादी में कड़वाव करो। 'एक हाथी ऐसा बैठा कि बैठा ही रह गया।'  
**एक छात्र:** एग एलिफेंट ऐसा सैट कि सैट सैट।



**बन्सु :** इनसु ट्रेन पकवने स्टेशन पहुँचे लगी मालूम से शुरूक दी गई कि प्लेटफॉर्म तबेर एक पर मारी आ रही है। लगी बपसु पटरी पर बागने लगा। बन्सु ने उससे पूछा: जरे तुम भाव क्यों रहे हो?

**बपसु बोला:** तुम्हें कुछ नहीं मारी इसी प्लेट फॉर्म पर आ रही है।



**टीयर :** अगर समुद्र के बीच में एक नारियल का पेड़ है तो नारियल कैसे तोड़ेंगे?

**विद्यार्थी :** थिकिर्वा बनकर।

**टीयर दुसरे में :**  
तुम्हें थिकिर्वा बनाने के लिए क्या साहसान आईने?

**विद्यार्थी :** जब वे समुद्र के बीच में नारियल का पेड़ लगाने के लिए आईने तब कुछ फल के लिए मेरे पास भी आईने।



**संता :** बतानो पहलवान तुम एक बार में कितने आदमी को उठा सकते हो।

**पहलवान :** पस

**संता :** बस उससे अच्छा तो मेरा मुर्गा है जो सुबह-सुबह पूरे मोहल्ले को उठा देता है।



**यात्री ने अखबार पढ़ते-पढ़ते चला:**  
जरे खाई सूजी मुझे उस डिब्बे में बिलग जहाँ बर्तें करने वाला खोई न हो, ताकि मैं थिकिर्वा से पर सक्ती।

**सूजी :** बन्सु जी आप थिसा न करे मैं आपको मालुमारी के डिब्बे में थिसा दूंगा। उसमें थिसा ही थिसा थिकेगी।



Sunny Arya (1992)



एक यात्री ने बड़े तेज स्पर में स्टेशन मास्टर से थिकसाफत की: थालीक थिनट हो गए हैं, थारी अभी तक क्यों नहीं पहुँची स्टेशन? स्टेशन मास्टर ने कहा : थबखुदए नहीं टिक कट थारीक थडे तक थल सकरत है।



Jyotin Tahir (19002)

Sunrays fall on land  
Dew drops at the  
Tip of leaves glitter  
Small flowers are smiling  
Beautifully  
Cock is crowing loudly  
The snow has  
Gone back like an  
Army defeated.  
The sound of small birds  
The smell of flowers  
Give us a new hope of Life!!!

# Friendship



Friendship is a precious gift  
It can't be sold or bought  
But its value is greater than that of gold!  
For gold is cold and lifeless  
It can neither see nor hear,  
So, when you ask God for a gift  
Be thankful if he sends  
No diamond, pearls or riches  
But love of a real friend!!!...

# Optimist Or Pessimist

Optimism means a tendency to accept the best possible outcome of a particular situation and an optimist is always sure about his views. He will always be sure about his success and will never be disheartened.



possible view about a situation. I believe that a pessimist will never achieve success and will be disheartened.

In today's world there is a lot of competition especially among the students. Each and every student has got his capabilities and difficulties.

The weaker students will remain weak because of their pessimistic views. Therefore it becomes very important to fractionally lift them up so that they can also achieve goals in their life. This can be done with the help of teachers and by making them mentally prepared ALWAYS.



Nabin Sreekumar (13771)

Optimism and pessimism are just like two sides of a coin, but what do these words actually mean? Optimism means a tendency to accept the best possible outcome of a particular situation and an optimist is always sure about his views. He will always be sure about his success and will never be disheartened. He thinks that this world is the best out of all possible world and is sure that God always ordains for the best. I can assure you can attain success.

Last year during the athletic meet, I was ill. But only because of an optimistic view about the situation I was able to bag the gold for 300m and 200m race. Be optimistic so that you may be able to face all your difficulties.

Now talking about the other side, pessimism. Pessimism means to have the gloomiest



# आज के स्टूडेंट



Sonu Kumar (17461)

आज के स्टूडेंट पूरे थरिरे में सैट कलस में एमीट। थिनेमा पर में प्रेजेंट, थारी है आज के स्टूडेंट। कलस में कलसे रहते हैं टॉकिंग, टीयर की भागी पर लॉकिंग। राधे नहीं एलर्ट कलस में, होते कई बार फैल सल में। कलसे नहीं है थिसा का नेम, थारी है आज के स्टूडेंट। थकने में होते लीने माल-पीट में होते लीने कलसे नहीं कम्पलीट होमवर्क, थैरकर थोने में कलसे हैं थप। कलसे है टीयर पर थैमीट थारी है आज के स्टूडेंट।











Aji Kumar  
(5014)

# धरती पर भगवान

वे दिन मुझे आज भी याद है जब पहली बार अपनी आँखों के सामने कम्प्यूटर देखा था। वहीं शुरू हुई मेरी शिक्षा की कहानी। लेकिन मैं ऐसा था कि एक साल की पढ़ाई के बाद भी अंग्रेजी पढ़ नहीं सकता था। उन्हें लगा कि इस स्कूल में भी अच्छी पढ़ाई नहीं हो रही है तो वे मेरा नाम एक इंस्टिट्यूट में लिखवाया। वहाँ पहुँचकर तो मैं गणित और हिन्दी में बहुत ज़्यादा आगे निकल गया लेकिन अंग्रेजी बोलना और पढ़ना तो एक सपना ही रह गया।



मैं अजित कुमार आज इस स्कूल में हूँ उसका श्रेय जाता है मेरे माता-पिता को। मैं एक कवच वर्गिय परिवार से हूँ। मेरे पिताजी एक पत्रकार हैं और माताजी गृहणी। मेरे घर भाई हैं। मेरा जन्म नौवें में हुआ था। हमलोग बचपन से ही खेप में रहते आ रहे हैं। सभी बड़े बच्चे हैं कि गौड़ का जीवन कैसा होगा। विशेषकर विहार के। वहीं लीन नहीं तो ज़्यादा चूहे लिये होते हैं और नहीं तो ज़्यादा घनी। नतीजतन तो सकता है उनके इस हास्य को। लेकिन मेरे घर में ऐसा नहीं था। मेरे पिताजी घड़ी घड़ते थे कि इस किस्मिती अर्थो स्कूल में चले। उस समय मुझे तो हिन्दी भाषा का भी ज्ञान नहीं था तो अंग्रेजी बहुत दूर की बात। पहली बार जब मेरा नामांकन एक स्कूल में हुआ और वहाँ तो शुरू हुई हमारी शिक्षा। कुछ महीने बाद उन्हें याद पड़ा कि वहाँ पर भी शिक्षा का स्तर अत्यंत नहीं तो उन्होंने हमें अंग्रेजी माध्यम स्कूल में नामांकन करवाया। वो दिन मुझे आज भी याद है जब पहली बार

अपनी आँखों के सामने कम्प्यूटर देखा था। वहीं शुरू हुई मेरी शिक्षा की कहानी। लेकिन मैं ऐसा था कि एक साल की पढ़ाई के बाद भी अंग्रेजी पढ़ नहीं सकता था। उन्हें लगा कि इस स्कूल में भी अच्छी पढ़ाई नहीं हो रही है तो वे मेरा नाम एक इंस्टिट्यूट में लिखवाया। वहीं पहुँचकर तो मैं गणित और हिन्दी में बहुत ज़्यादा आगे निकल गया लेकिन अंग्रेजी बोलना और पढ़ना तो एक सपना ही रह गया।

मैं तैयिक स्कूल में पहुँच और केवल के बारे में विशेषज्ञता नहीं की संस्कृति और भाषा की जानकारी। जहाँ मैं वेत परिचय आज और मैं इस परीक्षा में उत्तीर्ण हुआ।

आज भी मैं तैयिक स्कूल में पढ़ रहा हूँ। मैं एक सैन्य अधिकारी बनना चाहता हूँ। तैयिक स्कूल की शिक्षा पहले स्कूलों के मुकाबले गिज है। वहाँ पर बच्चों को तैयिक की तरह ट्रेनिंग दी जाती है। इस स्कूल में तुल्य की पी.टी. मुझे बहुत ही प्यारी है। मैं तो यह चाहूँगा कि वहाँ से पढ़कर जब अपने घर जाऊँ तो सभी को यह लगे कि तैयिक स्कूल भारत के बेहतरे स्कूलों में भी गड़कर है। जे हमें सिखाता है कि केले घरत का एक अत्यंत कारगरिक बने। आज मैं वहाँ हूँ इनका सारा श्रेय जाता है मेरे माँजी और पिताजी को। क्योंकि मुझे यादगु है कि उनका आशीर्वाद सदा मेरे साथ ही। भले ही मैं उनसे इनका दूर हूँ लेकिन फिर भी यही लगता है कि मैं उनके पास हूँ। यह एक उनका प्यार है कि मैं वहाँ रहकर भी खुश हूँ। मैं तो यही बताना चाहता हूँ कि "किन्ही को भिक्षा भी प्यार मिले और उसे उसके माता-पिता से प्यार न मिले तो हर चीज़ असुर है।" क्योंकि वे खुद को दुःखी रहकर भी यही चाहते हैं कि उनका पुत्र खुश रहे। वे तो खुद भूखा रहकर अपने बेटे को सिखाते हैं, मेरी नजर में तो यह कोई बचकन ही कर सकता है। और यह बात सब है क्योंकि हमारे माता-पिता ही हमारे प्रणखन हैं।

## A Mother's Love

*She rocks the cradle  
And she is as kind  
And gentle as a dove  
She has a sweet voice  
And sings pleasantly  
Lovingly, charmingly  
And affectionately  
She can protect us  
From the wild storm.  
For she is God in another form.*

Shubham S Sagar  
(50494)

## ROUGES GALLERY

**Arjun Ranavash - 5067:** The silent valley of the house who has a job in his pocket. He believes in the motto "Silence is golden". There are he rarely talks with anyone.

**Virek V - 5079:** The cute lit the knight whose tongue is inversely proportional to his height. The first look at him can misjudge him from the popo character "Chota Bheem".

**Ravin Kumar - 4992:** He is the nocturnal creature of Nehru house, who is the command in chief of the house TV. He thinks that his space give him the look of Arjun Kapoor. He is a red addict who uses only red items from the hanger.

**Harishankar G - 4979:** A studious Knight who is the electrician of the Nehru house. He is the person who turned off the switch boards to teach pads.

**Harishankar G K - 5024:** He doesn't know the route to any of the three senior houses. This violent lion on the stage is a silent cat among his hairchamans. He is a book worm. A pool or ator, proved for his marching skills during the prize distribution ceremony.

**Sant Kumar - 5000:** He is the unofficial attached master of his house. He is popularly known as Amrith Bhasan or "Micro Bhasan". He raised his house captain tab due to his adventure seeking behaviour.

**Ajay Lal - 5031:** He proved that his size does not matter when he talks. A hard working guy whose lungs are a nightmare for his seniors. He is one of the great hold ups of his house.

**Manu Murali - 5064:** This knight is known for his disciplined and composed behaviour. A die hard fan of CS2 who thinks he plays even better than Ronaldo.

**H C Ahmed Shahid - 5030:** A house captain who uses his room only for sleeping. He is also a die hard Barcelona fan who is the pet of his house master. He is the person who is always logged into stranger chatting websites.

**Alfy Shikha - 5052:** He is only known by name "Khuli", "Gilla", "Tab". A violent guy outside the house and turns silent inside. He thinks that having 90% is below average. He raised his house captain tab due to a tab.

**Sheethansu J Nair - 4961:** The theory of his sneezing during studies is still a mystery. A hard working knight who only takes his eyes off the books while having food. He is the most proper among improper cadets. He is also a good basketball player who is rarely seen outside the study hall.

**Chandan Kumar - 4993:** He is the best person to replace the skeleton in the Biology Lab. A cheerful guy who thinks PT competition is not enough to prove his might. He is famous for his dialogue "Da...Get Low...". He is also a person with a unique hair style.

**Abhishek Parayal - 4968:** He is a silent knight who turns violent for the "Gussar X team". He is the brain behind all the commands operations in his house. A great arm wrestler, whose sound makes us feel that he is in urgent need of "VICKS".

**Ajay D Shah:** He is a TEP supporter and the upholder of Modi Sark or his cupboard room has that of a temple. He invested salute in matrix.

**Akash P K - 5042:** He got a nervous breakdown when Chennai Super Kings was suspended from the IPL. Cricketering runs through his blood. A hard working knight who proved his might during the inter house cricket match.

**Adarsh A - 5027:** He holds a masters degree in Dry jokes from WhatsApp. A talented guy who makes his own version of latest songs.



**Rahul Kumar - 5009:** He is a great romantic hero. His foolishness and way of living makes you think that you can live like that too. His theorem, sleep is inversely proportional to studies is proved in his case.



**Suresh II A - 5028:** A friendly Lady Knight. A sisterly figure to all, who was the first to wear high heels with khakis.

**Nachin Kumar - 5160:** Everyday after bathing, he exhibits his dancing skills on his bed to his juniors. Famously known as "Mr Beer". His singing skills are a nightmare for his juniors. He is a Volleyball player with the name of a cricketer.

**Narvin K Sreedharan - 5179:** He considers wind as a necessary evil. Scaling walls at night gave him practice to bag-pole in high jump. His body show during the XII<sup>th</sup> dance was considered one of the greatest shown on the earth.



**Sidharth M - 4964:** His exceptional behaviour made him the house master's pet. He owns an online vegetable shop. He was the lead singer for the song "Thony note Thony".

**Joel Shyam - 5141:** He is the silent knight who turns violent while listening to rap. A die hard fan of "OMINION", who learned Rap God by heart. A hard working knight, who proved late night studies are beneficial. He is the captain of Chappappa house Football extra team.

**Aravindkash J - 5080:** He is a unique break. He is a great romantic hero. His foolishness and way of living makes you think that you can live like that too. His theorem, sleep is inversely proportional to studies is proved in his case.



**Nandan Kumar - 5002:** His foolishness can go to any extent. Even though he carries a litro bottle along with him, every where his jokes are too dry that he is the only person to laugh at it. He has a very unique walking style. He drinks water at the mercy of 11th standard.



**Arun Praveen - 4987:** A die hard fan of James Rodriguez. He sharpens his foot ball skills everyday. He is a Pransidan who is often seen wandering dizzily in Carriappa house.

**Midhun Vincent - 4882:** This handsome guy's presence is rarely felt in the house, but is vibrant in the football field. His cupboard is donated by the pictures of Shrutti Hassan and Lionel Messi. He is also one of the popular figures among his juniors.



**Rishabh Chandran - 5039:** He is fondly called "RICKY". He owns a BMW Watch which costs less than 100 rupees. M.S. Dhoni switched from Goal keeper to Wicket Keeper while this guy has done the reverse. He is a die hard of Lionel Messi.

**H C Rohit Kumar Gupta - 5004:** This house captain's room looks like a temple worshipping Indian army. A very good long distance runner who has never seen an individual medal in athletics. The captain of Nehru house hockey team, which who has never featured in the hockey field.

**Nihal Shaha - 5076:** He is an ace long distance runner. He is the knight who got a pre-planned justice. A handsome guy without whom Quasar X team is incomplete. A very funny personality, who is a die hard fan of DRAIDPCKOL.

## ROUGES GALLERY

**H C Rajesh V - 4079:** A sub junior house captain who is always seen running around other houses. He is the Mr. Physics and Romeo of the batch. An ace volleyball player who has a fan association among his juniors.



**Shyam Kumar M - 4945:** The Marcus admirer who takes his training during night. A self proclaimed "PINK" man fondly called "Annon" by his batchmates and juniors.



**Abhinav A - 5028:** He is one of the lead dancer in the Quasar X team. A die hard fan of Yuvraj Singh and Sun Risers Hyderabad. His amazing academic comeback is a motivating factor for his juniors. He is a small dude with a big heart.



**Jayakrishnan JK - 5030:** A silent knight who turns violent when he finds someone on his bed. He became the great wall of Carriappa volley ball team who blocked the house to second position. A good basketball player who is fondly called "J K".

**Ranjan Kumar - 4990:** Before athletics "Curve" was his Area, but after athletics it was made straight. His padakkam love stories are a hit among his juniors. He thinks the house TV is his inherited property. According to him Cristiano Ronaldo is his die hard fan.

**Chandan Kumar - 5462:** His english is a nightmare for his juniors. This person had brought many changes to the mess; prayer. His most famous words are "11th standard! Move for rollcall!" He often takes Japanese classes for juniors.



**H C Shivam Kumar - 5007:** He is a studious house captain who is always found dating with Maths, Physics or Chemistry books. He believes that he's "007 James Bond". But unfortunately he depicts "Will Smith" from the movie "Men in Black".



**H C Rajan Kumar - 5006:** He is the "Maharaja" of his Chemistry master. He did not participate in Rangli trophy because his outposts was not sanctioned. A cricket fanatic.

**Aji Sagar - 5068:** He resembles the Ingepshan from the film "T". He boasts of a doctorate in Hindi. He is a die hard fan of Lionel Messi who inspired him to switch from right foot to left foot.



**Adarsh U S - 4956:** He is famous for his "Trivandrum slung". His bed resembles that of a junk yard. He is called Chama and has a resemblance to Jaka Sully in Avatar.



**Adarsh Menon - 4989:** He is rarely seen in the school because he keeps on travelling. He takes the tag of Mr. PINKNEY to do all his under cover activities. He is rarely seen in the study hall but keeps his consistency in receiving medals and merit cards.

**Ramesh Kumar - 5006:** His expression cannot be recognised due to his robotic skills. He gets mad when no one laughs at his dry jokes. His navaratri was exhibited during the tag of war competition.



**Praveen Hari - 4972:** He is the man who can take up any responsibility, seen always chasing or being chased by someone after every meal. A friendly guy with a majestic smile that can put any one to sleep.



**Harikrishnan H - 5046:** A person who is better known in the custom or care more than the cadets. He is a flying goalkeeper, who is behind every extra terrestrial activity in the house.



**Inban J Nair - 4928:** He is the "SK" runner who practices during the late night hours. His surroundings are pest free as he sings a lot from the lyrics cry in front of him when he sings.

**Aravind C II - 4976:** He led the Nehru house Top of war team. A daily collector of "Trivandrum Times", hates from Chandavala. He figures resemble that of "Cannon Ball" from Ben10. The Cadets mess is incomplete without him.

## ROUGES GALLERY

**Aashish M S - 5050:** His song "Malare" was well appreciated by "Santosh Pandit" and even made the poor Malar cry. He led the house volleyball team to the first position by sitting on the side bench. He believes he lost interest after hearing the result of IUPSC.



**Shrik Prasa - 4970:** He is popularly known as "floo". He proved his dancing skills during the Annual day. A totally unique guy a kind hearted Knight.



**Kumar Prathab M - 5060:** He is the Uman Bhat of Nehru house, who bagged the best athletes trophy. He is always seen singing malayalam songs. He is famous for his dialogue "A for Apple, H for Huda Apple".



**Vash Singh - 4980:** He thinks of himself as Salman Khan. The Michael Phelps of the pool. He has the super power to get marks by sleeping. He is a good cricketer and is seldom identified as an appointment.



**Ananthu Anil - 5056:** He lives by the motto to "LIVE", which stands for "Compete Full Entry". His footballing skills declared the result of the inter house matches making his house third. He started the year as an appointment but ended the year with great disappointment.



**Arun Raja - 4922:** He is not even recognised by Google. He is a calm guy who turns into "Action Hero Raju" when he's angry. He is a great MISSS aspirant. He is a silent guy whose presence is only felt in the study hall.



**Haroon Kasim - 5081:** He is a fitness freak whose glamour is unaffected by his heavy workout. His brother is more famous than him between his batch mates. When many were busy trying to win medals during athletics, he was busy trying to break records.



**H C Alex M - 5049:** A house captain who is a pet of his house master. His day starts with the hunt for his socks in his "well arranged room". He shows his house spirit by col-oring his teeth brown.





**Ushman B V - 2016** He went mad and started holding his "Major General" from the streets.

**"Tab Tak hai dar"** At the hand line of Ushman

Arora



**MCA Masood Mahmood - 2003** A friendly knight the cross country race was his best friend. One day one television news channel reported his father as the school volleyball coach as well as his assistant.

## ROUGES GALLERY

**H C Shabbir S.T.O - 2001** This guy is allergic to PP and Ganes, as he thinks he will get a sun burn. His notebooks and his loose creases are his two best friends. He is fondly known as "Snop".



**Ladshys Kumar G - 2012** He is a Bharos in search of his killer. He proved that one can have fun by sitting in a medical shop of a newspaper house and playing a good basketball player who never played a match for the school.



**Manthanak G - 2000** He is one of the rare things of the house. The only time he get angry was when some one insulted the girl friend.



**Alok Hassan - 2001** He is a hero of his juniors. He is an English who feels that his speed has given him the "first" look. He was more than the other terms than from the house. His money was spent.



**H C Mahan George Thomson - 2000** He never learned an as hard from capital, who is filled with unique capabilities. He is the first person in the (senior) class to be given a school appointment as job monitor.



**H C Gaurav - 2008** He writes and writes to still a investor, a good writer who always has cell call with his interesting speech, but with up to the minute and every one. He is only seen outside his room searching for his chocolate. His skills in entrepreneurship are developed with his research skills.



**SGT Arjun Rajeev Akhota - 2005** He is the role model of every cadet. A worthy agent of the house the "Staircase" is not only enough to two days work because the working area is not of course for him. His night watch is more important than that of U.S.A. army.



**M C Anand Rai 2005** He is a self justice because captain who made me his friend. He dream on his own.



**Anand Rai - 2005** The Dark Horse ever following and always into the things that are quiet.



**Cdt Arjun Noyal Manorene**  
2004 (School Cadet Captain)



**Cdt Nabeel Mohammed**  
2005 (School Cadet Captain)



**Cdt Abhishek AL**  
2001 (School Band Major)



Opening Ceremony



**THE SOUTH ZONE SAINIK SCHOOLS SPORTS & CULTURAL MEET**

Prize distribution of Debate contest

Sainik School Kachakootam was the host to the South Zone Sainik Schools Sports Meet which took place from 20<sup>th</sup> Jul to 26<sup>th</sup> Jul 2015 at the school. It is after a gap of

five years, the school is having the privilege of conducting this mega event. As many as 350 cadets from six Sainik Schools of South India took part in this championship. Competitions were held in all major areas such as Football, Basketball, Volleyball and Hockey. The winners of the tournaments took part in the Inter-Zonal Meet, which was held the next month. The winners at the national level in football represented Sainik Schools Society at the prestigious Sreevals Mookerjee Football Tournament held in Delhi. The sports meet was inaugurated on 20<sup>th</sup> July 2015 at the school parade ground. Brig Ganesh Baburao, Brigade Commander, 91 Inf Brigade was the chief guest and declared

the meet open. In addition to the games, competitions were also held in Quiz, Debate and Cultural events. Thus the brain and brawn of the participants were put to test in this championship. On the closing day the participants from various states presented variety entertainment programmes depicting cultural traditions of their respective states. Sainik School Kachakootam lifts the South Zone English Debate Trophy. It was a historic victory for Sainik School Kachakootam when it lifted the South Zone Sainik Schools English Debate Trophy consecutively for the third time in a row. The debate was conducted as part of the ongoing South Zone Sainik Schools

Sports and Cultural Meet held at Sainik School Kachakootam. Ten contestants from Sainik Schools of South India took part in the competition. Babu Nair of Sainik School Kachakootam was adjudged the best speaker while Goopyrath IV of Sainik School Bijapur won the second position. Eminent Professors of the language, Prof C Harinaran, Prof Prasad S Theena and Dr P J Jacob who adjudged the competition complimented the speakers for their stellar performance. Sainik School Kachakootam emerged as the overall champions and Sainik School Bijapur bagged the runners up position. Principal Col A Raju gave away the medals and trophies to the winners.



South Zone Quiz Contest





### Appraisals - NDA/INA Intake



Cdt Idhan Ramesh  
(5067)



Cdt Praveen Hari  
(4972)



Cdt Adarsh Menon  
(4989)

### Laurels bestowed upon them - AISSE - (Class X) March 2016



Cdt Nikhil Joseph George  
(5089)



Cdt Niranjan S Vijay  
(5082)



Cdt Mohammed Shah S  
(5088)



Cdt Arvind JS  
(5084)



Cdt Manoj Kumar  
(5085)



Cdt Sai JS  
(5086)



Cdt Prakash Kumar  
(5086)



Cdt Harikrishnan  
(5080)



Cdt Nandagopalan B  
(5089)



Cdt Sakin S B  
(5075)



Cdt Alfred Philip  
(5077)



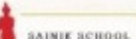
Cdt Ashutosh Jose  
(5080)



Cdt R Mohammed Bilal  
(5078)



Cdt Dhanvin Vinod  
(5080)



### Laurels bestowed upon them - AISSE - (Class XII) March 2016



Cdt Joel Sheen BS  
(5041)  
School First  
92.8% - 475/500



Cdt G Harshankar  
(5040)  
School First  
92% - 475/500



Cdt Praveen Hari  
(4972)  
School Second  
94.8% - 473/500



Cdt Sambhu J Nair  
(4961)  
School Third  
93.8% - 469/500



Cdt Afiy Shaha  
(5076)  
School Fourth  
92.8% - 468/500



Cdt Hari Shanker OK  
(5026)  
School Fifth  
92.8% - 456/500



Cdt Jayakrishnan JK  
(5030)  
School Fifth  
92.8% - 455/500



Cdt Yash Singh  
(4988)  
School Sixth  
92.8% - 454/500



Cdt Adarsh BA  
(5027)  
School Sixth  
92.8% - 454/500

### AISSE - (Class XII) March 2016 - Subject-wise Highest Marks



Cdt Aman Nayal Maureen  
(5034)  
English: 97/100



Cdt Akhmad Sahid S  
(5038)  
English: 95/100



Cdt Joel Sheen BS  
(5041)  
Mathematics: 95/100  
Physics: 94/100



Cdt G Harshankar  
(5040)  
Mathematics: 95/100  
Biology: 94/100



Cdt Praveen Hari  
(4972)  
Mathematics: 95/100  
Chemistry: 94/100



Cdt Sambhu J Nair  
(4961)  
Physics: 96/100



Cdt Jayakrishnan JK  
(5030)  
Biology: 95/100



Cdt Akhmad Paragol  
(4968)  
Computer: 97/100

### Laurels bestowed upon them - AISSE - (Class X) March 2016



Cdt Jay Prakash Anand  
(5027)



Cdt Rajesh Bhan  
(5025)



Cdt Manoj Kumar  
(5026)



Cdt Rink Raj  
(5029)



Cdt Abhishek A S  
(5040)



Cdt Vinish Kumar  
(5082)



Cdt Ashu Rishan K  
(5028)



Cdt Jawan Thahir  
(5022)



Cdt S Shambhu  
(5071)



Cdt Sachin Kumar  
(5071)



Cdt Abhishek A  
(5041)



Cdt Akshay A  
(5045)



Cdt Ganesh Menon  
(5050)



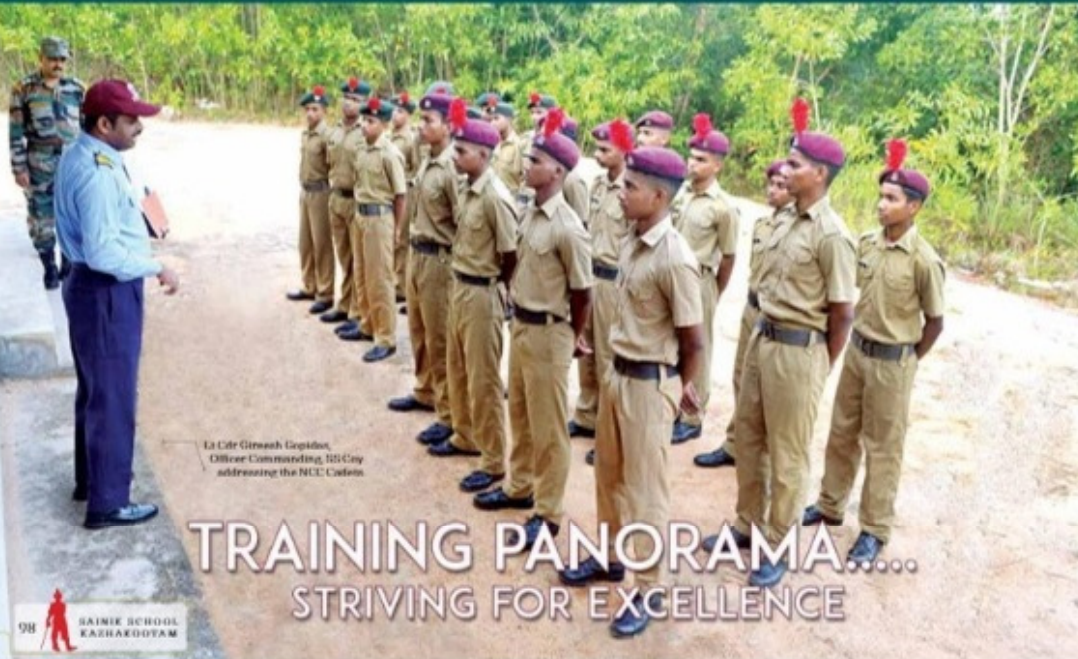
Cdt Sijay Rajy Nair  
(5070)





**S**ainik School has an NCC Coy of 560 cadets under the command of the Vice Principal Lt Cdr Girish Gopidas. School Cadet Captain Aman Noyal Mascarene visited Vietnam and Cdr Adarsh Menon visited Sri Lanka as part of the Youth Exchange Programme. Other activities of NCC include participating in the RDC Parade at Delhi, 04 SD Cadets and 01 JD Cadet was selected for RDC parade 2016, Cdr Jeevan AC was selected as Best Cadet in I GC RDC 2016. Cdr Karthick Saraj was awarded the Best Flag Area Briefing. 13 cadets attended the National Integration Camp held at Alleppey & Kozhikode, Cdr Anand Sel SS attended the special NCC held at Noida, 287 cadets of SS Coy NCC attended a CAT held at our school from 09 to 18 Aug 2015. Cdr Santhana J Nair and Cdr Praveen Hari got Chief Minister's Scholarship for NCC cadets and Cdr Sanjay Krishna R of 2014-15 batch received the Best Cadet Award. All the SS Coy NCC participated in the International Yoga Day, at SS Coy NCC on 21 June 2015 at Sainik School Parade Ground. All 503 cadets of this Coy NCC participated in Swatch Bharat Abhiyan on 02 Oct 2015, and they also participated in Social Service Activities in connection with World Environment Day. Senior Division Contingent of SS Coy NCC participated in ID Parade held at Chandra Sekharan Nair Stadium. Certificate Exam for the year 2015-16 was conducted, 112 cadets for 'K' Certificate, 56 cadets for 'B' Certificate. Certificates were awarded to all the cadets.

# SS COY NCC Activities



Lt Cdr Girish Gopidas, Officer Commanding, SS Coy addressing the NCC Cadets

## TRAINING PANORAMA..... STRIVING FOR EXCELLENCE



Mr. Devapalan Nair (I), Selection Grade, Typist of the Coy NCC superannuated w.e.f. 31<sup>st</sup> Jan 2016, who has also served in the Indian Air Force as Senior Non-commissioned Officer for 23 years.



Mr. Shankardevan S., Senior Clerk of this office was promoted to the post of Junior Supt. and transferred to NCC Directorate (KRI), Thiruvananthapuram w.e.f. 30<sup>th</sup> April 2016. He has a long tenure of 16 years service in Sainik School Coy NCC. He was also on for services on served in the Indian Army for 15 years.

### Youth Exchange Programme - YEP



SSC Aman Noyal M      S/O Adarsh Menon

SSC Aman Noyal M visited Vietnam and Cdr Adarsh Menon visited Sri Lanka as part of the Youth Exchange Programme (YEP).



### To the Rajpath - Attended Republic Day Parade, New Delhi



Cdr Nikhil P S (579)      Cdr Jeevan AC (584)      Cdr Karthick Saraj (580)      Cdr Anand Sel (588)



### Eminence through Excellence...

Sitting (L-R): S/O Manoj P, S/O Alex Abraham, Lt Col B Girish Kumar, Col A Raju, Lt Cdr Girish Gopidas, S/O Mathew K Thomas, S/O Warinder Kumar, Standing (L-R): S/O Shambhu, S/O Sathesh Kumar, S/O Sandeep, S/O Shankardevan Nair, S/O Devapalan Nair, S/O Ajith Kumar, S/O Rajesh Kumar, S/O B Rishu.





# Passing Out Parade

2015/2016

**T**he Passing out Parade of the class XII cadets (Batch of 2016) of Sainik School Kazhakoottam was held on 19 Dec 2015 at the School Parade Ground. Seventy cadets of the outgoing batch passed out of the portals of their alma-mater after seven years of rigorous academic and military oriented training at the school, in a colourful and impressive Passing out Parade. Air Marshal P N Prudhan, AVSM, Senior Air Staff Officer, HQ, Southern Air Command, Akkulam, Thiruvananthapuram reviewed the parade in which ten contingents including two passing out contingents constituted the parade formation. The School Cadet Captain Aman Noyal Mascarene commanded the parade and the School Cadet Adjutant Nabeel Mohammad was the parade Second in Command. The School Band accompanied the march past and added melody and colour to the ceremonial parade. While addressing the gathering, the Reviewing Officer complimented the cadets for their immaculate turn out and excellent standard of parade.

Medals for the outstanding cadets who excelled in various fields were also awarded by the Chief Guest. The Medal for the best All Round Cadet was awarded to Senior Sergeant Praveen Hari. The medal for the best cadet in academics was awarded to the Cadet Santhanu J Nair. Glt Kumar Prutevik was awarded the medal for the Best Sportsman. A large number of invitees, parents, Old Boys and students from other schools witnessed the colourful parade. A large number of Serving Officers including Brigadiers, Dignitaries from the State Govt. also witnessed the parade.

Principal Col A Rajiv thanked the Reviewing Officer, parents and invitees for their benign and motivating presence.





# Annual Inspection

By **Capt G Rambabu (IN)**  
 Inspecting Officer, Sainik Schools Society  
 New Delhi



**A**nnual Inspection of the School after a long five years gap was carried out by Capt (IN) G Rambabu, Inspecting Officer, Sainik Schools Society, from 5 to 8 October, 2015. All documents related to academic/administrative including finance were inspected. A thumping appreciation was received from all fronts. Principal was in complete praise for the team for their meticulous and professional acumen in handling of academic as well as administrative matters.











## World's Greatest COINCIDENCE

**A**braham Lincoln and John F. Kennedy... Both of them were the presidents of the United States... and both were shot dead... coincidence? Not just this, there are many more



Agin S Dileep  
(3004)

➤ Abraham Lincoln became the president of the USA in 1861 and perfectly 100 years later i.e., in 1961 John F. Kennedy was elected as the president of the United States.

➤ Lincoln had a Personal Assistant named Mrs. John' and Kennedy had a Personal Assistant named Mrs. Abraham'.

➤ Both of them were criticized while in power and became heroes after death.

➤ Lincoln was killed while watching a play in a theatre named Ford and Kennedy while travelling in a 'Lincoln Edition' Car built by Ford.

➤ Both of them were killed on a Friday.

➤ John and Abraham were shot dead behind their head and in the presence of their wives.

➤ Both the killers were shot dead without any trial.

➤ Minutes before his death Lincoln said to his security guard 'If someone wants to kill me they'll do it'. And Kennedy said to his guard, 'If someone is waiting with a gun to shoot me. None can stop him, he'll succeed'.

➤ So what do you expect? Was there really any connection between the murders? Or is this only fake facts? The People who know the truth is buried... so is the truth!



### मैं क्या लिखूँ आज फिर?



Manoj Kumar  
(3221)

मैं हूँ उदास आज फिर,  
मैं क्या लिखूँ आज फिर?  
खून से सशयल अक्षर मिलता आज फिर,  
दर्द मैं दूबी है मानकता आज फिर,  
क्या दर्द-ए-बेहोशी है विरिया कस?  
क्या हाल-दुःखिल है अकामनी का?  
कलमा है मानकता हर गली में  
मैं क्या लिखूँ आज फिर?  
हुआ होगा कासा जामन शेरलर्मी का  
कलमा होगा गोली किसी सीने में  
कुछ इस तरह रक्तसिक्त अक्षर मिलता  
मैं क्या लिखूँ आज फिर?  
है इस लम्बा मेरे दिल का,  
रहे सब खोई मिल कर,  
पर है जहाँ का यक्षार्थ चलता  
मैं क्या लिखूँ आज फिर?



Deepak Kumar  
(3649)

पिछले जमाने में बेटे अपने माता-पिता को ही अपना बगवान मानते थे। माता-पिता की आज्ञा और इच्छा को पालन करनेवाला ही उनका सुंदर सा सुकुमार होता था। जब भी माता-पिता को उनके बच्चे उन्हें पढ़ाते हैं उन्हें अलग उन बेटों में से थे जो अपने प्राण को अपने अगे माता-पिता के दरमियाँ में समर्पित कर दिए थे। बेटे वे होते हैं जो मजे पन तक अपने माता-पिता की रखा के लिए उत्तर होते हैं।

लेकिन आज के बेटों के बारे में कहना कर्ब के बतबर है। वे उन बच्चों में से हैं जो अपनी माता-पिता के प्यार को नौकरी मिलने के बाद भूल जाते हैं। कभी-कभी सारी के बाद भी।

कहानी बहुत समय पहले की बात है। मरिचपुर गाँव में एक अखंड अपने बेटे के साथ रहती थी। जब उसका बेटा सात भर कर था तब उसके पिता का देहल हो गया। सभी परेशानियों को देखने के बाद भी उसने अपने बेटे को बहुत लाडल-प्यार

से पाला। जब उसका बेटा चार साल का हो गया तो उसकी पिता बच्चे लगी। अब मैं कैसे पढ़ाऊँगी? क्या पढ़ाने को दूँगी और क्या खाने को दूँगी। कुछ घंटों सोचने के बाद अगले दिन उसने रामानंद सागर के घर में नौकरी की नौकरी ले ली और दिन-रात एक कर दिया। पैसों का इंतजाम होते ही उसने अपने बेटे का नाम स्कूल में लिखा दिया। जब पैसे समय पर जमा नहीं होते तो उसे शिक्षकों से बहुत कुछ सुनने पड़ते थे। उसने अपने बेटों को अच्छी शिक्षा दिला दी और उसकी नौकरी के लिए अपना पूरा जमीन और घर बेच दी। लेकिन उसका बेटा अपनी माँ की मजदूरी न समझ सका। उसकी माँ ने कौन बेटा नौकरी के बाद मेल खाता रहेगा। लेकिन नौकरी के बाद उसने सारी की तब तक उसके दिमाग में उसके माँ का ख्याल नहीं जमा। उसकी माँ बहुत के किनारे इच्छा में रहती थी। जब उसे मातुम हुआ कि उसका बेटा नौकरी कर रहा है फौरन वह उससे मिलने गई।

तब उसके बेटे ने मिठारी समझकर कुछ पैसों दान दे दिए। उसकी माँ ने सोचा पैसा ने उसे अभा बना दिया है और वह अपना प्राण त्याग दिए। एक दिन उसकी पत्नी ने उसकी माँ के बारे में पूछा तब उसने दुःखी से खीन जाने का निर्णय लिया। वही पढ़ावने के बाद मातुम चला उसकी माँ मर गई है। तभी एक सुक शील, बेटा, मरने के पहले तुम्हारे लिए एक पत्र छोड़ गया है। जब उसने पत्र खोला तो उसने लिखा था - 'बेटा मैं तुमसे मिलने जमी थी लेकिन तुमने मुझे मिठारी समझा कोई बात नहीं मैं खुश हूँ क्योंकि मेरी मेहनत रंग लाई।'

बेटा जब तुम दो साल के थे तब मैंने तुम्हें अपना एक अखंड दिया था लेकिन कभी तुमने इसके बारे में मुझसे नहीं पूछा। अब इसे संभालकर रखना। तुम्हारी मिठारी माँ।

जहाँ-जहाँ तुम बदल रहा है।

बेटों की क्लानियाँ बदल रही हैं।



ചിരിയ്ക്കു "സെൻ്റോ നോൺ അൻ തിരിനാമകളാണി". സന്തോഷം കൊണ്ടാണോനാനിരിയ്ക്കു. അതിനു വിനയ്ക്കു ന്യായമായിരുന്നു. "ഈയിൽ സർവ്വസംസ്കൃതത്തിൽ ചാർത്തം ഉണ്ടാകാൻ പാത്രത്തിൽ ചെറിയൊരു വൃത്തിയാ ന്യായം വ്യത്യസ്തമായിരിക്കാമെന്നു ചാതു. അത്രയും ചിന്താതന്ത്രം". സെൻ്റോയ്ക്കു മേൽ അതിശയ്യ മേൽ അത്യപഹ്യാ ഉദ്യമത്തിൽ ചിരിയ്ക്കു. സിന്ധൻ മേൽ ചിന്തിച്ചുവെച്ചു ന്യായം ചാതു നോം പാത്രത്തിലിന്നി വ്യത്യസ്തം.

ചിരിയ്ക്കു നോമ്പിലെ ചാതുരതിനോൺ ആർക്കു ചിരി യ്ക്കു ചിന്താതന്ത്രം പ്രചരിപ്പിച്ചുവെക്കാനോ ന്യായം നോമ്പിലെ ചാതുരതിനോൺ ആർക്കു ചിരിയ്ക്കു. അതിശയ്യ മേൽ അത്യപഹ്യാ ഉദ്യമത്തിൽ ചിരിയ്ക്കു. സിന്ധൻ മേൽ ചിന്തിച്ചുവെച്ചു ന്യായം ചാതു നോം പാത്രത്തിലിന്നി വ്യത്യസ്തം.

മേൽനോട്ടു നോമ്പിലെ ചാതുരതിനോൺ ആർക്കു ചിരി യ്ക്കു ചിന്താതന്ത്രം പ്രചരിപ്പിച്ചുവെക്കാനോ ന്യായം നോമ്പിലെ ചാതുരതിനോൺ ആർക്കു ചിരിയ്ക്കു. അതിശയ്യ മേൽ അത്യപഹ്യാ ഉദ്യമത്തിൽ ചിരിയ്ക്കു. സിന്ധൻ മേൽ ചിന്തിച്ചുവെച്ചു ന്യായം ചാതു നോം പാത്രത്തിലിന്നി വ്യത്യസ്തം.



# Something Left Unsaid



Agni S. Dizeep (1304)

be much more. But my instincts didn't allow me, how would she feel.

Years passed by again. I was in the church for her wedding. She looked like an angel in her wedding gown. Seeing me she came running and hugged me and said 'I knew you would be here..'. I wanted to ask her to marry me.. But I felt it was late.. Years passed by again and I remained single. One fine morning, I was informed that she had passed away the previous night. Standing at her funeral with a heavy heart, I was almost shattered, because she meant everything to me. After the funeral her sister approached me with a letter. "she asked me to give this to you," she said and gave it to me.

I opened and read it.

"I wrote this letter because, I cannot suppress my feelings anymore. I have been noticing you from our school days. You used to stare at me most of the days. I often noticed you too. But I always wondered because, even though there were many more beautiful girls than me, you used to stare at me. On the day when my boyfriend left me, you were there to help. On that day I wanted to tell you that you meant something for me, but I was afraid how you would take it. Even on the day of my wedding, I wanted to tell it to you but I thought how you would react, so I didn't do it. Without you my life is always incomplete nobody else can fill that gap and I will and always love you."

I was shattered...

I was in eighth grade and three benches ahead of me there was a girl. She was very beautiful. I used to stare at her often and most of the times she used to notice it. She used to approach me for help and I used to do it for her whole heartedly because she was special for me. I wanted to tell it to her, but I was scared of how she would react. So I never did. As years passed I made a good bond with her, not as a lover, but as a good friend to share everything.

It was on the day before the promenade, her boyfriend cheated her, and she was alone for the promenade. So she asked me to accompany her and I was happy doing so. After the function she hugged me and said "You will be my best friend forever." I wanted to tell her that I wanted to

One fine morning, I was informed that she had passed away the previous night. Standing at her funeral with a heavy heart,

# Mesmerising A LEGEND



He asked the youth in India to think differently, to travel the unexpected paths to discover the impossible, and to conquer problems.



G. Anurita (1728)

Like for every other Indian, my heart was badly inflicted by the wounds caused due to the sudden death of the man who gave wings to the dreams of the youth in India, Dr. APJ Abdul Kalam. It was a huge blow to our country as we lost a great visionary, an acclaimed scientist, a leader and an eminent educationist. He was known as the "People's President" and was known world wide for his simple living and high thinking.

Even during his presidential years, he always found time to interact with the commoners and students. Though a multifaceted personality, he always liked to be known as a teacher and took great interest in igniting the minds of the youth in India, through his speeches and writings. Ironically, Kalam passed away while doing what he loved the most - interacting with students. He asked the youth in India to think differently, to travel the unexpected paths to discover the impossible, and to conquer problems. He was confident of India attaining the title of a superpower nation which he conveyed to all through his book 'vision 2020'. He was also instrumental in the nuclear tests

conducted at Pokhran and the launching of the Agni missiles thus earning the title 'missile man'.

Although he was born in a poor family, he showed the world that hard work and simplicity can take you to great heights. We can be proud that his birthday October 15 has been declared as students day. Today, his body has left us but his 'wings of fire' will flutter in the air forever. He will always remain in the hearts of Indians and continue to inspire generations after generations.



# The Menace of Stray Dogs & its Solution



Akhish J S  
(15691)

dog lovers should try to domesticate some of the stray dogs after taking all the prevention and safety measures. Some time ago our Government had made plans to catch maximum number of stray dogs and vaccinate them against rabies. But the co-operation of common man in

this was not so good and this plan became an utter failure. We the people should try to co-operate with each other and with Government, only then we can reduce the problems caused by the stray dogs. Think of a situation where you are going somewhere urgently running and a stray dog sees you and chases you. Another major problem caused by stray dogs is that they cause accidents to the two wheelers. When a man is going on a two wheeler if a dog suddenly hops in front of the bike, it is sure that he would have to spend a good time in the hospital for the next two weeks. So it is better that we humans take care of ourselves. The Government should implement more plans like what I have mentioned above. The most important thing than implementing law is that people should try to make it into a system. People should try to co-operate with the Government and make their places stray dog free zones.

The menace of stray dogs or otherwise the problems faced because of stray dogs is a main nuisance in Kerala. A solution which Kerala found was to transport all the dogs to Nagaland because over there it can be used as food.

The main problem of stray dogs are that they are the carriers of rabies causing viruses. When these dogs bite us or even if their nails just scratch on our body, it could even be our death. If we take the case of our own school campus, there were several cases of dog bites. But luckily there were no instances of rabies. What our school did was they caught all the dogs and took them outside the campus and it gave some relief to us. But a state or a country can't do that thing, because transporting all stray dogs to the next country can even cause world wars. A world war just because of some silly dogs. No one would have thought of it.

We can just get rid of these just by taking some measures. There are lots of pet lovers in our society, all those who are

Some time ago our Government had made plans to catch maximum number of stray dogs and vaccinate them against rabies. But the co-operation of common man in this was not so good and this plan became an utter failure.

## एक बात



Sachin Kumar  
(15786)

हिन्दी एक सफर है  
गैत की नहीं कोई खबर है,  
जब सब को होता एक दिन जाना,  
फिर क्या है इतना झरना।  
आज जो है फिर के दुकाने  
कत ने बिछड़ जाये  
इस दुनिया में जीतकर  
फिर कमी न जाये।  
मला और गिला सब प्यार  
मित्र रागी और घर,  
सबकुछ टुट जायेगा।  
बस टैमान वाली रह जायेगा।  
चिखाने जैसा कर्म किया  
देख ही फल पायेगा।  
नर्वाह भी एक दिन जायेगा।  
फिर कमी न जायेगा।

## हिन्दी - हिन्दी देश की भाषा



Aman Kumar Singh  
(15723)

हिन्दी-हिन्दी देश की भाषा,  
जब सब को अपनाया है।  
भारत की ही नहीं, विश्व की,  
भाषा इसे बनाया है।  
अपनी भाषा के दिन कोई  
देश क्यों कैसा लत पाता।  
बात नहीं है, एक दो दिन की  
भारतीय भाषाओं के संग  
हिन्दी को सहजता है।  
राज सत्त भाषा बनकर भी  
अपने अंगन की अपेक्षा है।  
अनसूचित सा दर्द अंबाना  
कब तक नूँ सहजता है।

हिन्दी विश्व जते पाते हैं।  
किन्तु हिन्दी की बात अद्वैती  
देश मोहवाज अंग्रेजी का।  
कब तक यह कैसी मज़दूरी  
'बन्दे मातरम्', 'जन गण मन' की  
गीत इसे जोहरता है।  
स्वातंत्र्य के उपवन में भी  
आज गुलामी का बोलबाला है।  
वातपीत और कर्मकाव में  
अंग्रेजी का ही रीन है।



Satyanand Kumar  
(15015)

I love Punjab for fighting  
Bengal for writing  
Goa for beaches  
Kashmir for Beauty  
Maharashtra for victory  
Rajasthan for history  
Himachal for apple  
Odisha for temple  
Gujarat for Gandhi  
Kerala for Rain  
Thus you see  
I love my country.

# Lessons I Learned From South Zone Meet - 2015



Jerry Mathew Ninan (5198)

There is pride in representing our school. Even though one may fail, this would be enough to keep him running. This increases the positive attitude of the students.

The south Zone Meet 2015 was conducted in Sainik School Kazhakoottam from 20-07-2015 to 26-07-2015. It was a very enlightening event for many of the cadets and masters of our school. We learned a lot from our sister organisations, SS Korkunda, SS Kodaga, SS Amaraswathi Nagar, SS Bapatpur and SS Kalikeri. This meet took place, after a long gap of so many years, the one in which SS Kazhakoottam stood first with distinction. So, obviously, there were so many lessons to be learned from this meet. I was selected as an ensurer for junior football matches. It was such a rich experience. I learned to coordinate an event, assist the coaches and many more. But overall, what I felt was that even though this is a sports competition and we compete for points, this brought our schools close together; as a family we cheered together at the sidelines, we muttered together at the misplays, we howled together at the victories and we silently walked away together at the failures. In the end, when we were watching or playing a match, there were no divisions or partiality. They were to play and win. Everyone is part of a team. And especially, I should mention, when our school won, we rejoiced together as a team. There was no junior or senior there, even the Principal celebrated with us. This showed us the meaning of such events. It's not only for the event but also for the unity in the school.

When a person hit a goal, it wasn't just him hitting it, but the whole school as a team, cheering him, supporting him, encouraging him. It's all these little things that made life livable. There are many other things that I learned from this meet.

There is pride in representing our school. Even though one may fail, this would be enough to keep him running. This increases the positive attitude of the students. As I have written before, I also learned the art of co-ordination from this meet. Before every match, there were students, masters and officials who worked hard to make it a success. I learned the hardships of controlling the masses, supporting the officials and the overall conduct of the event. So I can say that this sports meet has taught me a few lessons about life. Knowledge comes from unlikely places, don't you agree? So always remember my words. A sports meet taught me all this. So think what your life can teach you. Keep trying. Best wishes.



# Who is God?



CH Harresh (5299)

Who is God?  
 A Hindu will say, Vishnu is God  
 A Muslim will say, Allah is God  
 A Christian will say, Jesus is God.

But I say  
 A person who sacrifices his time for the world.  
 A person who sacrifices his pleasures for the world.  
 A person who sacrifices his life for the world.  
 A person who sacrifices himself for the poor,  
 A person who can help the poor come up,  
 A person who can teach the poor,  
 And guide them on the right path,  
 A person who helps everyone in danger.

A person who treats everyone equally,  
 A person who shares the sorrows of the people  
 And helps them to make people happy  
 And a person who treats the little ones as his own God.  
 Is the God!!

# Maths Magic



Vahujan Kumar Singh (5511)

## 01. Fun With 37

$37 \times 3 = 111$   
 $37 \times 6 = 222$   
 $37 \times 9 = 333$   
 $37 \times 12 = 444$   
 $37 \times 15 = 555$   
 $37 \times 18 = 666$   
 $37 \times 21 = 777$   
 $37 \times 24 = 888$   
 $37 \times 27 = 999$

## 02. Reverse Answer

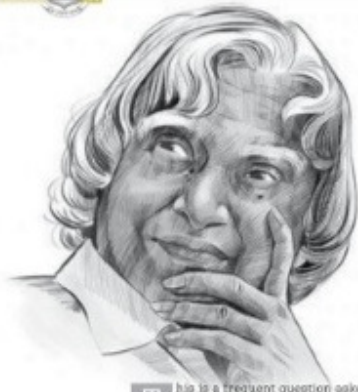
$9 \times 9 = 81$   
 $9 \times 9 = 81$   
 $24 \times 3 = 72$   
 $47 \times 2 = 94$   
 $47 \times 3 = 94$   
 $497 \times 2 = 994$   
 $497 \times 2 = 994$

03. You can arrive at 100 by using 123456789  
 Answer =  $9 \times 8 + 7 + 6 + 5 + 4 + 3 + 2 + 1 = 100$



# They Said These ...

- "Character is like a tree and reputation like its shadow; the shadow is what we think of it; the tree is the real thing."  
 - **ABRAHAM LINCOLN**
- "Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen."  
 - **WINSTON CHURCHILL**
- "Make sure that you chase your dreams, but also make sure that you never take shortcuts."  
 - **SACHIN TENDULKAR**
- "Love is not with the eyes and therefore its winged cupid painted blind"  
 - **WILLIAM SHAKESPEARE**
- "Tell me and I will forget, Teach me and I may remember, Involve me and I learn."  
 - **BENJAMIN FRANKLIN**



Adityakumar (15489)

This is a frequent question asked by most of the officials world wide. India with its 68 years of Independence, with one of the elite Defence Forces in the world and with a large diversity of people ranging from scientists to farmers has done a great deal in bringing up the country. But the headline here, has been given some alteration by the media, "Will India become a super power @ 2025?" This has come down to the only word which caught most of the politician in our country and made them corrupted. Corruption has led the growth in our country both democratically and economically very slow. It has become a barrier in the growing GDP OF INDIA.

Compare ourselves with Japan, (not with USA) it has been independent for almost 200 years. During the II<sup>nd</sup> world war, Japan had in its defence treasury, 10 aircraft carrier (India has only 2 now), 50 lakhs of soldiers, 75000 fighter planes



(which they made like, building cars) and other huge number of goods. But after the war, Japan became a wasteland. Hit by 2 nuclear bombs at Hiroshima and Nagasaki and with governing and defense rules imposed by USA, Japan was tarnished. But still Japan with a small land area has found its way through technology and shifted into techie world.

But in India, we don't find this. Corruption has left India degraded. There were many heroes like APJ Abdul Kalam who lifted India in its present state. The present Government must take some specific and must make India a corruption free country, thus making India one of Superpowers in the world.

# Will India Become Superpower @2020

While we were packing, some one came running from forest. My heart started beating very fast. We were terrified and we began to shout.



We Welcome...



They tota at their Rhythmic moments - 10<sup>th</sup> Day 10<sup>th</sup> Junior



Cleanliness drive - Gandhi Jayanti Day - Swatch Bharat



School Captain Cdr Aman Noyal receiving a memento from Capt (IN) Louis George



90<sup>th</sup> LIA Meeting in progress



On run - Inter house Cross Country Race



'Vaidya Prashnam' - Inter house Malayalam Debate



SAINIK SCHOOL KAZHAKOOTAM 121



## Annual Day 2015/2016

The 56<sup>th</sup> annual day celebrations of Sainik School Kozhikode was held on 19<sup>th</sup> December at the school auditorium. Shri V H Senthil IAS, Addl Chief Secretary & Secretary General Hdn Dept, Govt of Kerala graced the occasion as Chief Guest and gave away the trophies and medals to the outstanding cadets who excelled in academics and various Co-Curricular activities. Principal Col A Maju presented the school annual report for the academic year 2015-16 highlighting the achievements of the school in various fields. A large number of dignitaries, parents and old boys attended the colourful function. Speaking on the occasion, the Chief Guest complimented the cadets for their excellent performance in Scholastic and Non Scholastic activities and

called upon them to rededicate themselves to the task of nation building. Administrative Officer Lt Col B Girish Kumar welcomed the gathering and introduced the Chief Guest to the audience. Vice Principal Lt Col Girish Gopinath proposed the vote of thanks. The annual day celebrations culminated with a magnificent and vibrant cultural extravaganza as 'Waste Du Boshwar' presented by the cadets. Shri M Jayachandran, the renowned musical maestro of south India graced the occasion and enthralled the audience with his melodious voice. The audience was captivated by the melodious songs, soul stirring dances, ham crava skills and thought provoking mime presented by the cadets. The programme was well appreciated by one and all.





# Annual Athletic Meet



# Annual Athletic Meet

## Grand Opening



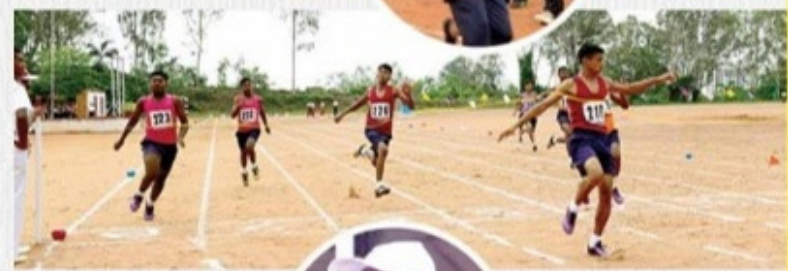
The 54<sup>th</sup> Annual Athletic Meet of Sainik School Kashiakottam was declared open at the school parade ground on 20<sup>th</sup> October 2015 by Shri Jiji Thomson, IAS, Chief Secretary, Govt of Kerala who graced the function as Chief Guest. The gala event commenced with a Mass PT Display by the junior cadets. A mesmerizing band display by the school band and aerobics by the Sainik LP School children added melody and colour to the opening ceremony. It was followed by a vibrant and colourful opening march past led by the school cadet captain Aman Noyel Muzhappan, in which the chief guest received salute.

Speaking on the occasion, the chief guest complimented the cadets for their immaculate turn out and well disciplined movements which were on display. He also lauded the contribution of Sainik Schools in shaping a bright future for the students and thereby building a stronger India. He exhorted the cadets to maintain the principle of 'Discipline, Demeritization and Dedication' that should be the guiding principle of every student, he reminded.

The Principal Col A Raju welcomed the gathering and introduced the Chief Guest to the audience and the Administrative Officer Lt Col H Girish Kumar Proposed the vote of thanks. The first lady of the campus, Mrs Anu Raju, lit the spirit of the meet, which was carried by a worthy old boy of the school, Mr Nivedin Gopal, an engineering student belonging to the 2012 batch, who later transferred the flame to the flame of the meet. An impressive gathering of OMI boys, parents and other invitees attended the function.

## Closing Ceremony

The closing ceremony of 54<sup>th</sup> Annual Athletic Meet was held on 22<sup>nd</sup> October 2015. Principal Col A Raju welcomed the Chief Guest. The grand finale of the meet brought the memories of the Olympics. Sri TP Sankaran IPS, IAS, State Police Chief graced the occasion and gave away the prizes and trophies. The closing ceremony was yet another memorable event with the Karate display, Mass PT display, band display and cultural pageantry. The champion houses are the Prasad in the senior section, Shreeji in the junior and the Dappu in the sub junior section. Vote of thanks was delivered by Lt Col H Girish Kumar, Administrative Officer. In the end Chief Guest congratulated all the winners of the event.





Entertainment Programme by the Academic Staff - Children's Day

Cadets in Yoga - Yoga Day



Shouldering responsibility  
Investiture Ceremony

A well loaded merrymaking moment  
Housa Day Jokers



Floral Decoration by the Day Schedulers - Chrous Celebrations



80<sup>th</sup> LSA Meeting in Progress

# Pot Pourri

Housa Day Celebrations - 10th Junior Housa Day



Laying the lamp by the first lady of the campus - Chrous Celebrations



School Athletic Team

Sitting Row-01 Prateek, CHM Shakti, Mr. K Rajendran, Lt Col B Girish Kumar, Col A Raju, Col G Venkatesh Dasgupta, Mr Justice KJ, Mr Raju Hanganur, CHM Kevathi  
Standing Row-01 Adarsh Dasgupta, Shikha Vigneshwari, Ishana J, Harman Kumar, Akshay KJ, Saran S, Nandini KR, Ashish A, Manohar Kumar, Saurabh Kumar



School Band Team

Sitting Row-01 Mr. Madhav KK, Mr. K Rajendran, Lt Col B Girish Kumar, Col A Raju, Col G Venkatesh Dasgupta, Mr. Manoj, Band Manager Abhishek AJ  
Standing 1<sup>st</sup> Row Row-01 Nishant Kishan JH, Akash P, Ramesh D, Vignesh A, Divya J, Akshay AJ, Vishnu AG  
Standing 2<sup>nd</sup> Row Row-01 Akshay Dasgupta, Ishana, Anjali Varad, Anand A, Adhwan NK, Saran S, Sahasrith Dasgupta, Anandakrishna P, Ishana S, Divya  
Standing 3<sup>rd</sup> Row Row-01 Ishana J, Divya Manojkumar, Divyansh D, Divya, Shikha Kishan, Akshay S, Jashvi Vignesh, Maheshwar Sahel, Anand Dasgupta



**Sitting (L-R):** Suresh Vignesh, Mr. K Rajendran, Lt Col H Girish Kumar, Col A Raja, Col Gireesh Gopidas, Mr. Mathew K Thomas, Allen Indu  
**Standing 1<sup>st</sup> Row (L-R):** Hitesh Raj KJ, Noyel Sunny, Devind K, Sagar K, Ananthalingam SB, Alwin S, Anshulay, Akarishna Phdya, Anil Jayaram  
**Standing 2<sup>nd</sup> Row (L-R):** Akhwan, Suresh D, Akhoy Joy, Vychanar Gopi, Vignesh Raj, Girish S Kumar, Anand Akrishnan, Anil Raj, Akhilesh S



**Standing (L-R):** Yathu Krishnan, Ajay Shankar, Bharath S, Arunraj Kumar, Amit raj, Nandagopon S, Dharvin Vinod, Koushan Prasad, Kundhir Kumar, G Suresan, Sreejith, Sreenadh  
**Sitting (L-R):** CHIM Kiri, Mr Alex Abraham, Lt Col H Girish Kumar, Col A Raja, Lt Cdr Gireesh Gopidas, Mr K Rajendran, Mr Anil, CHIM Sakethi Singh



**Sitting (L-R):** CHIM Keerthi Singh, Mr KS Anong, Mr Halansuragan N, Mr K Rajendran, Lt Col H Girish Kumar, Col A Raja, Lt Cdr Gireesh Gopidas, Mr Mathew K Thomas, Mr Unnikrishnan G, Hiranshu Kumar, CHIM Shaikhi Singh, **Standing 1<sup>st</sup> Row (L-R):** Mandarap Hanada, Kashyap Renukan, Deepak Marandi, Navon M, Mona Kumar, Ishinraj R S, Allen Babu, Varun K, Adarsh, Mathew K K, Ankit Raj, Harikrishnan R Jaidip PM, Sanay Arya, Arjan Mohan, Sidharth Mohan, Satyanand, Sebastian Jose, **Standing 2<sup>nd</sup> Row (L-R):** Anil Jayaram, Kripa Shankar, Mangalam, Sanjay krishnan, Abhay Pradeep, Vidhu Krishna, Mohamad Shuk, Manoj Kumar, Anaraj Kumar, Albert Georgey, Amarnath S, Anil Raju Anil Raj, Geelal Pradeep, Sumanak Raj, Vaishakh H, **Standing 3<sup>rd</sup> Row (L-R):** Vishvajit Kumar Singh, Shabbaz Sinha, Aditya Narayanan, Sunarjot Kumar, Akshay S, Anam Ishaq Manzura, Divakar Kumar, Yogesh Raj, Justin Varughese, Alvin Chertan, Rajan M, Ananthanay, Rahul Ranjan, Abhishek AI, Gokul S, **Standing 4<sup>th</sup> Row (L-R):** Pranav Kumar, Kumar, Adarsh Gopin, Anil V Varsheth, Utkik Raj, Vishnu Gopi, Adil, Akhoy Joy, Akhilesh S, Raksh Nayak



**Sitting (L-R):** CHIM Shaikhi, Mr. K Rajendran, Lt Col H Girish Kumar, Col A Raja, Col Gireesh Gopidas, Mr Gireesh KB, CHIM Keerthi Singh  
**Standing 1<sup>st</sup> Row (L-R):** Rudhresh, Girvan, Manu, Shantanu, Raajesh, Anan, Yash, Mihvan, Adarsh V Nath,  
**Standing 2<sup>nd</sup> Row (L-R):** Rajan, Shivan, Rahul Kumar, Sachin Kumar, Praveen Hari, Akash PK





**Sitting (L-R):** Anas Mool, Harjot Singh, Subodh Singhania, Gaurav Singhania, Col A Raju, Lt Col B Gaurav Kumar, Mr K Rajendran, Harjot Singh, Mr. Mathew K Thomas, Mahesh Maheshwar M. **Standing (1<sup>st</sup> Row L-R):** Jit, Neha P, Rishik, Hanamanta, Anand, Akshay Gaurav, Anand Singh SA, Jigar K, Jyoti AC, Arjun A Das, Brijesh Singh, Madhu KK, Prakash V, Karthik Suresh Babu, **Standing (2<sup>nd</sup> Row L-R):** Chandan Kumar, Adarsh A, Akash, Ashwini, Alon Singh, Satish, Babu, Shivam Kumar, Anand Babu, Anand, Harishankar, Akh, Mahesh, Suresh Kumar, Anand V Sathyan, **Standing (3<sup>rd</sup> Row L-R):** Abhishek, Anand, Alon, Akshay K, Vish, Omkar, Raju, Rohit Kumar, CHM Kavitha, CHM Shakti, Sushila S, Mahesh Gaurav, Anand, Anil, Praveen Hari, Anand Singh, Akhshay A, Anand Babu



**Sitting (L-R):** Dr. George P (Hindi), Mr. Sanjay K (Malayalam), Mr. K Rajendran (English), Lt Col B Gaurav Kumar, Col A Raju (Patrol), Gaurav Singhania, Mahesh K (Chief Editor), Mr. KJ Anthony (English), **Standing (1<sup>st</sup> Row L-R):** Mr. Sanjay J (Hindi), Akash P, Adarsh M, Anand Raju (Malayalam), Rohit M, Anand S, Shilpa Singh, Mr. Rajendran (English) & Dr. George P **Standing (2<sup>nd</sup> Row L-R):** Aditya D, Anil, Anand Singh, Anand Singh, Anand Singh



Dr. George P  
(Dept. of Hindi)

# पंचभूत

पंच भूत कोई भूत नहीं,  
केवल वायु है पंच वायु।  
इसके बिना हम कैसे हिए  
इस से ही हम बने हुए हैं।  
मैं गया डॉक्टर से मिलने,  
बताया मेरी बीमारी का कारण।  
परन्तु दिया कारण पर मुझ  
मे सो, वह लो जमी लो, कई बार।  
कई डॉक्टर से मिल मैं ने  
अल्सेरी, टॉमिओ, जलुईद तथा युनानी।  
सभी ने बताया पानी पिओ  
ठीक हो जाएंग आप का रोग।  
किसी ने बताया सर्जि को गला रखो,  
किसी ने बताया खुले आसमान को देखो।  
प्रकृती के डॉक्टर ने बताया मिट्टी में सपने को,  
योग के डॉक्टर ने बताया लंबी साँस लेने को।  
जल मैं ने पाया उस परम साव को  
मिट्टी, जल, वायु, आकाश और अग्नि।  
परलोक बने हैं हम सभी प्रकृति।  
परलोक वाले, उस में लो, उस में है अपना सुख।



Moharshed Atteegue N  
(SOS)



# Someone's MOTHER

The woman was old and ragged and grey,  
And bent with the chill of a winter's day,  
The streets were white with a recent snow,  
And the woman numb and slow,  
At the crowded crossing she waited along,  
Jostled aside by the careless throng;  
Of people who passed her by  
Unheeding the plea of her anxious eyes,  
Down the street with laughter and shout,  
Came happy boys like a flock of sheep,  
Hailing the snow piled white and deep;  
Past the woman, so old and grey,  
They hastened on their homeward way  
None offered a helping hand,  
At last came out of the merry troop,  
The loveliest boy of them all,  
He paused beside her and whispered low  
"I'll help you across, if you wish so,  
With her aged hand on his strong young arm,  
He guided the trembling feet along,  
Then back again to his friends he went,  
His young heart happy and well content.  
"She's some one's mother, you should know,  
And she's aged, poor and slow."



# വരുന്നൂ... ഇലക്ട്രിക് കാർ യുഗം



## കാർ

കാർ യുഗം എന്ന് നമ്മുടെ പേരിൽ ഇപ്പോൾ ഉൾപ്പെട്ടിട്ടുണ്ട്. പക്ഷെ ഒരു ഓട്ടോമോബൈൽ എഞ്ചിനീയർ ആകുക എന്നതാണ് എന്റെ ആഗ്രഹം. അങ്ങനെയെങ്കിൽ ഈ ഇലക്ട്രിക്കൽ കാർ യുഗം എനിക്ക് ശ്രദ്ധ കേന്ദ്രീകരിക്കേണ്ടതാണ്. പുതിയ കാർ വരുത്തിയെങ്കിൽ കാർ യുഗം എങ്ങനെ നിലനിർത്തേണ്ടതാണ് എന്ന് നോക്കാം. പുതിയ കാർ വരുത്തിയെങ്കിൽ എനിക്ക് എന്തെല്ലാം കാര്യങ്ങൾ നോക്കേണ്ടതാണ്. ഇലക്ട്രിക്കൽ കാർ യുഗം എങ്ങനെ നിലനിർത്തേണ്ടതാണ് എന്ന് നോക്കാം. പുതിയ കാർ വരുത്തിയെങ്കിൽ എനിക്ക് എന്തെല്ലാം കാര്യങ്ങൾ നോക്കേണ്ടതാണ് എന്ന് നോക്കാം. പുതിയ കാർ വരുത്തിയെങ്കിൽ എനിക്ക് എന്തെല്ലാം കാര്യങ്ങൾ നോക്കേണ്ടതാണ് എന്ന് നോക്കാം.

Malayalam translation of the English article written by the cadet which appeared in 'Business Plus' magazine.

കാർ യുഗം എന്ന് നമ്മുടെ പേരിൽ ഇപ്പോൾ ഉൾപ്പെട്ടിട്ടുണ്ട്. പക്ഷെ ഒരു ഓട്ടോമോബൈൽ എഞ്ചിനീയർ ആകുക എന്നതാണ് എന്റെ ആഗ്രഹം. അങ്ങനെയെങ്കിൽ ഈ ഇലക്ട്രിക്കൽ കാർ യുഗം എനിക്ക് ശ്രദ്ധ കേന്ദ്രീകരിക്കേണ്ടതാണ്. പുതിയ കാർ വരുത്തിയെങ്കിൽ കാർ യുഗം എങ്ങനെ നിലനിർത്തേണ്ടതാണ് എന്ന് നോക്കാം. പുതിയ കാർ വരുത്തിയെങ്കിൽ എനിക്ക് എന്തെല്ലാം കാര്യങ്ങൾ നോക്കേണ്ടതാണ് എന്ന് നോക്കാം. പുതിയ കാർ വരുത്തിയെങ്കിൽ എനിക്ക് എന്തെല്ലാം കാര്യങ്ങൾ നോക്കേണ്ടതാണ് എന്ന് നോക്കാം.



Arvind Rajiv Nair (5723)



## INTERESTING FACTS



- There are no words in the dictionary that rhyme with orange, purple and silver.
- Algebra, Trigonometry and calculus are studies which originated in India.
- India never invaded any country in its last 5000 years of history.
- The tongue is the strongest muscles in our body.
- 'Rhythm' is the only longest English word without a vowel.
- Chess was invented in India.
- A 'jiffy' is an actual unit of time for 1/100<sup>th</sup> of a second.
- Humans share 50% of their DNA with bananas.
- Months that begin on a Sunday will always have a 'Friday the 13<sup>th</sup>'



Amit Maskota (5236)

## JOKES

- A police officer caught Sourav Nath for speeding and asked to see his licence. Sourav Nath replied 'Sir, yesterday you took away my licence and today you expect me to show it to you?'
- Teacher - Sunil, what is outer covering of a tree trunk called?  
Sunil - I don't know miss.
- Teacher - Bark, Sunil, Bark
- Sunil - Bow, Bow!



Gaike chaganta (5794)

फेसबुक का है ऐसा जगु,  
जो करता है सबको बेकागु।  
फेसबुक का है एक ऐसा गैर,  
जो भी चाहते अछे-अछे को पैर।  
यह है समय की बरबादी  
उपयोग करे इसे सारी जवाबी।  
तुम सही तो यह सोचे पर मुताप।  
तुम नलत लो यह खतरे से भी एवादा।  
इसको चाहे पूरी परती हमारी,  
क्योंकि इसमें है पूरी अजबारी।  
फेसबुक ने किया है सबकी दिवाना जगन,  
परंतु दूर से जाए इससे जो है सपना हमारा।  
है यह ललित समय अभी  
कर जो फेसबुक को बंद लगी।  
मैं पूछती हूँ तुमसे एक सवाल  
का है सुन्दरा खयाल ???









Vikash Kumar  
(2022)

## Saturdays (Shattered days)



The day was quite cheerful and hot when for the first time I had plaster on my limbs. It was Copa America Finals between Chile and Argentina and my heart was pumping hard to watch Messi on screen. It was not that the crush for football had been generated in a jiffy but it was my three free kick goals behind the cause. If I remember correctly 'Vadakan Selhe' was screened in the auditorium. I came to mess like any other healthy cadet after movie; had my dinner and went back to dormitory. Being Saturday our housemaster had granted us TV. The same cliché talks since the morning continued. Who will win?

In the mean time I felt the urge to visit toilet. I was sauntering and singing, suddenly my eyes froze on a red mug, which was lying on my way. What a devilish appearance it had? It was red (danger) with sluttish scratches on it. It stood firmly as if it were challenging my might. Without wasting even a second I raised my right leg and tried a free-kick on it. In the midst of my jump I took a 360° turn. Next thing which I knew was I was lying on the floor with shriek from my mouth. I walked to my bed and lay dead till the dawn broke.

Whenever I lifted my hand it quivered and I understood it was a fracture. I went to the hospital and pretty soon got my X-rays done, followed by a plaster ceremony on my right hand. Doctor told that there was a minute fracture in my wrist and it will take three weeks to heal.

In the mean time South zone, debate and other activities took place and 21 days flew past. Days went on happily and Onam break commenced. It was for the first time in my 5 years tenure in Sainik School, I was going to be present at home on the auspicious occasion of Raksha - Bandhan.

It was a beautiful day on Raksha Bandhan. I was jumping with elation. As I didn't have any sister of my own, usually my Cousins tie Rakhi for me. On the day, I attire in the best clothes I had, and set out for my cousins house on a bike with my father. I was a willow rider holding the

Again it was a fracture, just above my wrist. It was such a big fracture that I could see the gap between bones in the X-ray. This time I had to carry 4 kg plaster for six weeks. How can god be so cruel? I had to report back to school within 5 days, summative-1 was on the verge to start and my hand.....

carrier with my both hands and a golden watch was shining on my left hand. The car running in front of us stopped abruptly and so did we. We must have waited for 2-3 seconds and then suddenly something like hit my left hand and to my astonishment, I found another bike fallen on the road. The handle of the bike had hit my hand - the same hand, on which I was wearing the beauty watch. Even without consoling me that fellow stood up with full agility, took a U turn and vanished. The gentleman was in fool's world or fairy world that he took no notice of us. I was groaning due to pain. I lifted my hand and to my astonishment it was not shaking. I was damn sure that it was only injury and not a fracture. Once again X-rays were taken and let Tears rolled down my eyes.

Again it was a fracture, just above my wrist. It was such a big fracture that I could see the gap between bones in the X-ray. This time I had to carry 4 kg plaster for six weeks. How can god be so cruel? I had to report back to school within 5 days, summative-1 was on the verge to start and my hand.....

I came back home and by looking me, my mother was dumbstruck as if lightning fell on her. Nothing to say about the unfortunate day-again it was a Saturday. I came to school and days passed. Once in a fortnight I used to go to ground and used to think-one day I will also be playing. I will be taking push-ups. Whenever the gloomy clouds of helplessness and despair used to surround me, I used to think of MP Anilkumar and Stephen Hawking and that used to pump courage in me. Days in exile passed and I was a free bird once again. Hindi debate was approaching and the advantage of being the only North Indian of 10<sup>th</sup> class in my house. I made up my mind to participate. Days kept going and the D-day came SATURDAY. Yes, the debate was on Saturday.

Debate was over and results, were announced. But perhaps the ball was in my court this time and I stood undisputed in the debate. I raised my eyes towards heaven in gratitude and murmured - SATURDAY. DAD LUCK COMBINATION IS NO MORE. But many more Saturdays are still there to come and the story will

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# Dreams

"I never see what has been done; I only see what remains to be done"

Madame Marie Curie



Ravard S (19407)

They are the virtual images of what we hope our future to be. Here I talk about the dreams that we hope ourselves to be and not the ones that we see while sleeping.

Every person has his/her own dreams. But some will be very shy to speak it out. But they may be holding their dreams close to their chests. There will be many obstacles in our path to success. And each and every step that we take will determine our position up in those ladders of our life. Many have the capabilities to reach success but they lose their hope in their last step. The main factor that fulfills our dreams are by working hard and paving a good will. There are no shortcuts to success. And you can't walk alone all the way, you should have the blessings and help from the teachers and parents to achieve the goal. All the obstacles make us tough enough to walk the long path of stones and thorns. The famous words of our late President, the man who taught the country to dream, goes like this "A dream is not which you see while sleeping. It is something that does not let you sleep".



Prince Kumar (19308)

## ओ मेरे कोन्हा

तुझे अनेक नामों से ही हमने जाना।  
माखन खोर, राव रघुदया, कुम्हार, कलैया,  
गंदलाल, राधा की श्याम, मुदली गणेश्वर  
और मोरिंद गणेश।  
हमारे दुम में किया तुने कंग का राहार,  
महाभारत में बन कर अर्जुन का सारथी,  
जिजा तुमने एत पर उपकार।  
तुमने ही ही इस दुनिया को जीवनमन्दा  
गीता से हमारे मन में संजर जमीन की,  
तुमसे ही सीखा।  
तुमने जिसका हाथ माग  
जिजा उसने अपने जीवन को जी लिया।  
जबड़े के ही वो ही नाम,  
एक ही राधा एक ही नाम।



## അമ്മയുടേന്നു ഒരുമുള ചോറ്

അമ്മയുടേന്നു ഒരുമുള ചോറ്,  
അമ്മയുടേന്നു ഒരുമുള ചോറ്,  
അമ്മയുടേന്നു ഒരുമുള ചോറ്,  
അമ്മയുടേന്നു ഒരുമുള ചോറ്,  
അമ്മയുടേന്നു ഒരുമുള ചോറ്,  
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അമ്മയുടേന്നു ഒരുമുള ചോറ്,  
അമ്മയുടേന്നു ഒരുമുള ചോറ്,  
അമ്മയുടേന്നു ഒരുമുള ചോറ്.



Deepak D. Des (19403)



## टी-20

यह फॉर्मेट आजकल इतना प्रसिद्ध हो गया है कि टेस्ट तथा एकदिवसीय क्रिकेट की मान्यता घटती जा रही है। इसका प्रमुख वजह है कि टेस्ट क्रिकेट वर एक मैच खेलने के लिए पाँच दिन लगता है और एक दिवसीय मैच खेलने में 8 से 9 घंटे लग जाते हैं। लेकिन एक टी - 20 मैच खेलने में सिर्फ साढ़े तीन घंटे लगता है।

# विश्वकप



Rajanesh Rajan (19391)



टी 20 क्रिकेट का सबसे नया फॉर्मेट है और साथ ही सबसे छोटा भी। आजकल यह फॉर्मेट क्रिकेट का एक महत्वपूर्ण हिस्सा बन गया है। यह फॉर्मेट आजकल इतना प्रसिद्ध हो गया है कि टेस्ट तथा एकदिवसीय क्रिकेट की मान्यता घटती जा रही है। इसका प्रमुख वजह है कि टेस्ट क्रिकेट का एक मैच खेलने के लिए पाँच दिन लगता है और एक दिवसीय मैच खेलने में 8 से 9 घंटे लग जाते हैं। लेकिन एक टी - 20 मैच खेलने में सिर्फ साढ़े तीन घंटे लगता है। दूसरी बात ये है कि आजकल की क्रिकेटी क्लबों जल्द हो गयी है। वे अपनी कीमती समय एक टेस्ट या एक दिवसीय मैच देखने में खर्च नहीं कर सकते हैं। जब टीवी-वीए इस फॉर्मेट की प्रसिद्धता करता गया तो विभिन्न देशों के क्रिकेट बोर्डों ने एक सीटिंग में इस विषय पर महसूस से चर्चा किया और टी - 20 विश्व कप का निवम लक्ष्य किया गया।

पहला टी - 20 विश्व कप का आयोजन टीएम आर्किव में वर्ष 2007 में हुआ था और हमारा देश उस रंग-बिरंगा टूर्नामेंट का विजेता हुआ कि हमारे देशवासियों के लिए सर्व की बात है। लेकिन अगले विश्व कप में हमारा प्रदर्शन काफी अच्छा रहा और हम एक मैच हारे विश्व चतुर्दल एक चहुँब गए, लेकिन दुःख की बात है कि हम जीत नहीं सके। अने वाला विश्व कप जो कि हमारे देशवासियों के लिए विश्व मार्ग में हो रहा है। हमें पूरा आशा है कि अपने घर में हमारी टीम फिर से एक बार 2000 का इतिहास को दोहराएगा।

## I will not Quit

I will not quit until the battle is won,  
I will not quit until I hear the word 'WELL DONE'  
Though tough be the way,  
And hard to be fight  
I will not quit.  
The conflict and right  
There's much to be gained  
True choice to make  
Lord show me the path  
Just right one to take!



Abhinav S (19399)





Ankit Kumar  
(9816)

## “पराधीनता”

एक समय की बात है। एक बहुत ही पगवान जटनी रहता था। उसका नाम दीपक था। उसका एक बहुत बड़ा मकान था। एक सुंदर और बड़ा बगीचा था। उन्में कई तरह के फूल खिलते हुए थे। एक दिन जब वह घर लौट रहे थे तो एक युवक के अन्दर पिंजड़े में बन्द एक सुन्दर तोता देखा। दीपक की नजर - उस तोते पर पड़ी। वे युवक के अन्दर गए। वह तोता बहुत ही सुन्दर था। उस तोते की चीं चटपट की तरह जल भी जल और उसका तरीका बाने एकदम हरी चींटियों के समान। उस तोते को देखकर दीपक की अँधेरे कमरे में लगी और उसने युवकगार से पूछा “क्या तुम इस तोते को मुझे दे सकते हो?” युवकगार ने कहा “नहीं”।

तब दीपक ने बहुत करे सोने देखकर युवकगार को लालची बन दिया। वह युवकगार लालची था। उसने ही कह दिया और दीपक उस तोते को लेकर घर चला गया। उसने तोते के लिए एक बड़ा सोने का पिंजड़ा बनवाया और सोने की दो कटोरी भी बनवाई। वह तोता बहुत उदास था। दीपक उसे रोज अच्छा खाया खिलाया था लेकिन तोता नहीं खाता था। उसको हमेशा आकाश में उड़ने की इच्छा होती थी। दूसरे तोते के साथ उड़ना, खेलना उसे बहुत पसंद था। दीपक बहुत परेशान था क्योंकि तोता कुछ नहीं खाता था। एक दिन दीपक ने युवके से देखा कि तोता खा रहा है। तब उसे बहुत खुश हुआ। इस तरह तोता युवके से दो-तीन बर्तन खाते रहा। हर दिन दीपक उस तोता के पास गया और उसे मोलना दिखाया।

ये हर रोज तोते को मोलना सिखाता था। बहुत वर्ष हो गए फिर भी तोता कुछ बोलना नहीं सीखा। उसने तोते को लौकर के पास दिखाया। लौकर ने कहा कि वह तोता मूँगा नहीं था। फिर से दीपक दुःखी हो गया और सोचने लगा कि अगर वह तोता मूँगा नहीं है तो क्यों नहीं खाता। दीपक का एक मित्र था उसका नाम विनोद था। उसने विनोद से पूछा कि तोता मूँगा नहीं है फिर भी क्यों नहीं खा रहा है। विनोद ने कहा कि तोता अज्ञान रहना चाहता है। विनोद खुले आकाश में उड़ना पसंद करता है। विनोद ने दीपक से विनोद को पिंजड़े से बाहर निकाल देने के लिए कहा। लेकिन दीपक को वह सुझाव अच्छा नहीं लगा। उन्होंने तोते को अज्ञान नहीं किया। एक दिन तोता पिंजड़े के सीमें को तोड़ने की कोशिश कर रहा था लेकिन वह नहीं टूटा। वह बार बार तोड़ने की कोशिश कर रहा था। अंत में पिंजड़े के सीमें कमजोर होने लगा। उस को दीपक सोचने लगा कि विनोद ने जो कहा था वह सही था। उसने निश्चय कर लिया कि कल वह तोते को छोड़ देगा। उसने सुबह उठकर देखा कि पिंजड़े की सीमें टूटी हुई थी। वह चौंक उठा। जल्दी से उसने तोते को बाहर निकाला और आसमान में छोड़ दिया। तोता खुशी से उड़ते-उड़ते अपने दोस्तों के पास चला गया।



Abhinav A  
(9261)

## INTERESTING Human Body Facts

- ◀ The stomach takes 20 minutes to tell the brain that it is full and that one should stop eating.
- ◀ One uses 14 muscles to smile and 43 to frown.
- ◀ If both small intestine and the large intestine are kept end-to-end it would reach 900cm.
- ◀ Most people shed 20 kg of skin in a lifetime.
- ◀ When you sneeze, air rushes through your nose at a speed of 236 km/hr.
- ◀ An eyelash lives about 150 days before it falls out.
- ◀ Our brain sends messages at the rate of 375 km/hr.
- ◀ About 5-6 litres of blood is filtered by 2 million nephrons 57 times a day.
- ◀ We blink our eyes about 20000 times a day.
- ◀ It is impossible to sneeze with open eyes.
- ◀ Babies are born without knee caps. They don't appear till they are 2-6 yrs of age.
- ◀ When you sneeze all your body function stops even your heart.
- ◀ Children grow faster in spring season.
- ◀ Women blink twice as much as men.
- ◀ Our eyes are always the same size from birth, but our nose and ears never stop growing.
- ◀ A nose can remember 50,000 scents.
- ◀ The energy used by brain is enough to light a 25 watt bulb.
- ◀ The heart produces enough pressure to squirt blood 9 metres.
- ◀ A pair of feet has 5,00,000 sweat glands.
- ◀ The liver is the only major organ in the human body that can regenerate itself if a part of it is removed.



HOPES ARE NEVER LOST...



Ankit Suman  
(9345)

The sun is setting  
Bringing darkness to the world.  
Never lose your hope  
Because moon still awaits.  
The moon is fading away  
Day by day to the new moon  
Still never lose your hope.  
Because full moon is still to come  
You might have caught a cold  
Still lose no hope.  
Because recovery is yet to come  
Every black has a white,  
And every white has a black.  
Don't let the black  
Take over your white  
Hopes are never lost,  
Because tomorrow is yet to come.



**Sitting (L-R):** CHM Kewthi, Mr. K Rajendran, Lt Col H Girish Kumar, Col A Raja, Col Girish Gupta, Mr. Shanmugham, CHM Shakti  
**Standing 1<sup>st</sup> Row (L-R):** Shyam, Harikrishnan, Arav Prakash, Adarsh ISI, Haridas Kumar, Chandan Kumar, Apudil  
**Standing 2<sup>nd</sup> Row (L-R):** Mithan Ramesh, Akhil Antony, Ajiy Shibu, Abin M, Rahul Kumar Gupta, Jishan J, Mithan Varrot, Adarsh RA, Chandan Kumar



**Sitting (L-R):** CHM Kewthi, Mr. K Rajendran, Lt Col H Girish Kumar, Col A Raja, Col Girish Gupta, Mr. Balasubramanian, CHM Shakti  
**Standing (L-R):** Virek, Adarsh A, Madhan George, Harikrishnan H, Sarin S, Akhil Hanuman, Mahesh Mohanram, Jayaprakash JK, Sachin, Harman Kumar, Shubh Varghese, Ashin M



**Sitting (L-R):** CHM Kewthi Singh, Mr. K Rajendran, Lt Col H Girish Kumar, Col A Raja, Col Girish Gupta, Lt Col H Girish Kumar, Mr. KS Antony, CHM Shakti  
**Standing 1<sup>st</sup> Row (L-R):** Rahul Kumar, Shyam, Akarsh BH, Adarsh Menon, Ajiy Shibu, Adarsh V Math, Chandan Kumar, Harikrishnan  
**Standing 2<sup>nd</sup> Row (L-R):** Shivan Kumar, Manu Maral, Yash Singh, Nabeel, Prateek, Rahul, Mithan Varrot, Rishikesh, Ranjan



**Sitting (L-R):** CHM Kewthi, Mr. K Rajendran, Lt Col H Girish Kumar, Col A Raja, Col Girish Gupta, Mr. Matthew K Thomas, CHM Shakti  
**Standing (L-R):** Ritwik, Akshay Menon, Akhil Antony, Justin Jigy, Varun RA, Ananthath, Anurag, Anvay Ravi, Manojan, Rishikesh Nayak, Sri SR, Adarsh Gupta

Col A Rajiv  
Principal  
(on 28<sup>th</sup> March 2015)

**SAINIK SCHOOL, KAZHAKOOTAM  
VISITORS' BOOK**



*Coming back home!!! To my alma mater!!! Thank you GOD.*

*[Signature]*

Brig Vijay B Nair  
(on 5<sup>th</sup> August 2015)

*Come back a my Alma mater with a visit!  
Great going SSCAM  
All the best!*

*[Signature]*



*Always a privilege to be one of the faculty members in Rishikeshapuram - best wishes for all your efforts to be better!*

*[Signature]*



Smt M S Jaya IAS  
Director of Public Instructions (DPI)  
(on 30<sup>th</sup> October 2015)

*Glad to be in an institution, the state is proud of!  
All the very best to the students, the faculty and the institution!*

*[Signature]*



Shri Sashi Tharoor MP  
(on 30<sup>th</sup> October 2015)

**SAINIK SCHOOL, KAZHAKOOTAM  
VISITORS' BOOK**

*SC has been a wonderful experience visiting this prestigious school and interacting with young minds. The school has an impressive set-up which I am sure the students must be very proud of. At the same time I am sure the school is proud of the children that pass out of here. The three courses look like a great mix of academics and sports. All the best!!  
All the best!!  
-Jai Hand*

*[Signature]*



Air Marshal Jindar Wadia VM, VSM  
Chairman, LIA (on 23<sup>rd</sup> August 2015)

*This is my second visit to this iconic institution. Glad to see the premises and to note that the overall level of standards and discipline is being maintained bearing all odds. Very happy to spend time with these buddy youngsters. Wish the school, the management and the kids all the best!*

*[Signature]*



Air Marshal PN Pradhan AVSM  
Senior Air Staff Officer, HQ, SAC  
Thiruvananthapuram (on 19<sup>th</sup> December 2015)

*Came to this wonderful institution of the Reservey Officer for POP-245. My congratulations to the staff & the excellent academy infrastructure & facilities maintained, laurels reserved & prayers sent. Keep up the good work - service of the nation. Jai Hind!*

*[Signature]*



Shri M Sivaramkar IAS  
Secretary Power & Sports  
Chairman & MD, KIRRI  
(on 26<sup>th</sup> July 2015)

**SAINIK SCHOOL, KAZHAKOOTAM VISITORS' BOOK**



Shri VS Senthil IAS  
Additional Chief Secretary  
General Secretariat, Govt of Kerala  
(on 19<sup>th</sup> December 2015)

All the best to Kazhaks!!  
I adore this great institution  
for its value based learning & integrity.  
All the best!! God bless!

*Prithvi*  
(14 November)



Shri M Jayachandran  
Music Director  
(on 19<sup>th</sup> December 2015)

Wonderful visiting the  
Sainik School! I relate  
your grit and determination  
and indeed an exemplary  
spirit of keeping the flag  
of indomitable courage  
high!! Keep it up!!!  
God bless your endeavours!!!

Fr Devisasi Paul  
Principal, Loyola School  
(on 6<sup>th</sup> November 2015)

Recently I spent here  
would like to  
as unforgettable as  
memory for life  
May God have  
special providence  
for Kazhaks

It has been a long  
time for me to be  
at the school campus  
as the Chief guest of  
the 60th Day by  
celebration to the Annapal  
and the Staff for maintaining  
the high standards of the  
School. We look forward  
to the school's continued  
good performance.  
On. Paul Wilson.

Lt Gen Sarath Chand CP  
LIVSM, AVSM, VSM  
Army Commander,  
South Western Command  
(on 19<sup>th</sup> December 2015)



**SAINIK SCHOOL, KAZHAKOOTAM VISITORS' BOOK**

Its really an important day because  
to be with some of the future leaders  
of our Armed Forces. The commethence  
with closing ceremony gave me the occasion  
to contribute, thank the Principal, Col Rajan,  
Vice-Principal, & wish all the Best to all  
Sainik's staff officers.



Shri Jiji Thomson IAS  
Chief Secretary, Kerala  
(on 20<sup>th</sup> October 2015)

Today, I had the privilege  
to visit the famous  
Sainik School and address  
the young cadets, teachers  
old boys and parents. What a  
delight! I feel proud to be  
here - the training ground for  
India's future Chiefs and  
generals. I salute the  
Teachers and Trainers who bring  
the best out of our young  
boys. I wish you all success -  
I would love to see all of  
them in Military uniform  
and fighting for our beloved  
Motherland. Dear cadets,  
dedication and discipline  
will open other & follow  
their first steps.  
Let them have remain  
proud of all of them.  
Good luck  
your friend  
Sgt. V. S. S. S.



Shri TP Sankumar IPS  
Director General of Police & State Police Chief, Kerala  
(on 27<sup>th</sup> October 2015)



Annual Inspection Visit.  
I am pleased to see the  
commendable job done  
by the principal, Admin.  
officer, vice principal and  
entire staff during  
last six months. The  
facilities, ambience and  
hardwork put in by the  
Staff and Cadets resulted  
in visible improvement  
in Academic and extra  
curricular activities.  
Proud to be part of this  
great school. VMT to all  
for nice hospitality.  
God bless Kazhaks!!



Capt (DN) C Rumbahu  
Inspecting Officer (R), Sainik Schools Society  
(on 29<sup>th</sup> October 2015)



"Sainik School is a  
model of Army for the  
entire world." -  
"A truly improved & well-organized  
School!! Keep it up & be well.  
Wishing the very best to  
the Principal, Madam Registrar &  
Entire Team. Keep Smiling!"



## Retirements

**Mr NG Babu**  
Master, Dept of Chemistry  
15 Mar 2015 (Voluntary)

Joined in Jan 1990, Master in Chemistry, Sr. Division NCC Officer, Lieutenant in Bank. After 25 years of selfless service with diligence and pride as a Master, Headmaster and NCC Officer, he took voluntary retirement in the year 2015. He has left his inimitable brand and imprint in all that he has touched or endeavored. Presently serving as Principal, Sriee Narayana Public School, Kollam.



**Mr V Madhusoodhanan Nair**  
General Employee  
30 Nov 2015

His service to this institution is unparalleled in its quality of commitment, diligence and loyalty. Kashak fraternity extends good wishes for his post-retirement life.



**Mr J Habu**  
General Employee  
30 Nov 2015

Superannuated after meritorious service. Kashak fraternity extends good wishes for his post-retirement life.



## STAFF NEWS

## Promotions

**Ms Jayasindhu GS**  
Asst Master to Master  
Dept of Chemistry

Ms Jayasindhu GS joined Kashak Family in Chemistry Department as Asst Master and now stands promoted as Master.



## Appointments



**Mr Biju Raj**  
General Employee - 01 May 2015



**Mr Vasappan Nair**  
General Employee - 01 July 2015



**Mr Prakashkumar**  
General Employee - 02 Mar 2016



**Ms Revamma CT**  
UDC to Accountant  
Accounts Section  
Ms Revamma CT joined Kashak Family on 11.11.1995 as UDC and now stands promoted as Accountant on 15.10.2015.



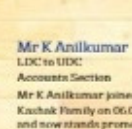
**Mr Sunil Jose**  
General Employee - 01 May 2015



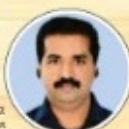
**Mr Prasannakumar**  
Driver - 01 Feb 2016



**Mr Hemakumar**  
General Employee - 01 Mar 2016



**Mr K Anilkumar**  
LDC to UDC  
Accounts Section  
Mr K Anilkumar joined Kashak Family on 06.04.1992 and now stands promoted as UDC on 30.01.2016.



## Editorial Musings...

### FROM THE EDITOR



"No matter what you're going through. There is a light at the end of the tunnel. It may seem hard to get to it. But you can do it. Just keep working towards it and you'll find a positive result. Life is a gift," maintaining an optimistic attitude in the best way to avoid being overtaken by negative pessimistic thoughts. As Helen Keller says, "Keep your face to the sunshine and you can never see the shadows". The idea of keeping your face to the sunshine is that you should always look at the brighter side of life. If you do so, you will not see the shadows - the bad things that could affect you.

"Yesterday is not ours to recover  
But tomorrow is definitely ours to win or lose".

So think of the glories that could be achieved in the coming years and not waste time in brooding over the past misfortunes.

*Sonia R*  
Ms Sonia R, Chief Editor

Setting: (1-4): Ms Sandhya R (Mahalingam), Mr K Rajeshwar (Group Master), Ms Sonia R (Chief Editor), Dr George (Head), Mr KS Antony (English), Chl Anand S, Chl Balaji Nair, Chl Manojan, Standing: (1-31): Chl Mowen Hans, Chl Aja, Chl Aditya Dhanraj, Chl Ayush Raj, Mr Rajeshkumar S (Concept & Design), Mr Swathi Jankanna (Art & Illustration), Chl Shikha Rupa Nair.



The opinions expressed in the journal are those of the authors, and do not necessarily reflect the policy and views, official or otherwise, of Sainik School, Kashakootam or Sainik Schools Society, Ministry of Defence, Govt of India.

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# I Believe...

Having entered the portals of Sainik School Kazhakootam, I believe that I have climbed a pedestal. Henceforth my aims and dreams shall be lofty and worthy of emulation. I shall set standards for myself worthy of an Officer and a Gentleman of the Armed forces and an ideal citizen of the Nation. I shall do my utmost to cherish and uphold the honour and fair name of my alma mater at all times.

The Kazhak Cadet



The  
Kazhak **CADET**  
THE JOURNAL OF SAINIK SCHOOL KAZHAKOOTAM



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